

Putting on the Mind of Christ

Put on Christ • Week 1 • March 12, 2019

The Call

We have the mind of Christ.
1 Cor. 2:16

Let the same mind be in you that was in Christ Jesus.
Phil. 2:5

Take every thought captive to Christ.
2 Cor. 10:5

....be transformed by the RENEWAL of your MIND.
Rom. 12:2



The Divine Power

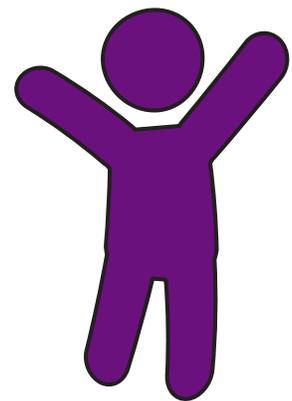
For God did not give us the
spirit of fear, but POWER,
love, and a SOUND MIND.
2 Tim. 1:17

The POWER at work
within you is able to
accomplish far more
than you can imagine.
Eph. 3:20

As we know Jesus better,
His Divine POWER gives
us everything we need for
living a godly life. He has
called us...to share in His
DIVINE nature.
2 Peter 1:3-4

Encouragement

- For I can do anything with the help of Christ who gives me the strength I need. Phil. 4:13
- Train yourselves in godliness, for; while physical training is of some value, godliness is valuable in every way. 1 Tim 4:7
- Those of STEADFAST MIND, you keep in peace. Is. 26:3



Say Often:

LORD, HAVE MERCY

You wonder what to do when you feel attacked on all sides by seemingly irresistible forces, waves that sweep you off your feet.

Sometimes these waves trigger THOUGHTS of feeling rejected, forgotten, misunderstood. Sometimes they consist of anger, resentment, desire for revenge... sometimes of self-pity, self-rejection.

What are you to do?

Make a **CONSCIOUS CHOICE** to shift the focus of your anxious heart away from the wave to the One who walks on them and says to you, "It's me. Do not be afraid!"

Keep turning your eyes to him and **TRUST THAT HE WILL BRING PEACE TO YOUR HEART**. Look at him and say, "Lord, have mercy." Say it again and again, with confidence that he is very close to you and will put your soul to rest.

Prayer for Peace of Mind and Heart

Good and gracious God, I come to you with worries, fears, doubts, troubles...Calm and quiet me with peace of mind. Empty me of anxiety that disturbs me, concerns that weigh heavy on my heart, weary my spirit.

Please loosen my grip on disappointments and grievances I hold onto so tightly. Release me from the pain of past hurts, present anger and tension, fear of the future.

Sometimes it's too much for me, Lord – too many demands, problems, sadness, suffering, stress.

Renew me spiritually and emotionally. Give me strength, hope, confidence so that I can meet the constant struggles of daily life with deeper faith and trust in you. Let Your love set me free...for peace, grace, life, for myself, for others.

Amen.