



Preparing your child for Kindergarten

Your time and patience will help develop a strong sense of self-worth and confidence. To ensure a successful beginning to kindergarten please encourage the following:

Good Health Habits:



- To wash hands before eating and after going to the bathroom
- To attend to bathroom needs independently
- To have a set bedtime
- To brush teeth
- To eat a healthy breakfast
- To cover mouth for coughs, sneezes, and use Kleenex

Encourage your child to assist in developing their physical abilities:

- To be able to balance and jump
- To be able to put on and take off their own jackets and boots (button, zip, snap)
- To be able to tie their shoes
- To be able to skip, gallop, run, march, hop
- To be able to cut, color, use a pencil
- To be able to bounce, catch, and throw a ball

Kindergarten Readiness

At the beginning of the kindergarten year, it is appropriate and to your child's advantage if they can do the following:

- Write his/her first name with the first letter capital and all others lower case
- Recognize the letters of the alphabet, both upper and lower case
- Count to 20 or higher
- Recognize numbers 0-20 or higher
- Be responsible for his/her own things
- Take care of his/her bathroom needs



What Kindergarten Will Do For Your Child

Kindergarten offers your child the opportunity:

1. To recognize that he/she is a unique creation, made in God's image
2. To know he/she is loved by God and others
3. To learn to feel responsible for himself/herself and classmates
4. To cooperate with others
5. To be a leader as well as a follower
6. To learn to become a happy, successful child and have self-respect
7. To learn to respect others and be courteous
8. To learn to plan and direct his/her own activities and complete tasks
9. To use good speech and manners
10. To learn to work with and care for different kinds of materials
11. To learn self-control
12. To listen to and follow multi-step directions
13. To build a background for reading, learn to read and write
14. To recognize numbers, count objects, and solve simple addition and subtraction problems
15. To enjoy music and art experiences

Supplies your child will need for Kindergarten

Please label everything your child brings before they come to school!

- Plastic Pencil Box
- 2-4 boxes of 16 Crayola Crayons
- 4 regular sized pencils
- 1-2 bottles of Elmer's Glue/ 2 glue sticks
- Fiskars children's scissors (blunt tip)
- 1 pocket folder

