

## Lesson Fourteen Preparation: Luke 1:39-56

### Mary Visits Elizabeth

#### Lesson Supplies

*Catholic Children's Bible* with table of contents page marked (page 3)

Journal for each family member and writing supplies

Videos cued up on your device

#### Objectives

- Mary is the Mother of Jesus.
- Since Jesus is God, Mary is the Mother of God.
- Mary was conceived without sin (the Immaculate Conception), had no children other than Jesus (the Perpetual Virginity), and was assumed body and soul into Heaven (the Assumption of Mary).

#### Read

##### From the Bible: Luke 1:39-56

##### From the *Catechism of the Catholic Church*

What the Catholic faith believes about Mary is based on what it believes about Christ, and what it teaches about Mary illumines in turn its faith in Christ. (*Catechism of the Catholic Church*, paragraphs 487)

"Full of grace," Mary is "the most excellent fruit of redemption": from the first instant of her conception, she was totally preserved from the stain of original sin and she remained pure from all personal sin throughout her life. Mary is truly "Mother of God" since she is the mother of the eternal Son of God made man, who is God himself. Mary "remained a virgin in conceiving her Son, a virgin in giving birth to him, a virgin in carrying him, a virgin in nursing him at her breast, always a virgin." The Virgin Mary "cooperated through free faith and obedience in human salvation." She uttered her yes "in the name of all human nature". By her obedience she became the new Eve, mother of the living. (*Catechism of the Catholic Church*, paragraphs 508-511)

##### From the *Compendium to the Catechism of the Catholic Church*

Read questions [94-100](#) and [196-199](#). This will take 10 minutes.

#### Watch

[Who is Mary](#) (4:08) [What is the Immaculate Conception](#) (1:03) [Lovely Lady](#) (2:42) [Mary in 2 Minutes](#) (2:42)

#### Reflect

Mary has a unique place among God's People. She is the daughter of God the Father. She is the mother of God the Son (Jesus) and his first and most excellent disciple. She is the spouse of God the Holy Spirit. Mary has a unique relationship to the Holy Trinity.

It is tempting to think that this is high theology that doesn't relate to us. But look at those relationships again: daughter, mother, spouse. These are relationships so familiar to us that we can take them for granted. How does God relate to Mary? In terms of a family, the same terms of your family. God wants you to encounter him in your human family and in His family, the Church.

In Baptism, you became an adopted child of God. To the extent that you raise your children as Christians, you are fathers and mothers of "other Christs" (Christians). To the extent that you cooperate with the Holy Spirit to bring Jesus into the world, you are a spouse of the Holy Spirit.

## Lesson Fourteen: Luke 1:39-56

### Mary Visits Elizabeth

### Lesson Summary

Mary is the Mother of Jesus, the Mother of God.

Mary was conceived without sin (the immaculate conception).

Mary has had no other children.

Mary was assumed into heaven.

### Pray

1. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
2. Who or what would you like to pray for today?
3. Creed and Hail Mary (*Catholic Children's Bible* page 1992)

### Read

#### Mary: Visits Elizabeth

#### Luke 1:39-56

- Read the passage slowly and out loud at least three times, maybe taking turns.
- Pay attention for a word or phrase that sticks out to you.
- In your journal, write about that word or phrase. Use some of the [suggested journal prompts](#) if you need help.

### Reflect

Mary is the perfect example of how to follow God. When Gabriel appeared to her and asked her to be God's mom, she didn't understand it completely. But she said yes to whatever God wanted from her.

When her cousin Elizabeth raved about how great Mary was, Mary humbly accepted the compliment and gave God all the glory.

When Mary didn't understand what God was doing, the Bible tells us she pondered it in her heart. Even Mary struggled with understanding God, and she was his mom! But she always pondered, she meditated, she looked for God to answer. We should do the same thing.

