



NOVEMBER 2018: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
			New York Thursday 1	2
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			Fresh Fruit Bar	
			New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
5	Election Day 6	7	New York Thursday 8	9
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage Sandwich on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar	Fresh Fruit Bar
			New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice New York Apple Slices	Cheese Omelet Hot Cinnamon Knot Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Veterans Day 12	13	14	New York Thursday 15	16
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on a Whole Grain Bagel Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar	Fresh Fruit Bar	
		Tasty Waffles Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cheese Omelet English Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
19	20	21	Thanksgiving Day 22	Thanksgiving Break 23
Blueberry Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
26	27	28	New York Thursday 29	30
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage Sandwich on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice New York Apple Slices	Cheese Omelet Hot Cinnamon Knot Back to the Roots® Purple Corn Flakes Spiced Oatmeal 100% Fruit Juice Fresh Fruit

<p>Milk 1% Low-fat Fat Free Fat Free Chocolate</p> <p>Grab and Go Breakfast Pack</p>	<p>Fresh Fruit</p> <p>Canned Fruit Peaches, Pears, Pineapples</p>	<p style="text-align: center;">OFFERED DAILY</p> <p style="text-align: center;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Pre-K - 8 Breakfast Menu</p>	<p>100% Fruit Juice Apple, Fruit Punch, Grape, Orange</p> <p>Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p>	<p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.