

Lesson Twenty-One Preparation: Acts 2:1-12

The Holy Spirit

Lesson Supplies

Catholic Children's Bible with table of contents page marked (page 3)

Journal for each family member and writing supplies

Videos cued up on your device

Objectives

- The Holy Spirit is God the Third Person of the Trinity
- The Holy Spirit came upon the Apostles at Pentecost
- The Holy Spirit assists us in imitating Jesus in our everyday life with His 7 gifts and 12 fruits
- Sanctifying Grace is the life of God within us
- Actual Grace is help that we receive from God.

Read

From the Bible: Acts 2:1-12

From the *Catechism of the Catholic Church*

To believe in the Holy Spirit is to profess that the Holy Spirit is one of the persons of the Holy Trinity, consubstantial with the Father and the Son: "with the Father and the Son he is worshipped and glorified."⁶ For this reason, the divine mystery of the Holy Spirit was already treated in the context of Trinitarian "theology." Here, however, we have to do with the Holy Spirit only in the divine "economy." (*Catechism of the Catholic Church*, paragraph 685)

From the *Compendium to the Catechism of the Catholic Church*

Read questions [Q136-146](#) this will take 5 minutes

Watch

[who is the Holy Spirit](#) 3:01 [Pentecost](#) 3:00 [What is Grace](#) 2:59

Reflect

In many ways, the Holy Spirit gets a bad rap. God the Father is always depicted as the wise old man, the fatherly figure. God the Son is always depicted as Jesus, the man who died for our sins and rose from the dead. And then there is the bird. It's as if the Holy Spirit is the less important add-on in the Trinity (which is not true). So who is the Holy Spirit?

In the Bible, the word Spirit (ruach in Hebrew or pneuma in Greek) also means breath. Think back to the creation story when God forms man from the clay and then breaths into him the breath of life. The Holy Spirit is the breath of God, his very life force, the divine animating principle. The Holy Spirit brings us a new life. He inspires—literally "fills-with-spirit"—us. The Early Church Father St. Irenaeus famously said, "The glory of God is man fully alive." It is God's own Spirit who makes us fully alive.

On a biological level, we cannot be fully alive if we are not breathing. The same is true on a spiritual level. We have a constant need to take in more of the Holy Spirit, God's own breath. Then God can live inside of us. What

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Lesson Summary

- The Holy Spirit is God the Third Person of the Trinity
- The Holy Spirit came upon the Apostles at Pentecost
- The Holy Spirit assists us in imitating Jesus in our everyday life
- 7 gifts and 12 fruits of the Holy Spirit
- Sanctifying Grace is the life of God within us
- Actual Grace is help that we receive from God.

Pray

1. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
2. Who or what would you like to pray for today?
3. Our Father, Hail Mary (*Catholic Children's Bible* page 1992)

Read

Pentecost

Acts 2:1-12

- Read the passage slowly and out loud at least three times, maybe taking turns.
- Pay attention for a word or phrase that sticks out to you.
- In your journal, write about that word or phrase. Use some of the suggested journal prompts if you need help.

Reflect

The Holy Spirit is God the Third Person of the Trinity. The Holy Spirit inspires our imagination and actions towards God's love and goodness. Think of the air, we don't see it. But we need it to fill out lungs and give us breath. Then there are days we don't even notice it, but it is always there. The Holy Spirit is always there breathing life into our faith and calling us into a deeper relationship with Jesus.

Watch

- [who is the Holy Spirit](#) 3:01
- [Pentecost](#) 3:00
- [What is Grace](#) 2:59

Discuss

When have you seen Jesus fully alive in another person? What did they do? What did they look like? How did they make you feel?

How does your life look different from others? How do you show Jesus to other people?

Think about a time that your faith was challenged. Did you stand up or did you back down? How would it be different if you asked the Holy Spirit for some courage to act?

Live

- The next time you are challenged and afraid, ask the Holy Spirit to guide you and give you courage.
- Share one thing you have learned about Jesus with a friend.
- Make it a priority to show random acts of kindness this week. Listen for God to speak to you through your acts of kindness.
- For a week be mindful of the air around you. It serves many purposes and has many effects. How is the Holy Spirit similar?

OT Hero: Elijah

Sometime this week, read **God Speaks to Elijah in a Whisper (1 Kings 19:11-13)**, pages 490-491 the *Catholic Children's Bible*.

This is the story of how God comes to us in the silence and not always in the loud and crazy times. We just have to listen.

Lesson Twenty-One Supplemental Materials

The Holy Spirit

Lesson Summary Statements

- The Holy Spirit is God the Third Person of the Blessed Trinity
- The Holy Spirit descended upon the Apostles on Pentecost and the Church was formed
- The Holy Spirit continues to guide and animate the Church
- The Holy Spirit dwells in the heart of believers
- The Holy Spirit sanctifies souls through the gift of Grace
- There are two types of grace. Sanctifying and Actual
- Sanctifying grace makes us holy and pleasing to God, makes us his adopted children, makes us temples of the Holy Spirit, and enables us to go to heaven
- Actual Grace is help from God
- We obtain grace through prayer and the sacraments
- The Holy Spirit bring us the three theological virtues
 - Faith: We believe and respond to what God has made known to us
 - Hope: We trust God and His promise of eternal life because He revealed it to us
 - Charity: enables us to respond to God by loving Him above all and our neighbor as ourselves
- The Spirit also brings his 7 gifts that assist in our sanctification and transformation
 - Wisdom: see things as God sees them; Understanding; see deeper into the mysteries of our faith; counsel; know the will of God in our life; fortitude; courage to practice and witness our faith and to do the will of God; knowledge, see God reflected and working in created things; piety, helps us see and love god as a father and loves others, Fear of the Lord, great love and reverence for God's love and majesty.
- The Spirit brings His 12 Fruits to believers. The fruits are Charity, Joy, Peace, patience, kindness, goodness, perseverance, temperance, faith, modesty, continency, chastity.

