

# Father Martin's Pen

April 07, 2019



## Thoughts for Lent by George Herbert.

### DISCIPLINE.

Throw away the rod,  
Throw away thy wrath;  
O my God,  
Take the gentle path.

For my heart's desire  
Unto thine is bent:  
I aspire  
To a full consent.

Though I fail, I weep:  
Though I halt in pace,  
Yet I creep  
To the throne of grace.

Then let wrath remove;  
Love will do the deed:  
For with love Stony hearts will bleed.

Love is swift of foot;  
Love's a man of war  
And can shoot,  
And can hit from afar.

Who can scape his bow?  
That which wrought on thee,  
Brought thee low,  
Needs must work on me.

Throw away thy rod;  
Though man frailties hath,  
Thou are God:  
Throw away thy wrath.

*Father Martin*

Rev. Martin J. Bourke  
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5<sup>th</sup> Sunday of  
**Lent**  
We prepare