

Lesson Twenty-Two Preparation:

The Eucharist I The Mass Luke 24:13-35

Lesson Supplies

Catholic Children's Bible with table of contents page marked (page 3)

Journal for each family member and writing supplies

Videos cued up on your device

Objectives

- The Eucharist can be thought of as sacrifice(mass), holy communion, and presence
- At the mass the liturgy of heaven and the events of the pascal mystery become present on the altar
- At the mass Jesus represents his sacrifice on the cross with all its fruits to the Father through His priests
- Christ gives himself to us at holy communion
- Christ remains in the tabernacles of our churches for us to visit and share our life with Him

Read

From the Bible: Luke 19:1-10

From the *Catechism of the Catholic Church*

We carry out this command of the Lord by celebrating the memorial of his sacrifice. In so doing, we offer to the Father what he has himself given us: the gifts of his creation, bread and wine which, by the power of the Holy Spirit and by the words of Christ, have become the body and blood of Christ. Christ is thus really and mysteriously made present. We must therefore consider the Eucharist as: thanksgiving and praise to the Father; the sacrificial memorial of Christ and his Body; the presence of Christ by the power of his word and of his Spirit. (*Catechism of the Catholic Church*, paragraph 1357-58)

From the *Compendium to the Catechism of the Catholic Church*

Read questions. [Q271-294](#) this will take 15 minutes

Watch

[Sophia Sketchpad Eucharist 6:38](#) [Bored at mass \(4:52\)](#) [Introduction to the parts of the Mass \(5:13\)](#)

Reflect

The story on the road to Emmaus lays out for us what happens at every Mass. Jesus begins by asking these men to tell him what is on their hearts, what baggage they are carrying. At the beginning of every Mass, Jesus asks us to unload our baggage on him as well. In the Penitential Act, we unburden ourselves of our sins, our shortcomings, and the things that are “my most grievous fault.”

Next, Jesus unpacks the scriptures for them. He explains how the Bible pointed to himself and how it applies to the events of the day, to the very emotional and intellectual burdens they just expressed to him. This is the Liturgy of the Word, when we hear the Bible proclaimed and then commented upon and applied to our lives in the homily. Then Jesus takes bread, blesses it, breaks it, and gives it to them. Later they will say he was made known to them in the breaking of the bread. In the Liturgy of the Eucharist, the priest performs the very same actions with the same goal: that Jesus would be made know to you and to me in the breaking of the bread.

Finally, these men are so excited that they run to tell their friends about they just experienced. It is as if Jesus told them, “The Mass has ended. Go announce the Gospel of the Lord.” Every Mass is a leisurely walk with Jesus, one that should be followed by joyfully sharing our experience with others.

Lesson Twenty-Two:

The Eucharist I The Mass Luke 24:13-35

Lesson Summary

The Eucharist can be thought of as Mass, Holy Communion, and Real Presence

The Mass is the same sacrifice as Jesus' sacrifice on the cross., the priest and victim are the same.

The Mass is also the liturgy of heaven that comes into time

Christ gives Himself to us in Holy Communion

Pray

1. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
2. Who or what would you like to pray for today?
3. Act of Contrition, Creed (*Catholic Children's Bible* page 1992)

Read

The Road to Emmaus Luke 24:13-35

- Read the passage slowly and out loud at least three times, maybe taking turns.
- Pay attention for a word or phrase that sticks out to you.
- In your journal, write about that word or phrase. Use some of the suggested journal prompts if you need help.

Reflect

Like the disciples at Emmaus, we too sometimes fail to recognize Jesus, especially at Mass. This is why some people say the Mass is boring. But when we prepare ourselves for Mass, by reading the scripture before hand or praying throughout the week, it is like going to see your best friend. Jesus is present in the priest, the people around you, the words spoken, and the Eucharist. When we are prepared and engaged in Mass we can easily encounter Jesus in the actions of the priests, the smiles of those around us, the Scripture that teaches us, and the Eucharist that is His gift to us.

