

May 5, 2019

FOLLOW UP TO THE GIFT OF THE MASS:
SATURDAY, MAY 11 at 9 AM

As a follow-up to "The Gift of the Mass", you are all invited to come at 9 am this coming **Saturday, May 11**. We will begin with a special Mass in church where the celebrant will explain central points of the Mass, and we will be united in the breaking and sharing of the bread. Right after this special liturgy, we will gather in Father Martin Hall to share what "**The Gift of the Mass**" experience meant to each of us. We will begin with Praise and Worship singing and we will ask the Holy Spirit to come upon each of us. We will share what we learned about the Mass and how it has changed our participation at Mass. We will divide in small groups to facilitate sharing. Those of you who were unable to attend any of the six classes given during Lent are most welcome, not only to listen to witness talks by participants, but also to share your own experience at Mass: why you go to Mass; how you feel recharged spiritually; how the Mass helps you to make changes in your daily life as disciples of Christ.

Based on the very positive feedback received from 96 of the participants (results of survey will soon be on our OLHOC website), we have arranged to hold **two weeks of classes just prior to Pentecost**. We will keep the same format, which received nearly unanimous support: Praise and Worship, prayer, video, small group discussion, prayer, opportunity to pray for people individually:

1. **Thursday, May 30** at 7 PM or **Saturday, June 1** at 11 AM: **Join us for "The Fourth Cup"**. We will go deeper in our understanding of the Mass as renowned "Catholic Theologian, Dr. Scott Hahn explains Christ's Paschal Sacrifice on the Cross as the traditional **Fourth Cup** used in the celebration of the Jewish Passover meal. Dr. Hahn draws a symbolic parallel to the Last Supper and Christ's death on Calvary. Through his scholarly insights and important biblical connections, Mass will come alive for you as never before!" After listening to Scott Hahn's presentation, we will spend time in small groups discussing what we learned individually from the Fourth Cup and how it helps us enter into the Paschal Mysteries of the Mass.

If you choose to come on **Saturday, June 1st**, you can join us at 9 AM for **First Saturday**

Mass, followed by a **Holy Hour** of Adoration to pray for the ten young men to be ordained priests on June 15, including our one-time summer seminarian, Deacon Michael Russo.

2. **Thursday, June 6** at 7 pm or **Saturday, June 8** at 10 AM: In preparation for Pentecost Sunday (June 9) and the end of our "Year of the Holy Spirit", we will present a short video on the Holy Spirit and we will learn to pray the Scriptures (Lectio Divina) while focusing on the readings for Pentecost Sunday!

We have five more weeks of the Easter Season, ending on Pentecost Sunday! Remember that the entire Easter Season is the continuation of the celebration of Jesus' Resurrection on Easter Sunday. I propose an Easter resolution for everyone: read at home the Gospel of the coming Sunday. Take 10 to 15 minutes of your precious time: read it slowly alone or with your family. Read it early in the week (Monday or Tuesday) so that you can meditate on it for a few days before attending Sunday Mass. Arrive on Saturday evening or Sunday morning 10 minutes before Mass begins so that you can read the Gospel again as you prepare to enter into the sacred mysteries of the Mass. In this weekend's Gospel (John 20:1-19), Jesus is asking Peter and all of us, his today's disciples: "**Do you love me?**" Meditate this weekend on that question: how do I love Jesus in my daily life? Next week, on Good Shepherd Sunday, read the very short Gospel (John 10:27-30) and meditate on your hearing the voice of Jesus, the Good Shepherd.

Come Holy Spirit! Keep guiding all of us as we close our Year of the Holy Spirit! Come Holy Spirit! Help each one of us to be more attentive and participate more actively at each Mass! Come Holy Spirit! Help me deepen my relationship with Jesus when encountering Him at Mass, especially through the Gospel and the Eucharist! Come Holy Spirit! Let me only know Your will and do Your will! Amen! ALLELUIA!

*One in Christ,
Father Alain*



Third Sunday of Easter

R
E
L
I
G
I
O
U
S
E
D
U
C
A
T
I
O
N

Important Dates

May 5/6 – CCD Classes

May 12/13 – CCD Classes

May 19 – All attend 11:10 am May Crowning,
indoor 11:30 Mass, Rita's Ice Social; then 1:15 pm Appreciation
Luncheon for Religious Education & Youth Ministry Volunteers



OLLC Preschool

OLLC Preschool fall 2019 registration is open! Parishioners, please share this information with families you know who may be looking for Catholic Preschool for their child or grandchild, and be sure you have registered your child for fall. For info or to register: email the preschool director, Nieda, at preschool@olhoc.org or call the church/preschool office at 301-645-7112 during office hours.

The Meals on Wheels program is currently seeking volunteers for the Waldorf/ St. Charles route who can donate 1½ to 2 hours of their time, one day a month. We deliver 5 days a week. If you are interested in working with this special organization that helps those in need/homebound, please contact Kathy at (301)-843-8295.

