



HOFSTRA SUMMER CAMPS



A choice that can change your child's life!

learn.

play.

grow.

SUMMER ♦ 2019

GIRLS BASKETBALL CAMP

SPECIAL DISCOUNTS FOR CYO MEMBERS

Grades 2-9 as of September 2019: July 22-26

Grades 2-12 as of September 2019: July 29-August 2, August 5-9

TEAM DISCOUNTS AND TEAM BUSES AVAILABLE

For our Girls Basketball Camp, the Hofstra University Women's Basketball team and our NCAA Division I coaches demonstrate techniques and help develop campers' individual and team skills in a fun, supportive, and positive environment. We encourage all participants to become better players by improving fundamental basketball skills and learning what it takes to reach the next level.

Highlights:

- Stretching and warm-up exercises
- Stations – breakdown of fundamental skills
- Small groups, divided by grade level
- Position breakdown/free throws
- Swim sessions
- Guest speakers
- 5-on-5 games and competitions (hot shot, knockout)



Girls Basketball Camp utilizes the University's state-of-the-art, air-conditioned David S. Mack Sports and Exhibition Complex; indoor and outdoor basketball courts; first-rate dining facilities; indoor, heated, Olympic-sized swimming pool; and fully equipped infirmary staffed by registered nurses.

- Accredited by the American Camp Association
- Door-to-door transportation (optional)

This camp is open to any and all entrants (limited only by number, age, grade level, and/or gender).

For more information or to register, visit hofstra.edu/camp, call **516-463-CAMP**, or email ce-camps@hofstra.edu.