More Resources to Answer Your Questions

Videos

[Bishop Barron on the Holy Spirit](#) 12:02 [Who is the Holy Spirit](#) 1:36 [When did the Spirit come](#) 2:34
[How does the Holy Spirit work in the Church](#) [Where is the Holy Spirit especially present](#) 7:40 [What is the Work of the Holy Spirit](#) 3:06 [Sanctifying Grace](#) 2:37 [What is actual grace](#) 4:58

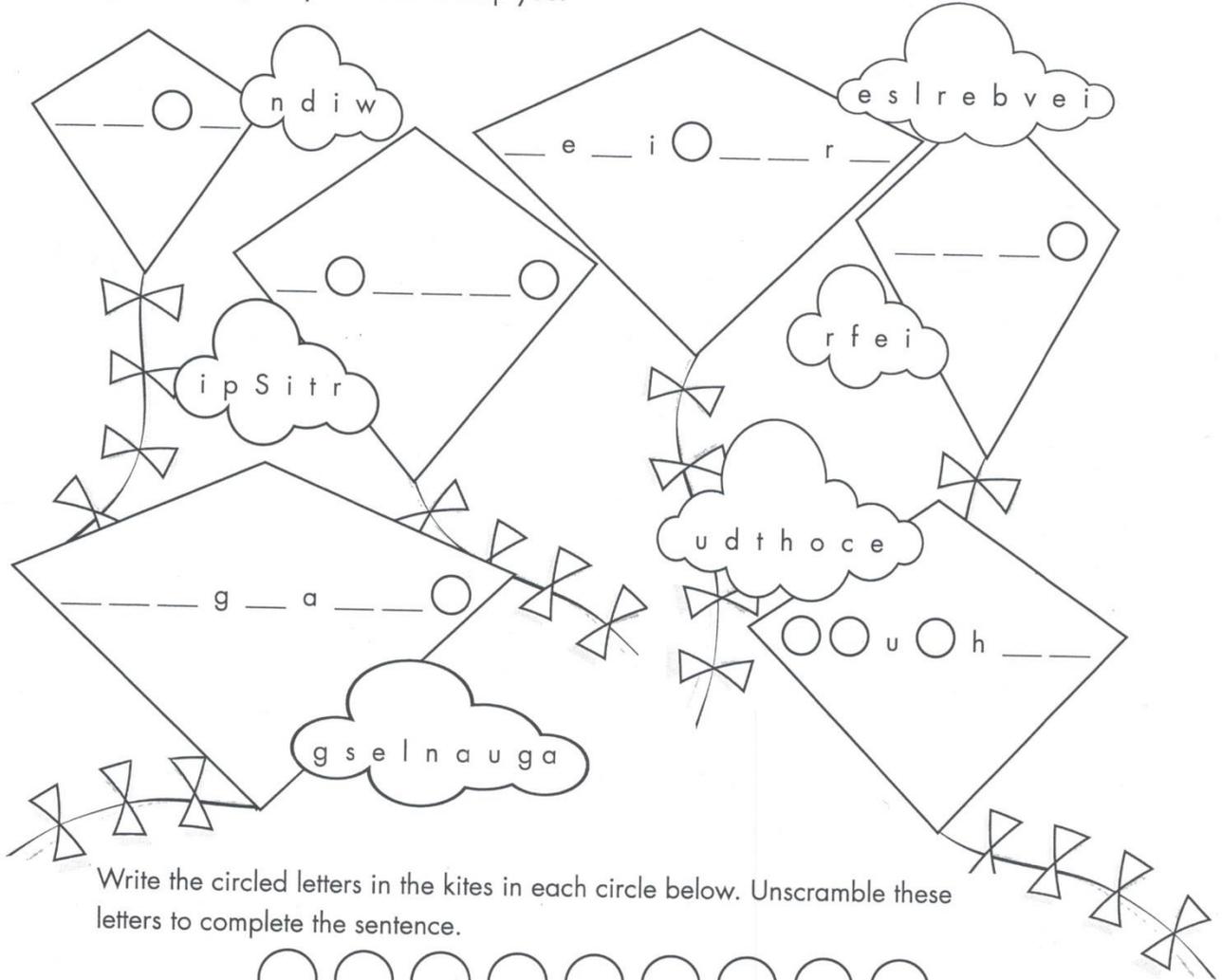
Websites

- [Catholic Answers](#)
- [Credible Catholic](#)
- [Formed.org](#)

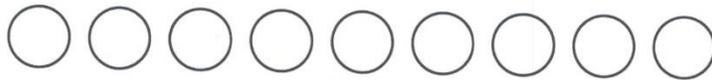
Name: _____

Filled with the Spirit

Unscramble the words in the clouds. Some letters have been filled in for you. Write the words from the Bible story on the kites. Find and read the Acts of the Apostles 2:1-6 in your Bible to help you.



Write the circled letters in the kites in each circle below. Unscramble these letters to complete the sentence.



_____ is the day the Holy Spirit came to the disciples.



Seek and Find: Look at pages 1714 and 1715 of your Bible. How many women disciples do you see at the bottom of these story pages?