Scripture Study - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Friday Faith & Fellowship Group

Join the group every 2nd Friday of the month for Movie Night (watch for update) and for bible study and music each 3rd, 4th, and occasional 5th Friday. 7:00 PM

Divine Mercy – Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

Separated and Divorced Catholics

Our Lady Help of Christians Catholic Church, 100 Village St, Waldorf, MD 20602 will be presenting a workshop: "Surviving Divorce" for Separated/Divorced Catholics every Thursday, from May 2-June 13, 7:00-8:30pm. \$25.00 donation to cover for books and materials. For more information or to register, please contact Mary Pearson, 301-922-0084, maryp10@yahoo.com.

Volunteers for Summer Activities and Beyond

We are currently recruiting adult volunteers (ages 18+) to work with our parish programs for children and youth over the summer and for the 2019-20 Year (chaperones, Vacation Bible School Volunteers, catechists, assistants, mentors, substitutes, office helpers, Youth Core Team members, All Youth Night helpers, OLLC Preschool volunteers, childcare during parish programs, etc.). If you are interested in volunteering, or are a parent of a child/youth in any of these programs, you are NEEDED!

Adult Volunteers (ages 18+) who have substantial contact with minors (under 18) or vulnerable adults are required to undergo Child Protection Training and get an electronic background check. The next Archdiocesan class for Child Protection taking place locally is Monday, June 3, 2019 at 6:30 pm at Archbishop Neale School in La Plata. Spaces are "first registered, first served". To register, establish an account at VIRTUS.org and select that particular class for training. Please see Nieda or Therese for more information or visit our website www.olhoc.com/safety

Outreach News

The next Outreach Meeting will be on June 5, 2019 at 7 p.m. in Fr. MARTIN Hall. All are welcome!

Our next OLHOC Shepherd's Table will be June 20, 2019 at Good Shepherd Church.

Non-perishable foods donated for "Sharing Sunday" may be left in the office. Donations go to the Food Bank of Southern Maryland. Thank you!



Thank you

Mary's Helping Hands wish to thank the OLHOC parishioners for their generous support of our bake sale last Sunday. Your donations will help support specific Catholic projects. The winner of the raffle is Kelly LaChance.

P
R
A
Y
E
R

R
E
Q
U
E
S
T
S

&

I
N
T
E
N
T
I
O
N
S

We are asked to pray for:

Sandra Barrientos
Dennis Hook
Ana Maria Delmira Sibrian Escobar
Nestor Ermelindo Molina
Doris Chesley
James Thompson
Thoeun Tinn
Felicia & Myles Webster
Rebecca (Tess) Franch
Vicky Welch
Naomi Lilly
Sterling Greene
Aleli Puzon
Patricia Delgado
Rosano Wheeler

Larry McGraw
Vivian Truxon
Kenny Lindsay
Dorian Webster Sr.
Dionne Gause
Pat Fisher
Christ Goldhammer
Melody Hudson
Ernest Mack
James Wiltz
Adele Alvey
Dorothy Neal
Dunnie Proctor
Shirley Ehman
K.D. Dillard
Josephina Knapp

Maria Townsend
Crystal Beauregard
Sheryl Carter
Alex Leon
Sharketer Butler
Steven Bowling
Edna Yarngo
Kathly Grimes
Damien Price
Sheny Padilla
Richard White
and all our military and civilians serving in
harm's way.

Please let us know if any names should be removed from the list.



Mass Intentions this Week

Saturday, May 4, 9:00 AM: Alice Vemeyer
Saturday, May 4, 5:00 PM: Booker Mims (+)
Sunday, May 5, 8:30 AM: Joseph Tonye Tonye (+)
Sunday, May 5, 10:00 AM: Ceasar Casiano Jr. (+)
Sunday, May 5, 11:30 AM: Our Lady Help of Christians Parishioners
Sunday, May 5, 7:00 PM: Dimitri Innocent, Camerino Ochoa (+)
Monday, May 6, 9:00 AM: Joseph Paul Valetine III (+)
Tuesday, May 7, 9:00 AM: Joanna Ouedrago (+)
Wednesday, May 8, 9:00 AM: Rosario Wheeler
Wednesday, May 8, 7:00 PM: Babies in danger of abortion
Thursday, May 9, 7:00 PM: Joanna Ouedrago (+)
Friday, May 10, 9:00 AM: Souls in Purgatory

"This supernatural bread and this consecrated chalice are for the health and salvation of mankind." --St. Cyprian

Blessings to the 73 students who received the body and blood of Christ for the first time on May 4th.

Holy Hour for Vocations on June 1st from 10 am-11 am

Please join us in pray for the Priests to be ordained on Saturday, June 15 at the Basilica of the National Shrine of the Immaculate Conception.

