

UJENI NDIWO

VEGETABLES WITH RICE

Makes 4-5 servings



- 2 T fair trade olive oil
- 1 onion, chopped
- 2 t curry powder
- 1 ½ T fresh ginger, grated
- 3 medium tomatoes, chopped
- 1 T powdered milk
- 5 cups of kale or spinach, thinly cut
- Salt, to taste

In large pan, sauté onion in oil. Add curry powder and ginger; cook for 2 minutes. Add tomatoes. Simmer for 2 minutes, then add powdered milk. Stir in the greens, cover and simmer for 5 minutes. Serve with rice.