

Thursday

9:00 - 10:20

LT62Th

Satires of Juvenal

Ralph Radecki

Location: FLI Rm 1

The Satires of Juvenal are as relevant today as they were in 100 A.D. "Juvenal lived in the most debased Roman period between the Augustan and the Aurelian age. A desperate pessimist, he saw only the corrupt side of things and his subject matter and style are vitriolic. He was the Jonathan Swift of his day and lashed out furiously at men, women, soldiers, courts, friendships, at 'poets, pedagogues and poverty'. He was the 'angry man' of his day; he is coarse, he is brilliant." - Kirkus Review. We will use the Penguin Edition.

Max: 15 Min: 5 10 weeks

9:00 - 10:20

GT12Th

Chinese Culture Introduction and the Influence in Asia

Amanda Ding, M.S.

Location: FLI Rm 4

This course will introduce basic Chinese culture including historical and current Chinese living styles and daily life. We will also look at the similarities of the Japanese and Korean cultures with the Chinese and how this came about. The instructor will make use of photos and videos to better illustrate life in China.

Max: 12 Min: 2 10 weeks

9:30 - 11:20

CT14Th

iPad and iPhone Basics

Richard Sunshine, Ph.D. and Elsie Nemeth

Location: FLI Rm 5

Become acquainted with the iPad and iPhone and have fun while you expand your skills in this hands-on class. The class will focus on the basics, but will also cover tips, tricks, and apps which save time and steps and provide new features as time permits. Synergies between the iPad and iPhone will be emphasized. An iPad and iPhone running the current (iOS 12) operating system is required. Since the iOS 13 and "iPadOS"



operating systems that Apple will release in mid-September will not be usable on all our devices, this semester's course will focus primarily on iOS 12. Some features of the new operating systems will be highlighted in the last classes. Future semesters will require the new operating systems. *Copy fee: \$5.00, due to instructor at the first class.*

Max: 8 Min: 4 10 weeks

9:30 - 11:30

HL32Th

Beginning Bridge

Tricia Killeen

Location: South Bend Bridge Club

This course will introduce the basic concepts of contract bridge: how to evaluate a hand, how to make a bid, how to defend, how to keep score, and how to play a hand. Bridge is an excellent way to keep your mind sharp. *You will need to buy the book Bridge Basics for \$12.00. Copy fee: \$3.00, due to instructor at the first class.* Class will meet at the South Bend Bridge Club, 2436 Miracle Ln., Mishawaka, IN 46545

Max: 20 Min: 5 10 weeks

10:00 - 12:30

AC71Th

Watercolor Basics

Diane Corbett

Location: FLI Rm 2/3

Come join the fun! We will learn new techniques for beginners and more experienced painters alike. You will need #140 Arches watercolor paper, brushes (1-in. flat, #4 round, #8 or #10 round, and a script, any size), a palette, transfer paper, and a box of transparent tube paints. Hobby Lobby will have what you need.

Max: 25 Min: 5 10 weeks

10:00 - 11:50

CK15Th

Gluten Free Baking Cheap and Easy!

Aislin Keith, PhD, CEC

Location: FLI Kitchen

Many of you who have taken my classes will know that my basic philosophy of cooking is that it should be simple, feeding our spirits and our bodies. I also believe cooking should be inexpensive (usually) and relatively quick and easy. If you or loved ones, have been diagnosed with Celiac or Diabetes, or encouraged to consider lower carb diet, or gluten free diet, you are probably finding it expensive, time consuming, and tasteless to boot! Come learn how to cheaply and easily make basics like sandwich bread, along with a few celebratory treats. Beginners and experienced bakers welcome! *Materials fee: \$15.00 due to instructor at the first class.*

Max: 10 Min: 4 10 weeks



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Thursday

10:00 - 10:50

LF33Th

Verbes Francais

Jerry Gloster, M.A.

Location: FLI Rm 6

Do you have a basic knowledge of French, a fairly good grasp of the French present tense? Verbs are the heart of a language and this class will continue helping enlarge the students' French language skills by extending their ability to use a variety of French tenses in their speech and by expanding their comprehension through the recognition and understanding of various verbs in their many tenses. Texts: *The Ultimate French Review* by Stillman & Gordon, McGraw Hill, any edition, & *501 French Verbs* by Christopher Kendris, Barron's Educational Service, any edition. *Copy fee: \$3.00, due to instructor at the first class.*

Max: 10 Min: 3 8 weeks

10:30 - 11:20

HL21Th

Genealogy

Peg Adams M.A.

Location: FLI Rm 1

This semester we will focus on lessons for those who are beginning their search for ancestors, or those who are in the early stages of their search. Some of the lessons will include internet searches including free sites, evaluating findings, building a family tree and more. Some lessons will be chosen by the needs of the students. Next semester will have lessons for those more advanced in their research. *Copy fee: \$5.00, due to instructor at the first class.*

Max: 15 Min: 5 10 weeks

10:30 - 11:50

AC92Th

Who's Afraid of Theater?

Mark Beudert, Ph.D.

