



OFFICE HOURS:

IC: Mon. 9:00 to 1:00 Tues. 9:00 to 1:00 ; Wed. 2:00 to 6:00; Thur. 2:00 to 6:00; Fri. Closed

SH: New schedule—will be posted soon



CRS Rice Bowl

En la pequeña nación africana de Burkina Faso, el 80% de la población son agricultores. Debido a las frecuentes sequías, los agricultores a menudo sólo puede crecer lo suficiente como para alimentar a sus familias durante siete meses. El resto del año se llama "período de hambre." Esta semana oramos por las familias en Burkina Faso y demos un CRS Plato de Arroz para ayudar a los pequeños agricultores. Lo que das para la Cuaresma cambia la vida! No olviden llevarse su "Plato de Arroz" y de poner allí sus limosnas durante este tiempo de Cuaresma.

CRS Rice Bowl Fact

In the small African nation of Burkina Faso, 80% of the population are farmers. Because of frequent droughts, often farmers can only grow enough to feed their families for seven months. The rest of the year is called "the hungry season." This week, we pray for families in Burkina Faso and give to CRS Rice Bowl to help small-scale farmers. For Lent, For Life. What you give up for Lent changes lives!

Don't forget to take home a box for the Operation Rice Bowl and put your offering during this season of Lent.

PENITENCIA COMUNITARIA



Ayuno: Comer dos comidas pequeñas y una normal el viernes Santo. (de 18-59 años) Abstinencia: No comer carne o productos hechos de carne todos los viernes hasta Pascua. (14+años)

COMMUNAL LENTEN SELF DENIAL:



Fasting: Eat two small meals and one normal meal on Ash Wednesday and Good Friday (ages 18-59). Abstinence: Not eating meat or meat products on all Friday until Easter (14+years old)



We have the little black books for Lent in the vestibule. They contain a short reading for each day of Lent.

Tenemos los libritos negros de Cuaresma en la entrada del Templo. Contienen una pequeña lectura para cada día de la cuaresma.

Sacred Heart

On the Precipice of Abortion Expansion

Did you know you can go to the state of New York and have an abortion thru all 9 months of pregnancy and the procedure does not require a Doctor to perform it? How do you end a 7pound baby's life in the womb?

What can we do about this?

1st) Please contact your legislator and urge them to reject this radical bill. The easiest way is to use the New York State Catholic Conference's Action Center.

2nd) We need to step up our efforts to support women who are pregnant and are at risk of choosing abortion. A wonderful example of this is the Sisters of Life Visitation Mission. We also need to reach out to the women who have had abortions and now need healing. Two great programs are the Sisters of Life Hope and Healing Mission and Lumina.

3rd) We need to pray. For conversion of heart of our elected officials and advocates for abortion. For hope and support for pregnant women. For an increase in a culture of sexual purity and respect for the sacredness of every human life. For God to withhold his hand of judgment against our wicked society.

Lois Towne

Right to Life of Van Buren County

Don't forget Stations of the Cross will be held at Sacred Heart on Friday nights at 6:00 throughout Lent.

We aren't called to be like other Christians; we are called to be like Christ.

Remember...whatever you do behind someone's back, you are also doing in front of God's eyes.

Diane Berry



Sacred Heart will be serving breakfast the first Sunday of each month before and after mass. We would be pleased to have Immaculate Conception parishioners join us. Donations will be accepted.

Right to Life of VBC meet the first Monday of each month at Sacred Heart Parish from 7 pm to 8pm. All are welcome to attend.

Prayer Group Mondays 7 pm to 8:30 pm. Come join us. For prayer requests call Mary Chihan at 427-5030 or Lois Towne at 657-4583.

Men's Group meets Saturday at 7.30 am at Sacred Heart

Rel. Ed Sundays 8.45 to 10:05 at Sacred Heart

Boy Scouts Tuesdays 7PM

Christian Service 3rd Thursday of the month luncheon for Foster care area.

St Vincent DePaul Meetings: 3rd Sunday after mass

AAA Wednesdays 7:00 PM

Thrift Store downtown open 9:00AM to 4PM every Friday & Saturday 269-427-8350

Food Pantry Open every Thursday 1PM to 4PM.

50 plus Pot Luck 3rd Monday of each month at 12:00pm

Cenacle to Our Lady of Guadalupe 1st Saturday of every month at 9:00 a.m. in the church.

The third week of each month. We will also be making doughnuts to sell at both parishes. "Yes the doughnuts are that good!"

Prayer of the Rosary "Following Our lady's request to pray the rosary for world peace. We want to invite you to join us to pray the rosary after the daily mass.



Sacred Heart Religious Ed.

Religious Education Classes are Sundays from 8:45 to 10:05 am. DRE - Jerry Vorva: 269-214-8858. We are looking forward to an exciting adventure in our faith.

