

# Physical Education

September 2019



## **About/Philosophy:**

Welcome to the 2019-2020 school year! I am Coach Levinson and I will be your child's Physical Education teacher. This will be my fourth year teaching Physical Education. I have had the opportunity to work with a diverse population of students including those with varying ability levels, developmental delays, learning disabilities, and physical disabilities. I pride myself in being able to assess, accommodate, and support all of the learners in my classroom. I set high standards and expectations for my students' learning. I have a strong understanding of my students' strengths and needs. It is my belief that children learn best when they are appropriately motivated and self-confident. My goal is to promote healthy life choices in fitness, sports, recreational activities, and exercise. Each student will be encouraged to grow physically and socially. It is my mission to make school enjoyable, so that my students enjoy Physical Education class.

## **Contact Info:**

Coach Levinson  
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## **What's Coming Up:**

### Grades PreK-2

Body awareness, locomotor movements (running, skipping, hopping, etc.), routines, safety, behavior expectations, rules, tag games

### Grades 3-8

Routines, safety, behavior expectations, rules, team games

## **Attire:**

Gym Uniform

Appropriate/Safe Shoes: Rubber soled athletic type shoes, Shoes should have laces or velcro

Inappropriate/Unsafe Shoes: Clogs, Sandals, Flats, Dress Shoes

## **Rules:**

Respect coach, yourself, others, & the gym

Have good sportsmanship

Be honest

Come prepared to learn & participate

Have fun!