Deacon Michael Russo, who was with us as a Seminarian in 2014, will be ordained.

Mass Readings for May 12, 2019.

Fourth Sunday of Easter

***First Reading**

Acts of the Apostles 13:14, 43-52

***Second Reading**

Revelations 7:9, 14b-17

***Gospel**

John 10:27-30



www.usccb.org

Y
o
u
t
h
N
e
w
s
-
Y
o
u
t
h
N
e
w
s
-

YOUTH NEWS

Attention High School & College Graduates: Please join us on Sunday, June 9th at the 11:30 am Mass for a special blessing. We ask that you also wear your graduation robes. Please sign up online www.olhoc.org/ymevents If you have any questions contact Marlen marlen@olhoc.org

Attention College Students: Join other Young Adults for a 4 Day Formation Conference Universitas - "Beauty & Beatitude" June 1st-5th. In order to meet the challenges of living the faith as a young Catholic adult, the Religious Family (Servants of the Lord and the Virgin of Matara and IVE) hosts and annual 4 day formation retreat called *Universitas* on the grounds of their retreat center in the beautiful foothills of the NY Catskill Mountains. The cost is \$80 for the retreat. For more information or to register, please visit www.olhoc.com/college

Attention current 8-12 graders - Spots still available!

Steubenville Youth Conference - June 21-23, 2019

Join us this summer for Steubenville Conference at Franciscan University in Steubenville, Ohio. A Steubenville Conference weekend is PACKED with dynamic speakers, worship music, Mass, Adoration and MORE! Come and encounter Christ with other teens from other states as we worship together and grow in our Catholic faith! Limited spots available for more details & to register visit www.olhoc.org/steubie19

Quo Vadis Camp- The Office of Priest Vocations annual Quo Vadis Camp for high school aged young men will be held at Mount Saint Mary's Seminary July 28-31, 2019. For four days, high school aged young men who desire to grow in holiness will have an opportunity for Mass, prayer, and Eucharistic adoration, as well time for fraternity, sports, and reflection. Bus transportation is available. More information is available and registration is open at www.DCpriest.org. Please contact the Office of Priest Vocations (vocations@adw.org or 202-636-9020) with any questions.

Camp Covecrest - August 4-10, 2019 in Tiger, Georgia

Join us for Life Teen summer camp - Camp Covecrest, in the North Georgia Mountains, for an amazing and transformative week of fun, activities, time with friends, prayer and growing in your faith (i.e. high ropes, messy games, obstacle course, zip line, white water rafting, team building experiences, music, talks, reflections, Mass, Adoration & personal growth). For more details, watch a video & to register visit www.olhoc.org/camp

Join Our Youth Support Team which is an integral part of our Youth ministry at OLHOC. It consists of different components utilizing diverse gifts and time commitments of parents and other interested volunteers from our parish. These volunteer opportunities can range from assisting with special events or joining the core team and work directly with the youth. All volunteers must be Virtus Compliant. Together we can help lead our youth closer to Christ! For more information please visit the website or talk to Marlen Coles.

For more Youth Events or questions contact Marlen Coles marlen@olhoc.org or visit: www.olhoc.org/ym

Life Teen: high school youth ministry (Sun. May 5th 5-6:30 pm: Potluck Dinner, Fun, Faith & Fellowship, May 19th 11:10 am Crowning of Mary, Parish Feast Day Mass)

Edge: middle school youth ministry (May 19th 11:10 am Crowning of Mary, Parish Feast Day Mass)

FIAT: elementary school Faith in Action Team (May 19th 11:10 am Crowning of Mary, Parish Feast Day Mass)

Night at the Races

It's time of year again for the annual Night at the Races sponsored by The Restorer's of Mount Carmel of Maryland. The festivities will be in Sacred Heart Church Friendship Room, 201 St. Mary's Avenue, LaPlata, MD on Saturday, June 1; doors open at 5:30 pm. An All American Gourmet Buffet is 6:00-7:30 PM, followed by races and betting from 7:00-10:00 pm. Cos is \$20.00 per person or \$160 for a table of eight. Cash bar is available and there will be a 50/50 cash drawing. For another \$20 you can purchase and name a horse (also choose what race and position). This is a real bargain; gas, food, clothes, everything is going up - but not at our Night at the Races. Owner of winning horses win \$100 plus what you win on betting. And what money is raised goes to help the Nuns at Mount Carmel. For making a dinner reservation and/or to purchase a horse, please call Sharon Vaughan at 301-934-2983. Thank you all and we look forward to seeing you June 1. And they are off!

Your Church: The Lord's House

Please continue to respect your church, the Lord's house, and **refrain from taking any food or beverage into the Church.** If your children need food or beverages, please use the cry room. Please care for your building investment by not walking on kneelers or using them as footrests.

Thank you!