God Bless

March-Marzo 9-10 2019

Para recordar

- **Misa y Adoración Nocturna**
En español el 1er y el 3er viernes del mes, hombres y mujeres respectivamente, de 8 pm a 5 a.m.
- **Misa en español los martes**
a las 6:00PM
- **Adoración miércoles**
de 9:00 am a 7:00 pm
- **Misa Carismática en español**
2do viernes del mes 7.00 PM
- **Rezo del Santo Rosario**
En Ingles todos los sabados antes de la misa de las 4:00

Dates To remember

- **Mass & Nocturnal Adoration:**
In Spanish 1st and 3rd Friday of the month -men and women respectively from 8 pm to 5 am
- **Tuesdays Spanish Mass**
at 6:00 PM
- **Wednesdays Adoration**
From 9AM to 7:00PM
- **Spanish Charismatic Mass**
2nd Friday of the month at 7:00pm
- **Rosary**
Every Saturday before 4:00

*Encuentro Comunitario
todos los domingos
Fellowship every Sunday*



Coffee & doughnuts after de 8:30 am
Mass—Café y donas al terminar la misa
de 8:30 am
Lunch sale after the noon
mass—Venta de Comida
terminando la misa de 12:00



The Cursillo in English for men

will take place the weekend of March 14 -17. If there are some parishioners or members of your families interested in participating, it will be a blessing. You may register by calling : Sharon Matkin at : 269-689-9087

Sanctuary Lamp If you would like it to burn for a week for a particular intention please contact the office at :
(269) 621-4106 or (269) 427-7514

Quilt prayer blanket group

There is a quilt prayer blanket group being started by some volunteer lady's at Immaculate Conception. If you sew and want to help please call the office and we will put you in contact with them. They are making lap prayer blankets for the shut-ins and sick of the parishes.

Diocesan Annual Lenten Retreat 2019

March 16-17, 2019 at Indian Lake Nazarene Camp (8258 Victory St., Vicksburg, MI 49097). The retreat begins at 9:00 am on Sat., March 16th and concludes at 11:30 am on Sun., March 17th. There are two options available when you register – one is with an overnight stay and the second is for those who would like to commute. The cost : (all rooms have two queen beds)

Single Occupancy: \$120
Double Occupancy: \$80
Triple Occupancy: \$65
Quadruple Occupancy: \$60
Commuter Rate: \$40

Deadline for these prices is March 1st. After that there is an additional \$20 added on and rooms will be given on a first come, first serve basis. **All registrations are due by March 8th.**

To register please go to the Dioceses web page <https://diokzoo.org/> and type in the search button: **Diocesan Annual Retreat**. For more information, please contact: Tim McNamara at tmcnamara@diokzoo.org.



If you know someone who is homebound who would like to receive Holy Communion, especially during the bad weather months, please call the office or talk to Reta Churchill to arrange for a Minister of Holy Communion to visit on a regular basis.

Para mantenerse informado:

Para las fechas de Bautismos de este año 2019 y cualquier otra información por favor ver los cartel que están puestos en la pared del pasillo que va a los baños y Cocina. Gracias!!!

Platicas pre-matrimoniales 2019

Las fechas son:

Sábado 13 de Abril de 8:30 a 2:30PM

Sábado 18 de Mayo de 8:30 a 2:30PM

Lugar: Salon Parroquial. Traer algo para compartir. Estos retiros son sin niños. (Por cualquier problema llamar a la oficina).

Pre-marriage talks 2019

The dates are:

Saturday April 13 8:30 - 2:30PM

Saturday May 18 8:30 - 2:30PM

Place: Parish Hall. Bring a plate to pass. This retreats are without children. (If you have any problem please call the office)



Religious Education



We want to thank all the wonderful chaperones who accompanied our Confirmation students to the Presence retreat last weekend. It was a remarkable retreat and Sister Helen spoke to the students about the theology of the body in a sensitive yet meaningful way. We also want to thank the parents who supported their children in going to this retreat. All the volunteers who spent the weekend with us as well. We all felt the great prayer support and the generous gift of your presence among us. Our parish received many blessings for our children and for our parish family. Thank you again for all you do for us.



Queremos agradecer a todos los maravillosos chaperones que acompañaron a nuestros estudiantes de Confirmación al retiro de la Presencia el fin de semana pasado. Fue un retiro extraordinario y la hermana Helen le habló a los estudiantes sobre la teología del cuerpo de manera sensible pero significativa. También queremos agradecer a los padres que apoyaron a sus hijos al asistir a este retiro y a todos los voluntarios que pasaron el fin de semana con nosotros también. Todos sentimos el gran apoyo de la oración y el generoso regalo de su presencia entre nosotros. Nuestra parroquia recibió muchas bendiciones para nuestros hijos y para nuestra familia parroquial. Gracias de nuevo por todo lo que hacen por nosotros.

Elly Rauner - Diana Morales



PRAY for Life from

March 6 - April 14.

Join the Kalamazoo

40 Days for Life campaign – 40 days of prayer and fasting for an end to abortion. Sign up to stand and peacefully PRAY during a 40-day vigil on the public sidewalk outside Planned Parenthood – Kalamazoo. **Select a prayer hour** via email/text/call to: Brenda Sinkovitz - 269.491.0377 - 40daysKALAMZOO@gmail.com

If anyone has reason to suspect physical, sexual or emotional abuse of any person of any age, please contact Protective Services (855-444-3911) or the police, as appropriate. • If abuse by anyone connected to the Church is suspected, please also contact the Diocesan Sexual Abuse Report line at (877)802-0115. • Every effort will be made to return the call within an hour. • For any other questions pertaining to protecting our children, please contact the Diocesan Safe Environment Coordinator at (269)903-0171, mhentz@diokzoo.org Updated October 4, 2018 • If the suspected abuse is by a bishop, please contact Protective Services or the police, & Apostolic Nuncio Archbishop Christophe Pierre at (202) 333-7121 and Archbishop Allen Vigneron at (313) 237-5800.