Location: FLI Rm 4

A freewheeling discussion of All Things Theatrical, concentrating on the works being presented this fall and winter at the Morris Performing Arts Center, South Bend Civic Theater, the Browning Cinema, and elsewhere.

Max: 12 Min: 5 10 weeks

11:00 - 12:20

SN42Th

Genetics

Elliot D. Rosen. Ph.D.

Location: FLI Rm 6

This course is organized in five sessions and will cover the following topics: 1) Central Dogma in Genetics: The Developing Understanding of the Biochemical Basis of

Heredity 2) Genetic Engineering 3) Controversy Regarding Genetically Modified Organisms 4) Human DNA Sequencing - Promise of Personalized Medicine 5) Nature vs. Nurture. *Copy fee: \$3.00, due to instructor at the first class.*

Max: 12 Min: 4 5 weeks

11:30 - 12:50

HL81Th

Word Detectives

Randall Matthews

Location: FLI Rm 5

Can games sharpen your mind? We'll find out. Students try to deduce a word as the instructor reveals one letter at a time, with contextual clues. The words are chosen based upon spelling and periodic usage challenges. You may play individually or as part of a team. Please bring paper, pencil, and an eraser.



Max: 25 Min: 5 10 weeks

11:30 - 12:50

LT25Th

Franz Kafka: Selected Short Fiction

Lev Levenson, Ph.D, MSW

Location: FLI Rm 1

Franz Kafka (1883-1924) was German-speaking Jewish novelist and short story writer from Prague, Czechoslovakia. A major figure in twentieth century literature, Kafka has been variously described as modernist, bizarre, surreal, and hyper-realist. Major themes include alienation and existentialist motives, guilt, anxiety, absurdity, and life in an incomprehensible world. His work includes three novels (including *The Trial*, and *The Castle*), very short parables, short stories, and novellas. Perhaps the most notable of the latter is "The Metamorphosis." Its opening sentence is indicative of what is known as a Kafkaesque existence: "As Gregor Samsa awoke one morning from uneasy dreams, he found himself transformed into a gigantic insect." This course will examine selected short fiction of Kafka's in order to gain insights into his literary style, his major themes and ideas, his approach to the meaning of human existence and the world we live in, and the contributions Kafka makes to our understanding of our contemporary world. We will read "Two Introductory Parables: Before the Law, and An Imperial Message," "In the Penal Colony," "A Hunger Artist," "The Metamorphosis," "The Street Window," and "A Fratricide." The order of the readings will be provided at the first meeting of the course. Depending on the

Thursday

intensity and length of class discussion, all reading may not be covered. The class will consist of a combination of lecture and discussion. Readings will be taken from *Franz Kafka, The Complete Stories*. It is available in free download from pdfdrive.com/complete-stories-by-franz-kafka-e93417. Please read the "Forward" by John Updike before the first class.

Max: 10 Min: 5 10 weeks

12:00 - 1:20 MU61Th
Who's Afraid of Opera? (Fall 2019 Edition)

Mark Beudert, Ph.D.

Location: FLI Rm 4

A freewheeling discussion of all things operatic, concentrating on the works presented by the MET HD series (Turandot, Manon, Mme. Butterfly, Philip Glass' Akhnaten, Wozzeck, Porgy and Bess) and at the Lyric Opera of Chicago (The Barber of Seville, Luisa Miller, Dead Man Walking, The Three Queens, The Light in the Piazza). The only requirement for the class is a love of opera.

Max: 12 Min: 5 10 weeks

12:30 - 1:50 RP33Th
Oscar Romero: Marxist, Christian, Neither, or Both?

Chris Miller, M.A.

Location: FLI Rm 6

Oscar Romero, Archbishop of El Salvador, was assassinated by a right-wing paramilitary of the Salvadoran government while celebrating Mass in 1980. His crime? He defended the poor against the violence of the powerful. In opposing the unholy trinity of Church, state, and corporation, Romero sided, after a "spiritual transformation, with the "least of these" who Jesus, long ago, identified with himself. We remember the words. "What you do to the least of these, you do to me." And so, we have this monstrous irony that the "respectable" people were going about killing all those little "Christs" while the Marxists, those "deniers of God," were defending the little Christs. Indeed, we have all killed God, as Nietzsche echoed. This class will consider this Romero, this great figure whose sanctity remains in the world to measure truth, justice, and goodness and condemn the rapacity, violence, hypocrisy, and bigotry of the powerful. Text: *Monsenor Romero: Memories in Mosaic* by Maria Lopez Virgil, Orbis Books.

Max: 20 Min: 5 10 weeks

12:30 - 1:50 MU52Th
Ukulele Jammin' II

Nancy Strauss

Location: FLI Upper Room

This class will expand on what students have learned in FLI "Ukulele Basics" and "Ukulele Jammin'". We'll review the easier songs from the Spring course, then add other familiar favorites. Hawaiian and "Holiday Season" tunes will also be a part of our repertoire. Bring a 3 ring binder for class handouts and your ukulele. *Copy fee: \$2.00 due to instructor at the first class. No class Oct 17 & 24.*

Max: 12 Min: 5 8 weeks

1:00 - 3:30 PD32Th
Soul Tending through Art Making (using magazine collage)

Tina Hepworth

Location: FLI Rm 1

(This course will follow the previous semesters of Spiritual Art Journaling by Rev. Marianne Chalstrom). The focus is on the process, not product of magazine collage. This is not a religious, but spiritual class, that tends the part of us that makes us fully human and whole-souls. There is always time to share work with the group, but there is no pressure to do so. No previous art experience is necessary. Former and new students welcome. Journal at least 8 1/2 x 11 inches, of medium weight paper for collage, and glue stick are the only required supplies. If desired separate journal for writing.

