

**SACRED HEART'S
Championship
Cross Country Team**

Practice Schedule

Where: Royal Oak (in Clove Lake Park) Starting September When: Mondays at 4:30 (Starting September 9)
Who: Boys and Girls
Grades: Kindergarten through Eighth
Fee: \$50.00, with Shirt \$60.00 (Same Shirt as Track &Field)

Tentative Meet Schedule at Royal Oak:

All meets are at 11:00am
Sat. Sept. 28, Oct. 5, Oct. 12, Oct. 19, Oct. 26

For Further Information Please Call or Email:

Gerard Weir
917-822-9495
gerardweir21@gmail.com

CYO Cross Country

Sacred Heart School

2019

Parents/Guardian

I the undersigned agree that my son/daughter listed below meets the CYO eligibility requirements to participate on the parish team and will be trained for the event which they participate.

Name_____

Gender_____School_____

DOB_____Grade_____

Phone#_____

Email address_____

All notifications of any meet or practice changes will be by email

Registration:

PLEASE CIRCLE ONE: \$50.00 (No Shirt), \$60.00 (With Shirt)

NEW! Limited number of shorts available \$10.00

Please make checks to YAC (Youth Athletic Committee)

Shirt Size (if needed) **Please circle one:**

Youth Small Youth Medium Youth Large

Adult Small Adult Medium Adult Large

Parent/Guardian_____