

FEBRUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

<p>4</p> <p>Turkey and Cheese Whole Grain Goldfish Bread Apple Slices Chilled Baby Carrots</p>	<p>5</p> <p>Chicken Salad On a Whole Grain Bun Orange Fiesta Corn Salsa</p>	<p>6</p> <p>Veggie Hummus Protein Pack With Whole Grain Pita Applesauce Cup Peppers, Cucumbers, Celery and Carrots</p>	<p>7</p> <p>Turkey Cobb Salad With Two Breadsticks Pear Romaine Mix</p>	<p>1</p> <p>Turkey BLT On a Whole Grain Croissant Pear Garbanzo Bean Salad</p>
<p>11</p> <p>Grilled Chicken On a Whole Grain Bun Orange Garbanzo Bean Salad</p>	<p>12</p> <p>Turkey Ham and Cheese On Whole Wheat Bread Sliced Apples Fiesta Corn Salsa</p>	<p>13</p> <p>Chicken Caesar Salad With Two Breadsticks Pear Romaine Mix</p>	<p>14</p> <p>Buffalo Chicken Wrap Orange Celery Sticks</p>	<p>8</p> <p>American Cheese Hoagie Orange Chilled Black Bean & Corn Salad</p>
<p>18</p> <p>Beef Bologna and Cheese On Whole Wheat Bread Orange Grandma's Potato Salad</p>	<p>19</p> <p>Chipotle Turkey Wrap Apple Three Bean Salad</p>	<p>20</p> <p>Turkey and Cheese On Whole Wheat Bread Pear Chilled Baby Carrots</p>	<p>21</p> <p>Grilled Chicken On a Whole Grain Bun Orange Broccoli</p>	<p>15</p> <p>Egg Salad On a Whole Grain Croissant Applesauce Cup Tomato Salad</p>
<p>25</p> <p>Turkey BLT Wrap Orange Celery Sticks</p>	<p>26</p> <p>Buffalo Chicken Salad With Two Breadsticks Apple Romaine Mix</p>	<p>27</p> <p>Roast Beef and Cheese On a Whole Grain Bun Pear Fiesta Corn Salsa</p>	<p>28</p> <p>Chicken Caesar Wrap Applesauce Cup Fresh Tomato Salad</p>	<p>22</p> <p>Veggie Hummus Protein Pack With Whole Grain Pita Applesauce Peppers, Cucumbers, Celery and Carrots</p>
				<p>1</p> <p>Tuna Salad On Whole Grain Flatbread Orange Garbanzo Bean Salad</p>

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.