Max: 15 Min: 5 10 weeks

1:00 - 2:20 HP14Th
The Third Reich in World War II: 1941

Rev. Christopher Kuhn, M.A.

Location: FLI Rm 2/3

This Fall our exploration of the Third Reich continues with an examination of 1941, the second year of the war. In Spring 1941, Benito Mussolini's campaign in the Balkans becomes a disaster. Hitler decides to postpone his Operation Barbarossa (the conquest of Russia) to rescue his ally. We will discuss Hitler's very difficult war against Yugoslav and Greek guerillas. He delays his attack on Russia until late June 1941. Although he has some victories, he is not able to defeat Stalin's forces before the onset of Russia's severe winter. Books will be recommended for further reading. No textbook is required.

Max: 30 Min: 10 10 weeks

Thursday

1:00 - 2:20

CT42Th

FLI Geek Squad

Cynthia Nikolai, Ph.D., M.S.

Location: FLI Rm 5

Do you have a computer question? Don't know where to turn? Try the FLI Geek Squad. Windows or Mac? No problem. Want to know how to use Google or Facebook? No problem. Need to share a Google doc? No problem. No matter how big or how small, I will try to answer your question(s) or guide you to appropriate resources. The Geek Squad will work as follows. Each student will sign up for a 20 minute time slot on my calendar at the following link:

<https://calendly.com/cnikolai/fligeeksquad>. Feel free to sign up for multiple sessions, if desired. Email cnikolai@earthlink.net (subject: FLI Geek Squad) or call 240-210-5685 if you have any questions or problems registering with calendly. Bring your laptop or tablet with you to your session. *Material Fee: \$5.00 per time session, due when you arrive for your session.*

Max: 15 Min: 5 10 weeks

2:00 - 4:30

SP14JFTh

Entertaining "Caper" Films

Ron Hellenenthal, Ph.D.

Location: Jewish Federation

The "Caper" has been a favorite theme in both Hollywood and foreign films, especially before and after the demise of the infamous Hollywood Production Code. In this course we will view and discuss 10 of these films, including Jewel Robbery (1932), The Ladykillers (1955), To Catch a Thief (1955), How to Steal a Million (1966), Who's Minding the Mint? (1967), and five more. Most of these films, which typically have comedic and romantic subplots, have a happy, although somewhat unexpected ending, where caper itself is less than successful.

Max: 18 Min: 8 10 weeks



2:00 - 3:20

HF22Th

Hatha Yoga: Continuing

Jeanne Cook, M.A.

Location: FLI Upper Room

This course is for students who have completed my Hatha Yoga class and would like to continue practicing. Our focus will be on practicing the complete routine for maximum health and relaxation benefits. There will be

introduction of some new postures, pranayama, and balance exercises. Prerequisite: *FLI's Hatha Yoga or permission of instructor.*

Max: 10 Min: 5 10 weeks

2:00 - 2:50

MU65Th

Jazz and Big Band History

Tony Zmirski

Location: FLI Rm 6

Listening and watching jazz and big band music throughout the years. We will discuss how this music was a part of the times they were popular. Very laid back format -- this is not a lecture course. A listing of websites and sources for more information will be provided.

Movie clips of interest will also be shown. *Copy fee: \$2.00, due to instructor at the first class.*

Max: 20 Min: 5 10 weeks

2:30 - 3:50

HL72Th

Intermediate American Mah Jongg

Lynn McDonald, MSN, MSEd

Location: FLI Rm 5

Have you taken the Beginning American Mah Jongg class already and been playing by the National Mah Jongg League rules for at least a year? Are you ready to do a deeper dive into the game, the NMJL rules, the 2019 card, strategies for winning, etiquette, speed? Are you maybe even aspiring to play in a tournament?? If so, this is the class for you! I will cover how to see patterns in the NMJL card, deciding what to pass in the Charleston, and developing good habits. Learn new skills that will improve your game and increase your pleasure in playing. I will ask for input from students about where to focus. We will play mah jongg every class. *Copy fee:*

\$3.00, due to instructor at the first class.

Max: 24 Min: 4 6 weeks

2:30 - 3:50

SP42Th

Basilica of the Sacred Heart

Steven Gable, M.D.

Location: FLI Rm 2/3

The Basilica of the Sacred Heart is on the campus of the University of Notre Dame. It is an impressive structure that is a treasure house of paintings, statuary, altars, and stained glass. This course offers art, history, and theology, plus an actual tour of the basilica. The instructor is a docent for the basilica.

Max: 30 Min: 5 10 weeks