Monday	Tuesday	Wednesday	Thursday	Friday
09/02/19	09/03/19	09/04/19	09/05/19	09/06/19
Labor Day	(A) Pumpkin Bread (P) Chicken Nuggets & Roll (S) SB & J Sandwich	(A) Bagel w/Cream Cheese (P) Pepperoni Pizza (S) SB & J Sandwich	(A) Chick/Chz Baked Potato G-Free (P) Hamburger (S) SB & J Sandwich	(A) Taco Wrap (P) Bosco (S) SB & J Sandwich
9/9/2019	9/10/2019	09/11/19	9/12/2019	9/13/2019
(A) Mini Pancake Wraps (P) Chicken Nuggets & Grahams (S) SB & J Sandwich	(A) Egg/Chz Wrap (P) Pancakes (S) SB & J Sandwich	(A) Chicken Drumstick G-Free (P) Cheese Pizza (S) SB & J Sandwich	(A) Chicken Cheese Wrap (P) Pasta and Meatballs (S) SB & J Sandwich	(A) Banana Bread (P) Hot Dog (S) SB & J Sandwich
9/16/2019	9/17/2019	09/18/19	9/19/2019	9/20/2019
(A) Blueberry Muffin (P) Chicken Nuggets & Roll (S) SB & J Sandwich	(A) Meatball Sub (P) French Toast Sticks (S) SB & J Sandwich	(A) Pulled Pork Sandwich (P) Cheese Pizza (S) SB & J Sandwich	(A) 3-Cheese Sub (P) Macho Nachos (S) SB & J Sandwich	(A) Chicken Sandwich (P) Pasta Marinara (S) SB & J Sandwich
9/23/2019	9/24/2019	09/25/19	9/26/2019	9/27/2019
(A) BaconEggChz Wrap (P) Chicken Nuggets & Grahams (G) New! Asian Salad GF (S) SB & J Sandwich	(A) Sloppy Joe (P) Pancakes (G) New! Classic Salad GF (S) SB & J Sandwich	(A) Fish Sandwich (P) Cheese Pizza (G) New! Greek Salad GF (S) SB & J Sandwich	(A) Taco Wrap (P) Rotini w/meat sauce (G) New! Spinach Berry Salad GF (S) SB & J Sandwich	(A) Pumpkin Bread (P) Big Corn Dog (G) New! Tex-Mex Salad GF (S) SB & J Sandwich
9/30/2019	10/1/2019	10/2/2019	10/3/2019	10/4/2019
(A) BBQ Chicken Wrap (P) Chicken Nuggets & Roll (G) New! Asian Salad GF (S) SB & J Sandwich				

A=Alternate Menu P=Primary Menu G=Salad Menu (Gluten Free) S=Sandwich Menu

peg@4psinapod.com

Please check your child's school calendar for scheduled days off.

Monday	Tuesday	Wednesday	Thursday	Friday
09/02/19	09/03/19	09/04/19	09/05/19	09/06/19
	(P) Chicken Nuggets & Roll	(P) Pepperoni Pizza	(P) Hamburger	(P) Bosco
Labor Day	Fruit	Fruit	Fruit	Fruit
,	Veggie	Veggie	Veggie	Veggie
	Wheat roll w/butter	Dessert du Jour	Pickle	Marinara Sauce
				Dessert du Jour
9/9/2019	9/10/2019	9/11/2019	9/12/2019	9/13/2019
P) Chicken Nuggets & Grahams	(P) Pancakes	(P) Cheese Pizza	(P) Pasta and Meatballs	(P) Hot Dog
Fruit	Bacon	Fruit	Fruit	Fruit
Veggie	Fruit	Veggie	Veggie	Veggie
Graham Snacks	Yogurt	Dessert du Jour	French Bread	Salty Treat
Granam Shacks	Toguit	Dessert du Jour	Trenen bread	Suity Treat
9/16/2019	9/17/2019	9/18/2019	9/19/2019	9/20/2019
(P) Chicken Nuggets & Roll	(P) French Toast Sticks	(P) Cheese Pizza	(P) Macho Nachos	(P) Pasta Marinara
Fruit	Bacon	Fruit	Fruit	Fruit
Veggie	Fruit	Veggie	Corn	Veggie
Wheat roll w/butter	Yogurt	Dessert du Jour	Corn Chips	String Cheese
9/23/2019	9/24/2019	9/25/2019	9/26/2019	9/27/2019
P) Chicken Nuggets & Grahams	(P) Pancakes	(P) Cheese Pizza	(P) Rotini w/meat sauce	(P) Big Corn Dog
Fruit	Bacon	Fruit	Fruit	Fruit
Veggie	Fruit	Veggie	Veggie	Veggie
Graham Snacks	Yogurt	Dessert du Jour	French Bread	Treat
Granam Snacks	Toguit	Dessert du Jour	Trench bread	lieat
9/30/2019	10/1/2019	10/2/2019	10/3/2019	10/4/2019
(P) Chicken Nuggets & Roll				
Fruit				
Veggie				
Wheat roll w/butter				

