



# OUR LADY of MOUNT CARMEL CATHOLIC SCHOOL

*Grateful no matter what*

## September 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  Labor Day No School	<b>3</b>  Sloppy Joe Sandwich Roasted Red Potatoes Cantaloupe	<b>4</b>  Macaroni & Cheese Wheat Roll Green Beans Grapes	<b>5</b>  BOSCO Sticks Marinara Sauce Fresh Broccoli Pears	<b>6</b>  Pasta Alfredo Glazed Carrots Peaches <i>*Feast Day Cookie Day</i>
<b>9</b>  Waffle & Syrup Cup Potato Wedges Orange Wedges	<b>10</b>  Breaded Cheese Ravioli w/marinara Cucumber Slices Fresh Red Apple	<b>11</b>  Sweet & Sour Chicken Veggie Fried Rice Mandarin Oranges	<b>12</b>  Loaded Baked Potato Chili & topping bar Broccoli Banana	<b>13</b>  Grilled Cheese Sandwich Tomato Soup Carrots & Celery Sticks Fruit Cocktail <i>*Feast Day Cookie Day</i>
<b>16</b>  Baked Chicken Sandwich Potato Wedges Applesauce	<b>17</b>  Soft Beef Taco Mexi-Rice Tropical Fruit Salad	<b>18</b>  NO SCHOOL DIOCESAN TEACHER DAY	<b>19</b>  Cheeseburger Seasoned Peas Fresh Red Apple	<b>20</b>  French Toast Sticks w/syrup Tatar Tots Fresh Cantaloupe <i>*Feast Day Cookie Day</i>
<b>23</b>  Corn Dog Mixed Veggies Diced Pears	<b>24</b>  Pepperoni Pizza Mixed Green Salad Peaches	<b>25</b>  Walking Taco Corn Fruit Cocktail	<b>26</b>  Chicken Tenders Wheat Roll Dill Carrots Watermelon	<b>27</b>  Cheese Ravioli w/marinara Garlic Breadstick Fresh Broccoli Orange Wedges <i>*Feast Day Cookie Day</i>
<b>30</b>  Popcorn Chicken Roasted Gold Potatoes Grapes				