

## How I Make My First Confession:

The priest will welcome me or say a short prayer.

I make the Sign of the Cross and say,

***“In the name of the Father and of the Son, and of the Holy Spirit. Amen.”***

***“Forgive me Father for I have sinned, this is my first confession. These are my sins.”***

I tell my sins to the priest.

When I am finished I say,

***“I am sorry for these and all my sins.”***

Father will speak to me about God’s love and mercy now.

I listen carefully and answer any questions he may ask.

Then he will give me a penance.

I say the Act of Contrition if Father asks me to do so.

***My God, I am sorry for my sins with all my heart.***

***In choosing to do wrong and failing to do good***

***I have sinned against you***

***whom I should love above all things.***

***I firmly intend with your help,***

***to do penance, to sin no more,***

***and to avoid whatever leads me to sin.***

***Our Savior, Jesus Christ,***

***suffered and died for us.***

***In his name, my God, have mercy.***



The priest will raise his right hand over me and say a prayer to absolve me of my sins. **I**

**make the Sign of the Cross** when Father says, *“And I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.”* **After the prayer I**

**say, “Amen.”**

The priest will say, *“Give thanks to the Lord for He is good.”*

**I say, “His mercy lasts forever.”**

**Say “Thank you, Father”** before you leave.

Go immediately to your pew and say the penance Father has given to you.