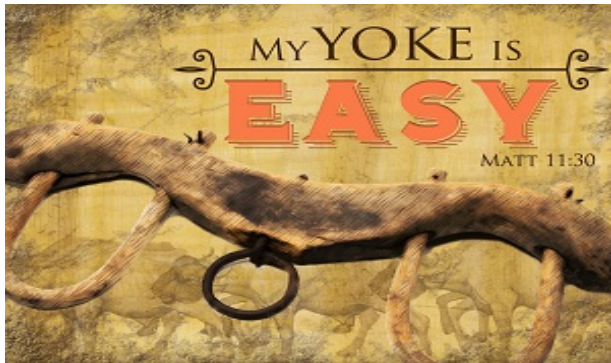


**ST. MARY'S CATHOLIC
CHURCH
725 6th STREET N.E.
FOSSTON, MN 56542**



Greetings from Fr. John

We are in the Fourteenth Sunday in Ordinary Time. In the first reading, the prophet Zechariah consoles the Jews living in Palestine under Greek rule, promising them a “meek” Messianic King of peace riding on a donkey, who will give them rest and liberty. In the second reading, St. Paul challenges people to reject the heavy and fatal yoke of the flesh and to accept the light yoke of the Spirit of Jesus. In the Gospel, Jesus offers rest to those “*who labor and are burdened*” (Matthew 11:29), if they will accept His “*easy yoke and light burden*” (Matthew 11:30). By declaring that his “*yoke is easy,*” Jesus means that whatever God sends us is made to fit our needs and our abilities exactly. The second part of Jesus’ claim is: “*My burden is light.*” Jesus does not mean that the burden is easy to carry but that it is laid on us in love, that it is meant to be carried in love, and that love makes even the heaviest burden light. We need to unload our burdens before the Lord. The absolution and forgiveness, which we receive as repentant sinners, take away our spiritual burden and enable us to share the joy of the Holy Spirit.

God bless you. Have a great week.

**Fourteenth Sunday in
Ordinary Time
July 9th, 2017**

St. Mary’s: 218-435-6484
St. Joseph’s: 218-694-6416
E-Mail: stmarysfosston@gmail.com

PARISH STAFF:

Pastor: Fr. John Melkies Suvakeen
E-Mail: frjohnstmstj@gmail.com
Secretary: Marge Donnell 218-435-6484
Office Hours: Wed. & Fri. 9AM-1PM
Bookkeeper: Linda Hand Cell 218-280-2271
Office Hours: Mon. & Wed. 3-5 PM
R.E. Coordinators: (1). K-6: Lori Balstad
(2). 7-12: Kristen Hemmingsen
Pastoral Council Chair: Connie Smeby
Trustees: Jeanne Sanden and Erv Wickham
Diocesan Victim Assistance Coordinator
- Louann McGlynn 218-281-7895
lmcglynn@crookston.org

Confession 8AM, before Sunday Mass

St. Mary's Mass & Intentions: July 10-July 16

Wed., Eucharistic Adoration: Noon – 8:00 PM
Wed., July 12: 1 PM Mass, McIntosh NH,
Jim Stordahl
Fri., July 14: 8:30 AM Mass, Harold Agnes+
Sun., July 16: 8:30 AM Mass,
For the Parishes of St. Mary’s & St. Joseph’s

St. Joseph's Mass & Intentions: July 10-July 16

Tuesday: Noon – 3PM Eucharistic Adoration
Tues., July 11: 2 PM Mass, Good Sam, Clearbrook,
Delores O’Connor
Thurs., July 13: 11:30 AM Mass, John Waldorf+
Sun., July 16: 10:30 AM Mass, Les Shereck+

JULY 26, 6:00 PM.

**Mass followed by joint parish
POT LUCK picnic at Lengby Lake Pavilion.
Everyone is welcome and
encouraged to attend.**

Birthdays

July 13 Diane Hajcek
July 15 Meghan Palubicki

Anniversaries

July 10 Lori & Tennis Balstad
July 13 Lynn & Sue Vennes
July 16 Grace & Herman Burggraf

PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).
Please notify parish office of names to add or subtract and of those who could use a prayer shawl.

