

Lesson Three Preparation: Exodus 3:1-14

Who Is God?

Lesson Supplies

Catholic Children's Bible with table of contents page marked (page 3)

Journal for each family member and writing supplies

Videos cued up on your device

Objectives

- God is the supreme being; there is only one God.
- God is an infinite (no limits) and eternal (outside time) spirit.
- God is present everywhere, all-knowing, all-powerful, all-good, all-loving.

Read

From the Bible

Exodus 3:1-14

From the *Catechism of the Catholic Church*

The revelation of the ineffable name "I AM WHO AM" contains then the truth that God alone IS. The Greek Septuagint translation of the Hebrew Scriptures, and following it the Church's Tradition, understood the divine name in this sense: God is the fullness of Being and of every perfection, without origin and without end. All creatures receive all that they are and have from him; but he alone is his very being, and he is of himself everything that he is. (*Catechism of the Catholic Church*, paragraph 213)

From the *Compendium to the Catechism of the Catholic Church*

Read questions [36-432](#). This will take seven minutes.

Watch

[Who Is God?](#) (3:24)

[Immortal Invisible God Only Wise](#) (2:34)

[God's Story: Moses](#) (3:53)

Reflect

Have you ever had an encounter with someone, and it left you wondering, "Do you even know me?" To really know someone else is to know their deep desires, the values that motivate them, and what they find important. When someone shows you that they don't understand your desires and values, it leaves you feeling misunderstood.

God doesn't want to be misunderstood, so he tells us about himself. It's like when you were dating. Early on, you talk about what you do for a living and for fun. You talk about your family. As the relationship deepens—in fact, as a necessary part of deepening the relationship—you reveal your dreams, your desires, and your values.

This is how God works. In Exodus 3, he tells Moses his name: I AM. Later on, in his conversations with Moses, God tells us more about himself: "I, the LORD, am a God who is full of compassion and pity, who is not easily angered and who shows great love and faithfulness. I keep my promise for thousands of generations and forgive evil and sin" (Exodus 34:6-7).

Sometimes, we have the wrong idea of who God is. Sometimes, God might be asking, "Do you even know me?"

Lesson Three: Exodus 3:1-14

Who Is God?

Lesson Summary

God revealed to Moses that he is the only god.

God is a spiritual being with no limits.

God is all-present, all-knowing, all-powerful, all-good, and all-loving.

Pray

1. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
2. Who or what would you like to pray for today?
3. Our Father (*Catholic Children's Bible* page 1992)

Read

Exodus 3:1-14 – God Calls Moses

- Read the passage slowly and out loud at least three times, maybe taking turns.
- Pay attention for a word or phrase that sticks out to you.
- In your journal, write about that word or phrase. Use some of the suggested journal prompts if you need help.

Reflect

To have a friendship with God, we need to know some things about him. That's how all our friendships start: what is your name, what do you like to do, etc. Those things help us to understand who the other person is. It's not just that you like animals. The reason you like animals might be because you are compassionate and see the beauty of living things.

God has told us a few fascinating things about himself. He is eternal—he has always existed and always will exist. He is present everywhere, knows everything, and can do anything. He also is unlimited goodness and love.

God is the greatest possible being you can imagine! It's worth getting to know him more.

Watch

[Who Is God?](#) (3:24)

[God's Story: Moses](#) (3:53)

[Immortal Invisible God Only Wise](#) (2:34)

Discuss

- Talk about a time that God has revealed himself to you. How did you respond?
- When you imagine God, what does he look like? How does this make you feel?
- Share a time that God has spoken to you in nature, through a situation, and through another person. How did you know it was God?

Salvation History

Sometime this week, read **Cain's Sin Leads to Abel's Death (Genesis 4:1-16)**, pages 30-31 in the *Catholic Children's Bible*.

Notice how God tried to warn Cain before he committed his sin. God is all-knowing and all-loving.

Live

- Go outside and make a list of all the beautiful things you can see in creation.
- Read Psalm 19 aloud and outside.
- Go outside at night, look up at the stars, and ponder who made them.
- Make a list of what all these things might tell you about the God who made them.
- Schedule a time for your family to go to Confession to strengthen your relationship with God.

Lesson Three Supplemental Materials

Who Is God?

Lesson Summary Statements

- There is one God.
- God is pure spirit.
- God is the supreme being above all creatures
- God creates all things and keeps them in existence.
- God is infinite – he has no limits.
- God is eternal – he is outside of time.
- God is all-knowing – he knows everything, even your hidden thoughts.
- God is all-present – he is present everywhere, even in this room.
- God is all-powerful – he can do anything.
- God is all-good – he is sheer goodness.
- God is all-loving – he is love itself.

More Resources to Answer Your Questions

Videos

- [Bishop Barron on Who God Is and Who God Isn't](#) (9:56)

Websites

- [Attributes of God Infographic](#)
- [Catholic Answers](#)
- [Credible Catholic](#)
- [Formed.org](#)

Moses and the Burning Bush

"Do not come any closer," God said. "Take off your sandals, for the place where you are standing is holy ground." Exodus 3:5 (NIV)

The puzzle is based on Exodus 3:1-15



X M V H O I W S G U U Y O I J
P P H M P U P H A R K E I L H
P G Q H H C X L W N O Q Q O O
I F U O B N P S F R D U T O L
Z R I N U G L I L U Y A N K Y
A L U E R C L G O Y N O L D D
R F B Y N F B H C E W R E S U
J G O D R K A T K P Z U B Y F
R V L H L S F B F M L I G O V
C B D I W W N U B Q O N A P E
E Z M J K I L S O E I S D F H
V I B E C Y B H X W C N E U N
S B S M Z B L G O B A E Q S K
J A D D X S L L K L U W M Z H
Y R E T W E F S T R A N G E A

LAND	MILK	STRANGE	FLOWING	SANDALS
FLOCK	LOOK	HOLY	BUSH	HONEY
GOD	MOSES	GROUND	BURN	SIGHT