peg@4psinapod.com

*A Soy Butter and Jelly Sandwich meal is also offered each day. (Includes fruit, veggie, & fruit snack)

Monday	Tuesday	Wednesday	Thursday	Friday
09/02/19	09/03/19	09/04/19	09/05/19	09/06/19
	(A) Pumpkin Bread	(A) Bagel w/Cream Cheese	(A) Chick/Chz Baked Potato G-Free	(A) Taco Wrap
Labor Day	Fruit	Fruit	Fruit	Fruit
•	Veggie	Veggie	Veggie	Veggie
	Greek Yogurt	Cottage Cheese		Fruit Snack
				Salsa
9/9/2019	9/10/2019	9/11/2019	9/12/2019	9/13/2019
(A) Mini Pancake Wraps	(A) Egg/Chz Wrap	(A) Chicken Drumstick G-Free	(A) Chicken Cheese Wrap	(A) Banana Bread
Fruit	Fruit	Fruit	Fruit	Fruit
Veggie	Veggie	Veggie	Veggie	Veggie
Yogurt	Fruit Snack	Mashed Potato	Fruit Snack	Greek Yogurt
9/16/2019	9/17/2019	9/18/2019	9/19/2019	9/20/2019
(A) Blueberry Muffin	(A) Meatball Sub	(A) Pulled Pork Sandwich	(A) 3-Cheese Sub	(A) Chicken Sandwich
Fruit	Fruit	Fruit	Fruit	Fruit
Veggie	Veggie	Veggie	Veggie	Veggie
Cottage Cheese	Treat	Treat	Treat	Pickle
9/23/2019	9/24/2019	9/25/2019	9/26/2019	9/27/2019
(A) BaconEggChz Wrap	(A) Sloppy Joe	(A) Fish Sandwich	(A) Taco Wrap	(A) Pumpkin Bread
Fruit	Fruit	Fruit	Fruit	Fruit
Veggie	Veggie	Veggie	Veggie	Veggie
Fruit Snack	Treat	Dessert du Jour	Fruit Snack	Greek Yogurt
			Salsa	
9/30/2019	10/1/2019	10/2/2019	10/3/2019	10/4/2019
(A) BBQ Chicken Wrap				
Fruit				
Veggie				
Fruit Snack				

peg@4psinapod.com

*A Soy Butter and Jelly Sandwich meal is also offered each day. (Includes fruit, veggie, & fruit snack)

Please check your child's school calendar for scheduled days off.

Tuesday	Wednesday	Thursday	Friday
09/03/19	09/04/19	09/05/19	09/06/19
09/10/19	09/11/19	09/12/19	09/13/19
09/17/19	09/18/19	09/19/19	09/20/19
09/24/19 (G) New! Classic Salad GF Fruit	09/25/19 (G) New! Greek Salad GF Fruit		Fruit
GF Corn Bread 10/01/19	GF Corn Bread 10/02/19	10/03/19	GF Corn Bread 10/04/19
	09/03/19 09/10/19 09/17/19 09/24/19 (G) New! Classic Salad GF Fruit GF Corn Bread	09/03/19 09/04/19 09/10/19 09/11/19 09/17/19 09/18/19 09/24/19 09/25/19 (G) New! Classic Salad GF Fruit GF Corn Bread GF Corn Bread	09/03/19 09/04/19 09/05/19 09/10/19 09/11/19 09/12/19 09/17/19 09/18/19 09/19/19 09/24/19 09/25/19 09/26/19 (G) New! Classic Salad GF Fruit GF Corn Bread (G) New! GF Corn Bread (G) New! Spinach Berry Salad GF GF Corn Bread

peg@4psinapod.com

*A Soy Butter and Jelly Sandwich meal is also offered each day. (Includes fruit, veggie, & fruit snack)