PLEASE REMEMBER AND PRAY FOR: Nash Rosendahl, Hannah Keller, Sara Swenson, Brady Jones, William Vener, Alexa Jordan, Betty Bingham, Richard Weiss, Jordyn Werl, Mary Ann Kinney, Lou Osmundson, Patrick Murphy, Margaret Albrecht, Paul Nelson, Paisley Straub, Jim McDonald, Dave Ekman, Paul Silver, Harper Hand, Kevin, Sherilyn Kolstad, Kaylee, Sue Erdmann, Vernon Kleppe, Don Dyrdaahl, Rick Hand, Doug Hoverson, Pam (Larson) Parkin, Grace Houska, Johnny Vetter, Sharon Rein, Irma Hemmingsen, Chuck Agnes, Bethany Chalich, Doreen Brovold, Bobby Lee (Sullivan), Dan Silver, Mike & Phyllis Inwards, Kristi Maruska, Wayne Paulson, Doug Cullen, Sarah Ihrke, Elaine Martz, Eric Kaml
“May you touch them and heal them, O Lord!”

MASS INTENTIONS: Please note with your donation whether intention is for a deceased or living person. Suggested donation is still \$5.00.

Gluten-free hosts available: Please stop by the sacristy before Mass to let Fr. know your need.

There are still many cake pans, bowls, etc., in the gathering space waiting to go home.

THE WORD OF THE LORD

The readings for next Sunday, July 16, 2017
Isaiah 55:10-11, Ps 65:10, 11, 12-13, 14, Romans 8:18-23, Matthew 13:1-9

HELP WANTED: Applications are now being accepted for the position of **parish secretary**. This position requires 8 to 12 hours of in-office secretarial duties which includes preparing the Sunday bulletin, monthly calendar and liturgical schedule, keeping parish records up to date, etc. Job Description is available from the parish office. Resumes may be submitted personally or online to Fr. John or to parish office.

RPR Real Presence Radio

Known as one of the first televangelists, Venerable Fulton Sheen was an American Bishop known for his preaching and especially for his work on radio and later, television, from 1930 through 1968. He was loved and admired by people of all faiths as he tackled the important topics of that time. His message is just as relevant today and we are blessed to have recordings of those broadcasts which are aired weekly on RPR. He combines humor with solid Catholic teaching on topics which continue to impact our lives and the world in which we live.
Tune in each Saturday evening, 8 PM on 1280 AM and 820 AM.

Sacred Heart School and Parish is seeking a Development/Stewardship Director. Full job description can be found at: www.sacredheartegf.net/employment. Application deadline is July 21, 2017. Interested candidates contact Carl Adolphson, School President, 200 3rd ST NW, East Grand Forks, MN 56721. Or cadolphson@sacredheartegf.net

***Esto Vir!* is a vocation camp for young men (age 16+).** This camp is an opportunity for young men who may be open to the priesthood to come together and spend some days in community with each other and the seminarians of the diocese. The camp includes sports and games, lakeside recreation, Mass, prayer, food, and fellowship. Please consider personally inviting someone from your parish in whom you sense the possibility of a priestly vocation. **Check out the bulletin board.**

For more information, contact Fr. Matt Schmitz; 218-773-0877 or mschmitz@sacredheartegf.net

FORMED

Our diocese has a FORMED subscription allowing all parish leaders to access its treasures. If you have never visited its site, you are in for a real treat. The following is for YOU alone; please do not share the code! Here is how to register on formed.org. Go to <http://formed.org>. Scroll down & click on “register” (right side of page (Enter code: 8JJDMH) Enter your email address & your own user password when prompted (not the code above) Enter your personal info (use work or home address, not sure if the will send info in the mail or not) Verify by following the directions sent to you in an email. Use for personal use (or in group setting) Do not share the code! Enjoy! We thank AJ Garcia, director of the Office of New Evangelization, for subscribing our diocese, thru the generous donations of the DAA & our grantors.

FORMED.ORG CONTAINS MORE THAN 500 Catholic programs, audiobooks, videos, and books. Ranging from catechetical series like Bishop Barron’s symbolon and select audio from lighthouse Catholic media, to Sacramental Formation, Sunday reading reflections, saint movies for children and more.

Cantor/Liturgical Singer Workshops:

September 15 & 16 with Berta Sabrio (NPM Certified Cantor Trainer). Sites: St. Joseph – Fertile and Holy Rosary – Detroit Lakes. For informational flyer and registration link, <http://www.crookston.org/offices/worshipliturgy/home>

Thank you so much for asking about Wayne Paulson. I visited him the afternoon on June 30th. He was doing well. He had surgery on June 19th and he had a few very tough days. Then he got well. He has moved from the

hospital to Eventide in West Fargo. He is having therapy every day. Maybe after three weeks he will come back to Fosston. Wayne and Dorothy miss all in Fosston. Please keep him in your prayers. They are grateful for our prayerful help. God bless you.

