

LENTEN RESOURCES

Alethia

Why are the Gloria and Alleluia omitted during Lent

https://aleteia.org/2019/03/01/why-are-the-gloria-and-alleluia-omitted-during-lent/?fbclid=IwAR2N_SqgmjErUtcE0xrnxDk9VP4b88UxDsqCRdZclHgsGxsDXNC9jmUstXI

Why Catholics Don't Eat Meat on Fridays During Lent

<https://aleteia.org/2017/03/01/heres-why-catholics-dont-eat-meat-on-fridays-during-lent/>

Get Rid of 40 Things in 40 Days

<https://aleteia.org/2017/02/28/lent-challenge-get-rid-of-40-things-in-40-days/>

Busted Halo

Pruning for Lent:

<https://bustedhalo.com/ministry-resources/pruning-for-lent?fbclid=IwAR2QkFVPhYil4k5F78aqussGH3aXaqqPbtIPZ3LTSTvbBUYUdb0bm5B7fHw>

Lent in 3 Minutes:

<https://youtu.be/Xo1mjuy1NA0>

Please Don't Give Up Social Media for Lent

https://bustedhalo.com/ministry-resources/please-dont-give-up-social-media-for-lent?fbclid=IwAR2oG4UG5p6zJNO8_7PioMiYmfYKcP-clIAMDPFBkMQLyHikkfgMMKo9VgU

CRS Rice Bowls

<https://www.crsricebowl.org/>

App

<https://www.crsricebowl.org/about/app>

How to Practice Lent

<https://www.crsricebowl.org/about/how-to-practice-lent>

Digital Retreat

<https://www.crsricebowl.org/digital-retreat>

Stories of Hope: Week 1

<https://www.crsricebowl.org/stories-of-hope/week-1>

Stories of Hope: Week 2

<https://www.crsricebowl.org/stories-of-hope/week-2>

Stories of Hope: Week 3

<https://www.crsricebowl.org/stories-of-hope/week-3>

Stories of Hope: Week 4

<https://www.crsricebowl.org/stories-of-hope/week-4>

Stories of Hope: Week 5

<https://www.crsricebowl.org/stories-of-hope/week-5>

Recipes:

<https://www.crsricebowl.org/recipe>

Dynamic Catholic

Best Lent Ever

<https://dynamiccatholic.com/best-lent-ever>

5 Reasons to Give Up Your Grudges and Forgive Everyone

<https://dynamiccatholic.com/everyday-life/let-it-go-5-reasons-to-give-up-your-grudges-and-forgive-everyone/?fbclid=IwAR3TohVJtot2yos7zNoD1uHPsyQvoS15zj14h9IyktWbkDtPV0cGYmaDdLU>

Stations of the Cross with Bishop Robert Barron

<https://stations.wordonfire.org/stations-of-the-cross>

USCCB

Lenten Resources from the USCCB

<http://www.usccb.org/prayer-and-worship/liturgical-year/lent/index.cfm>