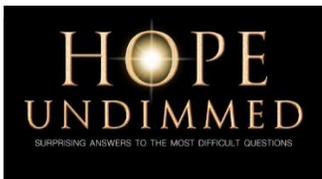
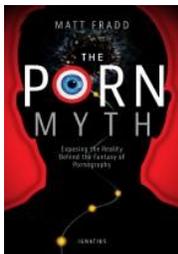


Suggestions for Parents

FORMED.org is an online digital platform provided by our parish for all people in the parish boundaries. Below are some suggestions to follow up on the Internet Safety/Pornography presentation... but check out the wealth of faith-formation studies, movies & documentaries, audio-books & talks, and downloadable e-books available without cost to you at stjudechalfont.formed.org.



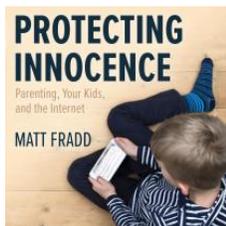
Pornography. Like it or loathe it, you simply cannot ignore it. It brings in more money than professional baseball and football combined. Many consider it harmless entertainment. Others aren't so sure. *Hope Undimmed* brings together an incredible panel to answer the question, "Is Pornography Naked and Unashamed?" (In *STUDY: Current Topics*)



This book explains the neurological reasons porn is addictive, helps individuals learn how to be free of porn, and offers real help to the parents and the spouses of porn users. Because recent research on pornography's harmful effects on the brain validates the experiences of countless porn users, there is a growing wave of passionate individuals trying to change the pro-porn cultural norm by inspiring others to pursue real love and to avoid its hollow counterfeit. (In *READ: Non-fiction/Inspirational*)



Now more than ever, media is a pervasive and persuasive reality in the lives of young people. The web, social networks, data plans, Wi-Fi, texting, smartphones, tablets, headphones. And it has an unprecedented influence on their lives and thinking. Session 2 of *Modern Media* is particularly recommended. (In *STUDY: Youth/YDisciple/Engaging the Culture*)



Matt Fradd, a best-selling Catholic author, presents new data to show how the changes in the types and accessibility of pornography being promoted today make it far more dangerous and harmful than ever before. Matt draws from a wealth of experience to guide parents in taking decisive action to protect their children, and he empowers adults with specific wording to effectively address this sensitive topic with children of all ages before they encounter pornography or after they've been exposed to it. (In *LISTEN: Talks/Marriage & Family*)

Additional Online Resources:

Covenant Eyes (www.covenanteyes.com/) – helps break the porn habit through accountability

Integrity Restored (www.integrityrestored.com) – provides resources for individuals, parents, and clergy to learn how to help people break the bonds of pornography