

WHAT IS UNBOUND?



The Archdiocesan Unbound Ministry is a ministry of healing in which a trained prayer team prays with individuals to assist them in overcoming the spiritual obstacles they encounter in their path of Christian discipleship and take hold of greater freedom in Christ. This ministry uses the Five Keys of the Unbound model of deliverance developed by Heart of the Father Ministries (heartofthefather.com). Individuals who come for Unbound prayer share their personal story related to the area where they sense they need freedom and are led by the prayer team through a series of prayers based on the Five Keys of Unbound:

First Key: Repentance and Faith ▪ Second Key: Forgiveness ▪ Third Key: Renunciation
Fourth Key: Taking Authority ▪ Fifth Key: The Father's Blessing

Examples of situations where Unbound prayer can be an effective help for individuals include:

- Habitual sin
- Marital/family discord
- Inability to forgive
- Relationship struggles
- Persistently negative view of God or self
- Depression & anxiety
- Stalled spiritual life

Unbound Prayer does not replace the ordinary means of growth in the Christian life such as personal prayer and the sacraments. Nor does it replace the ordinary means of human development such as counseling and other forms of psychological support. It serves as an additional tool that addresses the specifically spiritual influences that are frequently a part of any personal problem.

To learn more, read the book *Unbound: A Practical Guide to Deliverance* by Neal Lozano (also available in Spanish). Individuals who would like to receive Unbound Prayer may contact the Office for the New Evangelization to learn more about setting up an appointment: 215-320-8065 or phillyevang@archphila.org.

"Unbound Ministry is a vital part of the new evangelization because, through a simple method of prayer based on the Gospel, it helps us help others in moving beyond their spiritual obstacles into a deeper relationship with Jesus Christ. This model of deliverance reflects the power of our baptism, which moves us from darkness into the kingdom of God. It promises to be a very fruitful tool in the hands of priests and those involved in parish ministry."

–Archbishop Charles J. Chaput, O.F.M. Cap.