

# LANCER

## DINING SERVICES

Free & Reduced Price Meal Benefit information & application can be obtained by contacting the School Office

This institution is an equal opportunity provider.

Menu Subject to Change SEAS K - 8 MAY LUNCH MENU 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
		1-May	2-May	3-May
<b>PRICING</b> Regular \$2.90 Extra Entrée \$1.90 Milk Only \$.50 Adult Meal \$3.65	<u>Salad dressings available every day:</u> Ranch French Italian  <u>Also available:</u> Ketchup Mustard Mayo	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries  <b>ALTERNATE:</b> <b>Chicken Cheddar Wrap</b>	<b>Turkey Cheeseburger</b> Roasted Red Potatoes WG Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes  <b>ALTERNATE:</b> <b>Turkey &amp; Spinach Sandwich</b>	<b>PIZZA: Cheese or Pepperoni</b> Fresh Broccoli Fresh Apple
6-May	7-May	8-May	9-May	10-May
<b>Meatball Hoagie</b> Meatballs in Marinara Sauce WG Hoagie Roll Shredded Mozzarella Cheese Potato Cubes Fresh Zucchini Chilled Pears <b>ALTERNATE:</b> <b>Turkey Club Sub</b>	<b>Chicken Tacos</b> WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce <b>ALTERNATE:</b> <b>Chicken Cheddar Wrap</b>	<b>BBQ Chicken</b> WG Hamburger Bun Loaded Mashed Potatoes Fresh Broccoli Fresh Melon  <b>ALTERNATE:</b> <b>Roast Turkey And Cheese Sandwich</b>	<b>Chicken Patty</b> Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes  <b>ALTERNATE:</b> <b>Chicken Caesar Wrap</b>	<b>Italian Seasoned Beef</b> WG Garlic Toast Grape Tomatoes Romaine & Iceberg Blend Salad Fresh Orange Mozzarella Cheese  <b>Alternate:</b> <b>Turkey &amp; Swiss Ciabatta</b>
13-May	14-May	15-May	16-May	17-May No Kindergarten orders
<b>Cheeseburger</b> Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple  <b>ALTERNATE:</b> <b>Turkey Club Sub</b>	<b>BBQ Beef Riblet</b> Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana  <b>ALTERNATE:</b> <b>Chicken Cheddar Wrap</b>	<b>Chicken Alfredo</b> WG Penne Pasta WG Tea Biscuit & Butter PC Romaine Salad Celery Sticks Fresh Orange  <b>ALTERNATE:</b> <b>Roast Turkey And Cheese Sandwich</b>	<b>Chicken Strips</b> Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce  <b>ALTERNATE:</b> <b>Chicken Caesar Wrap</b>	<b>PIZZA: Cheese or Pepperoni</b> Shredded Romaine Fresh Carrot Sticks Chilled Peaches
20-May	21-May No 3rd grade orders	22-May	23-May	24-May
<b>Turkey Mini Corn Dogs</b> Vegetarian Baked Beans Fresh Carrots Fresh Apple  <b>ALTERNATE:</b> <b>Southwest Chicken Wrap</b>	<b>BBQ Chicken Slider</b> Mac & Cheese WG Hamburger Bun Jicama Zucchini Coins Fresh Banana  <b>ALTERNATE:</b> <b>Turkey Club Sub</b>	<b>Beef Nachos</b> Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Salsa  <b>ALTERNATE:</b> <b>Chicken Cheddar Wrap</b>	<b>Cheese Stuffed Breadsticks</b> Marinara Dipping Sauce Steamed Vegetable Blend Fresh Melon  <b>ALTERNATE:</b> <b>Turkey &amp; Spinach Sandwich</b>	<b>Italian Meatsauce</b> WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes  <b>ALTERNATE:</b> <b>Turkey &amp; Swiss Ciabatta</b>
27-May	28-May	29-May	30-May	31-May
<b>HAPPY MEMORIAL DAY!</b>	<b>Beef Tacos</b> Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Mandarin Oranges Taco Sauce <b>ALTERNATE:</b> <b>Chicken Cheddar Wrap</b>	<b>Popcorn Orange Chicken</b> Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Orange Sauce  <b>ALTERNATE:</b> <b>Roast Turkey And Cheese Sandwich</b>	<b>BBQ Chicken Meatballs</b> Potato Wedges Cornbread Grape Tomatoes Applesauce  <b>ALTERNATE:</b> <b>Chicken Caesar Wrap</b>	<b>PIZZA: Cheese or Pepperoni</b> Tossed Spinach Sliced Zucchini Fresh Orange

**MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.**