



BREAKFAST

Elementary



FEBRUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

4

306 Apple Baked Frudel
OR
319 Orange Cranberry Muffin
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 346 Cinnamon Toast Crunch Cereal

5

359 Honey Scooters Cereal
OR
334 Cinnamon Toast Crunch Cereal
608 Dole Tropical Fruit Cup
752 Fruit Punch Juice

Pre-K: 339 Orange Cranberry Muffin

6

329 Trix Cereal Bar
OR
304 Cinnamon Bagelfuls
670 Fresh Fruit
750 Apple Juice

Pre-K: 330 Blueberry Muffin

7

328 Chocolate Chip Muffin
OR
370 Apple Fruit Pocket
696 Raisins
748 Grape Juice

Pre-K: 342 Cheerios

1

313 Rebel Apple Delight Crumble
OR
350 Apple Cinnamon Cheerios Cereal Bar
752 Fruit Punch Juice
697 Bagged Sliced Apples

8

367 Cinnamon Raisin Bagel
OR
327 Pillsbury Maple Mini Waffles
670 Fresh Fruit
753 Orange Juice

Pre-K: 332 Apple Cinnamon Muffin

11

323 Apple Cinnamon Muffin
OR
336 Pillsbury Strawberry Mini Pancakes
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K: 349 Corn Chex Cereal

12

309 Apple Jammer Stick
OR
366 Blueberry Bagel
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 330 Blueberry Muffin

13

337 Eggo Blueberry Mini Pancake
OR
319 Orange Cranberry Muffin
658 Dried Fruit Blend
753 Orange Juice

Pre-K: 343 Rice Chex Cereal

14

334 Cinnamon Toast Crunch Cereal
OR
350 Apple Cinnamon Cheerios Cereal Bar
612 Bagged Apples & Grapes
750 Apple Juice

Pre-K: 331 Corn Muffin

15

140 Turkey Ham & Cheese Croissant
OR
322 Blueberry Muffin
670 Fresh Fruit
748 Grape Juice

Pre-K: 366 Blueberry Bagel

18

306 Apple Baked Frudel
OR
321 Banana Muffin
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 347 Alpha Bits Cereal

19

309 Apple Jammer Stick
OR
369 Pillsbury Berry Blast Mini French Toast
696 Raisins
752 Fruit Punch Juice

Pre-K: 335 Banana Muffin

20

370 Apple Fruit Pocket
OR
334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
750 Apple Juice

Pre-K: 339 Orange Cranberry Muffin

21

303 Egg & Cheese with Turkey Bacon on Toast
OR
329 Trix Cereal Bar
670 Fresh Fruit
753 Orange Juice

Pre-K: 339 Orange Cranberry Muffin

22

308 Strawberry Mini Bagel
OR
323 Apple Cinnamon Muffin
684 Mixed Berry Applesauce
658 Dried Fruit Blend

Pre-K 345 Honey Scooters

25

327 Pillsbury Maple Mini Waffles
OR
328 Chocolate Chip Muffin
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K: 332 Apple Cinnamon Muffin

26

362 Raisin Bran Cereal
OR
334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 342 Cheerios

27

304 Cinnamon Bagelfuls
OR
319 Orange Cranberry Muffin
608 Dole Tropical Fruit Cup
750 Apple Juice

Pre-K: 367 Cinnamon Raisin Bagel

28

315 Apple Cinnamon Toast
OR
366 Blueberry Bagel
670 Fresh Fruit
753 Orange Juice

Pre-K: 343 Rice Chex Cereal

1

313 Rebel Apple Delight Crumble
OR
350 Apple Cinnamon Cheerios Cereal Bar
697 Bagged Sliced Apples
752 Fruit Punch Juice

Pre-k: 330 Blueberry Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

