

## Packing List-Channel Islands

1 Suitcase  
Personal Backpack (will go with you each day)  
Underwear  
Socks  
Comfortable walking shoes (closed toe, sneakers are fine, do not buy new shoes as they will get dirty!)  
Casual hat to keep sun off  
Blue Jeans  
Red, light blue and white polo shirts  
SBS sweatshirt  
Warm Jacket  
Windproof/rainproof jacket/Poncho (a must for the boat!)  
Pajamas/sleeping attire (warm pair is preferred)  
Binoculars (optional)

### Toiletries

Toothbrush/Toothpaste  
Shampoo  
Soap  
Hair brush/comb  
Deodorant  
Contact lens supplies (if necessary)  
Prescription Medication (in carry on and may want to be given to chaperone for distribution)

### Miscellaneous

Sunscreen and chap stick  
Camera (labeled with name)  
Sunglasses  
Eyeglasses plus extra pair if necessary  
Journal/pencils only (no pens or markers allowed on the Channel Islands)  
Phone for calling home (Usually no reception on the islands – teachers will collect phones)  
Water Bottle/Canteen  
Portable Umbrella (optional)  
Spending Money for Souvenirs, if time permits (At Mission and visitor's center)  
2-3 Gallon Ziploc bags (to hold wet clothes if needed)

### Notes:

- Label everything with first and last name.
- Layering of clothing is essential. Be prepared to add or remove clothing as weather changes.
- Jewelry and electronics, as well as other valuable or fragile objects, should be left at home.
- Please bring your camera in your backpack to have it available when you arrive.
- Pack medications and other valuables in backpack and not in the suitcase which will remain under the coach until check in at the hotel
- Phones will be collected by chaperons. Students will be allowed to call home but they will not have their phones on them except at designated times.
- Only pack approved healthy snacks (check with teachers) and very few. We are fed very well. (HEALTHY MEANS: plain pretzels (no chocolate covered or yogurt covered), dried fruit snacks, gold fish crackers, NO CANDY, SUGARY TREATS, CHOCOLATE COVERED ANYTHING) Room moms will be checking luggage as done for science camp.

**The Channel Islands National Park does not allow the following items: Plastic pens or markers of any kind, no sunflower seeds or other nuts or seeds with shells, No Fire Hot Cheetos**