

CYO Steadfast Saturday Program

Set Up & Schedule:

9:00am – 9:20am

(Put out journals, pencils on table prior to 9am)

-Arrival

-Journal & Morning Snack

Prompt students to write. They can draw and write, write about their week, write about their goals, write about what they are grateful for. This is an opportunity for them to free write and create.

Based on attendance, split children into 3 groups. Students can pick their group (“team”)

9:20 Morning Prayer

9:25-9:45 Exercise

All students will transition to the cafeteria to participate in-group yoga, exercise and warm ups.

9:45-10:15

Group 1 Game Room

Group 2 Gym

Group 3 Classroom

Intervention will be delivered based on work the students bring with them. Journals can be reviewed for writing/reading practice if the child would like to share.

10:15-10:45

Group 2 Game Room

Group 3 Gym

Group 1 Classroom

Intervention will be delivered based on work the students bring with them. Journals can be reviewed for writing/reading practice if the child would like to share.

10:45-11:15

Group 3 Game Room

Group 1 Gym

Group 2 Classroom

Intervention will be delivered based on work the students bring with them. Journals can be reviewed for writing/reading practice if the child would like to share.

11:15-11:30

Clean-up, Snack – during snack children may “shop for books” to bring home. Prepare for dismissal