

Today, with increased accessibility to the Internet through smartphones, tablets and other media devices, the availability of Internet pornography is rampant. In fact, a recent Time magazine with the cover title of “Porn” [1] noted one pornography website that receives 2.4 million visitors per hour. No longer are the days of men and women purchasing adult magazines at convenience stores. Today, sexually graphic images are as easy to access as e-mail. Unfortunately, this rise in availability has led to millions of people developing pornography addiction. Epiphany Church is partnering with Covenant Eyes to help families be proactive in the war against pornography. Covenant Eyes is an Internet filter and accountability tool that equips people to protect themselves and their families from online dangers.

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## AWARENESS

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Consider a few of the recent statistics on pornography:

- One-third of people come across pornography weekly or more often, even if they’re not seeking it.
- More than 1 in 8 web searches are for erotic content.
- 12% of practicing Christian teens seek out pornography weekly.
- 61% of young adults ages 18–24 seek out pornography at least once a month.
- 68% of divorces involved one party’s meeting a new lover over the Internet.
- 71% of teens have done something to hide what they do online from their parents.

These stats illustrate why several state legislatures including Utah, South Dakota, Virginia and Tennessee, recently declared pornography a public health crisis. Even though it is a growing problem, you can take preventative steps to help ensure the online safety of your entire family.

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## ACCOUNTABILITY

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Overcoming a struggle with requires a Battle Plan which includes accountability. Accountability is the fuel that propels lasting change in a person’s life, and it comes with having an accountability partner, another person of the same sex who is there to help encourage and support.

### **Guidelines for Accountability**

- Seek accountability with someone of the same gender.
- Seek accountability with someone who is striving to be a good, faithful Christian.

Be specific in the questions you ask each other. [Click here for a list of suggested questions.](#)

- Be consistent and regular in accountability.

Be accountable regarding prayer, Mass attendance, and regular Confession.

### **Action**

Find peace of mind with Internet Accountability software. Internet accountability is not about catching someone red-handed. Instead, Internet Accountability is a report of what you see and do online, designed to start a conversation, helping everyone in the home make wiser choices about Internet use.

### **What Can You Do to Protect Your Home?**

Install Covenant Eyes on all your computers, mobile devices and tablets. Covenant Eyes is the standard for Internet integrity with accountability through monitoring. Safeguard yourself and your family from the dangers, risks and liabilities of Internet pornography.