### Watch

[Mary in 2 Minutes](#) (2:42)

[Who is Mary](#) (4:08)

[What is the Immaculate](#)

[Conception](#) (1:03)

[Lovely Lady](#) (2:42)

### Discuss

- How do you say "yes" to Jesus every day? How can your family say "yes" to Jesus more?
- What is one thing you can say "yes" to doing this week for your family or friends without complaining?
- How do you think Mary felt being the mother of God?

### Salvation History

Sometime this week, read **Mary Trusts God Completely (Luke 1:26-38)**, pages 1574-1575 in the *Catholic Children's Bible*.

In this story, the Archangel Gabriel asks for Mary's agreement to be God's mother.

### Live

- Celebrate the mothers in your family by praying over them a [Mother's Day Blessing](#) (it's ok that it isn't Mother's Day).
- Listen to some of the great Advent and Christmas songs about Mary:
  - [Mary Did You Know](#)
  - [Mary's Boy Child](#)
  - [Breath of Heaven](#)
  - [Lo How a Rose E'er Blooming](#)
  - [Maria Walk Amid the Thorn](#)
  - [Ave Maria](#)

## Lesson Fourteen Supplemental Materials

### The Greatest Commandment

#### Lesson Summary Statements

- Mary is the mother of Jesus.
- Jesus is the Second Person of the Trinity, and so Mary is the Mother of God.
- Mary was perfectly free to say yes or no to be the mother of God.
- Because Mary is the Mother of God, she has many privileges and graces.
  - Immaculate Conception: In view of the merits of Jesus on the cross, Mary was preserved from the stain and effects of original sin at the moment of her conception in the womb of St. Ann.
  - Because of the Immaculate Conception, Mary made the free choice not to sin throughout her life.
  - Because of her special consecration to God, Mary maintained her virginity before, during, and after the Birth of Jesus.
  - On the Cross, Jesus made Mary the mother of all believers.
  - At the end of her life, Mary was assumed body and soul into heaven.
  - Because Jesus is the King of heaven and earth, Mary is the Queen of Heaven and Earth.
- We honor Mary in a special way. However, we do not worship her, since she is a creature.
- Mary's song of praise in Luke 1:46-55 is known as the Magnificat.
- Several Marian Feast Days are Holy Days of Obligation:
  - January 1 – Mary, Mother of God
  - August 15 – the Assumption of Mary
  - December 8 – the Immaculate Conception

#### More Resources to Answer Your Questions

##### Videos

- [Mary Mother of God](#) (6:33)
- [The Assumption](#) (2:54)

##### Websites

- [Catholic Answers](#)
- [Credible Catholic](#)
- [Formed.org](#)

THE MOTHER OF JESUS

H M V P C F M I T K L W G J W N Y J  
 J P D T G T V E J T H E K N I Q Y E  
 J D E G S S E Q H K Y T I K S P C L  
 G M J S Y D X P T E V Y E R B D V K  
 J O K S O M E H N S L G Z R B O S S  
 M C N G S J G V F I D H E I A A C Y  
 M O W O E G E J I H G W T N D Z G L  
 U H T S I C T R V E R R G E H L A I  
 F V U H B T A M U L C E I U B F P N  
 H S Q H E N A R B S L N S V N Y N O  
 X U Z F S R O I G D A B O V O A D I  
 M E V M Y I M T C F A L Q C M C E T  
 U E B F Z V W I J N O A E O Q R S P  
 C R V G E P B E D A U L W M I R S E  
 T N E K L A O H J W N N L E Z M E C  
 M X X V I S I T A T I O N U R M L N  
 J A J M N O I T P M U S S A F B B O  
 C I O O O L H Z I X Q N D Q K I E C

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|------------|------------|------------|---------------|
| JESUS      | MARY       | JERUSALEM  | ANNUNCIATION  |
| ANGEL      | MOTHER     | VIRGIN     | CONCEIVED     |
| BETHLEHEM  | JOSEPH     | BLESSED    | JEWISH        |
| GABRIEL    | HUSBAND    | NAZARETH   | FULL OF GRACE |
| VISITATION | CONCEPTION | ASSUMPTION | WOMAN         |