This is their address:

Wayne & Dorothy Paulson, Eventide,
3225 51st Street South, Fargo, ND 58104

Fr. John.

“For my yoke is easy, and my burden light.” - MATTHEW 11:30

When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not “owners” of anything, we are merely “stewards” of the gifts God has given us. All He is asking is that we give back a small portion of what He has already given to us.

Join us at Farm By The Lake Thursday, August 13, 4-7PM. Speaker Ben Hyden, author of “Finding Faith in the Field”. Hear his inspirational miraculous journey of faith and recovery since an accident. And music by Kent Dudley & Bended Knee, country style music about his faith, family and country.

Food provided by Daroos Pizza.

Pray that ours will become a nation that respects and protects all human life, born and unborn, reflecting a true culture of life." (US Bishops, 2001, "A Campaign in Support of Life").

Thank You to Michele & Doug Schoenborn and Gabe Wiener for accepting to serve as **“Eucharistic Ministers”**. More Eucharistic Ministers are still welcome.

LITURGICAL MINISTRY – July 16, 2017

Ushers: David Brinkmann, Jerry Erdmann
Gifts: Dennis & Jan Hemmingsen
Lector: Michele Schoenborn
Commentator: Margarete Rue
Eucharist:*Marion Parent , Kathryn Ziermeier,
Erv Wickham, Eileen Hegg, Jeanne Sanden
Servers: Evan Chalich, Faith & Lance Balsad
Hospitality: Doug & Michele Schoenborn Family,
Kathryn Ziermier

LITURGICAL MINISTRY – July 23, 2017

Ushers: Doug Hand, Dennis Hemmingsen
Gifts: Rita & Tom Holland
Lector: Lori Balstad
Commentator: Jan Hemmingsen
Eucharist:*Eileen Hegg, Candy & John Keller,
Diane Hajicek, Dorothy Killian
Servers: Trent Balsad, Isaac Chalich, Ben Keller
Hospitality: Jerry & Sue Erdmann,
Linda & John Blaser

STEWARDSHIP

Budget needed weekly: \$ 2,320.15
Last Week's Collections:
36 Adult Envelopes: \$1,120.00
8 Children/Youth: \$ 8.00
Loose Collection: \$ 89.31
Donations for Rolls (*Rolls cost \$39.99*)\$ 51.89
Retired Priest: \$ 25.00
Capital Improvement: \$ 260.00
Capital Improvement Balance: \$ 4,151.28

The Knight's of Columbus have provided us with Vocation prayer cards. Please take one home. They are located by the main entrance to the church.

St. Mary's will host the Parish POT LUCK picnic at Lengby Lake Pavilion JULY 26. Hot dogs & buns, plates & silverware, catchup & mustard, lemon aid & coffee will be provided. Volunteers needed for Liturgical Ministers at the park Mass.

Teen's Retreat for Jr. & Sr. High at St. Mary's: Sunday, July 23rd, 6-9 PM. The Young Disciples will be there.

The Young Disciples will be in Bagley the week of July 24th-July 28th. Also, VBS at St. Joseph's for K-6th Grades. All are welcome. Another chance for the children from St. Mary's to learn about Jesus.

PARTY AT THE PARK

Who: Parents & Kids in PreK-6th Grade (please bring siblings along also.)
Where: Berge-Stafford Park, Fosston
When: Wednesday, July 12th @ 6 PM
What: Please bring a dish to share. Hotdogs, paper products & yard games will be provided.
Why? Because we need YOU to help plan for your child's upcoming year of Sunday School at St. Mary's. You are an important piece to the puzzle, so we need your input to make this happen. (All while the kids play, of course!)
Check out the flyers on the bulletin board
"Let the children come to Me"
All parents and children are encouraged to attend this gathering.

Liturgical Ministers Needed

The parishioners that are doing the "Eucharistic Ministers" position are doubling-up the times they help. Please consider helping. Let Fr. John know if you would like to become "Eucharistic Ministers".

Volunteers Needed To Remove Wallpaper: Diane Hajicek will begin removing the wallpaper in the rectory kitchen July 24th at 1 PM. It is not a big area. Please let Fr. John or Linda (280-2271) know if you could help.