

Orientation for Extra Ordinary Eucharistic Ministers - Our Lady of Lourdes 2018

“I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst...” Jn. 6:35

Preface: Extra Ordinary ministers of Holy Communion during the Mass and in bringing communion to the sick and homebound enjoy the company of Jesus just as his disciples. This is a Call to not only believe in the reality of the Eucharist but to live that belief.

Our faith does not ask us only to attend Mass but to participate in the Mass. And everyone should participate in the Mass in some way from singing, voicing the responses, proclaiming the Creed, observing silence, assuming the postures, listening to the readings, heed the preaching, receiving the Eucharist, carrying Holy Communion to others, and offering your life to God.

The ordinary ministers are the priest and deacon. The extraordinary ministers are the many lay people who help carry Christ to the community.

During the Eucharistic Prayers the Holy Spirit transforms the bread and wine into the Body and Blood of Christ (transubstantiation).

Serving at Mass:

Prepare with Prayer

Read the scripture

Vesture appropriately

Approaching the Altar

Role model receiving

Finding your station

The Paten – ciborium / The Cup –Chalice

Distribution: The formula “The Body of Christ” or “The Blood of Christ”

Situations: Host is dropped/ Cup is spilt/

Intinction: “Please consume the host then you can receive the chalice”

Continued Formation: Adoration, Rosary, daily morning and evening prayer.