Watch

[Sophia Sketchpad Eucharist 6:38](#)

[Bored at mass \(4:52\)](#)

[Introduction to the parts of the Mass \(5:13\)](#)

Discuss

- How does God speak to us at mass? How do we prepare ourselves to hear his voice?
- Heaven joins earth during mass. Who has passed that needs our prayers during mass?
- Why was it hard for the men to recognize Jesus? What makes it hard for us?

Live

- Look back through your journal entries and see how God has been speaking to you. Share your discoveries with your family.
- Bring your journal to mass and write down the words that are standing out to you during the readings, the gospel, and the homily. What is God trying to say to you?
- Read the scriptures for the upcoming week.
- Thank the priest after Mass for bringing you closer to Jesus.

OT Hero: Joshua

Sometime this week, read **God Helps Joshua Defeat the Battle of Jericho (Joshua 6:12-15, 20)**, pages 298-299 in the *Catholic Children's Bible*.

This is the story of how Joshua trusts God completely and how God helps him defeat Jericho, therefore reclaiming the land that God promised.

Lesson Twenty-Two Supplemental Materials

The Eucharist I The Mass

Lesson Summary Statements

The sacrifice of the mass is the same as the heavenly liturgy.

- The mass brings into our present time and place the events of the Last Supper, Good Friday, and Easter Sunday as well as the heavenly liturgy.
- The Mass is offered to the father, through the Son, in the Holy Spirit to
 - Worship, praise, and adore the Father
 - Thank the Father for his benefits
 - Make reparation and ask pardon for our sins
 - Petition him for our needs and the needs of those around us.
- At mass God
 - Gives us Himself and all his graces, blessings, and benefits
 - Communicates to us the fruits of redemption, our salvation
 - Teaches and sanctifies us.
 - Remains with us for us to share our life with Him and He with Us
 - Unites with us in Holy Communion.
- Jesus through the priest or bishop celebrates mass.
- At Mass the Holy Trinity, those attending and the priest, the angels and saints, all the members of the church and those on earth, in heaven, and in purgatory are present
- The death on the cross is represented, however, the glorious risen Jesus is present and alive in the sacrament.
- The main parts of the mass are the Liturgy of the Word and the Liturgy of the Eucharist
- In the liturgy of the word Christ speaks to us in the scriptures that are proclaimed and explained
- In the liturgy of the Eucharist, the sacrifice and holy communion take place
- In Holy Communion we become one with God
- We offer worship and pray to the Eucharist reserved in the tabernacle of our churches
- Jesus remains in the tabernacle or in Eucharistic adoration for us to visit, pray and share are life with him.

More Resources to Answer Your Questions

Websites

- [Catholic Answers](#)
- [Credible Catholic](#)
- [Formed.org](#)
- massexplained.com/explaining-mass-to-children/pbgrace.com/doing-mass-with-kids/
- pbgrace.com/doing-mass-with-kids/

Joshua & the Battle of Jericho

(Joshua 5:13—6:27)

God told Joshua it was time to capture the city of Jericho. For six days Joshua and the people marched around the city blowing trumpets. On the seventh day they marched around the city seven times. When they heard a blast from the trumpets the people gave a loud shout. The walls of Jericho collapsed to the ground, and God's people captured the city.

Find and circle a Bible, a turtle, a candle and a basket hidden in the picture.



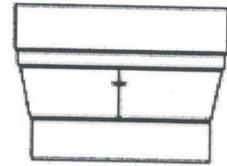
Name: _____

Date: _____

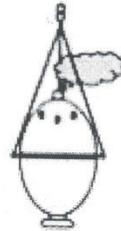
Match the picture to its name.



Holy Water Font



Sanctuary Lamp



Paten

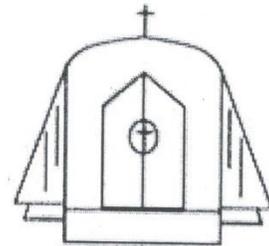


Ambo

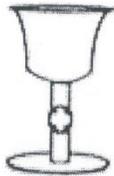


Altar

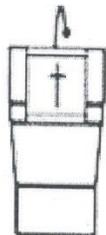
Tabernacle



Chalice



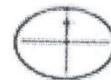
Host



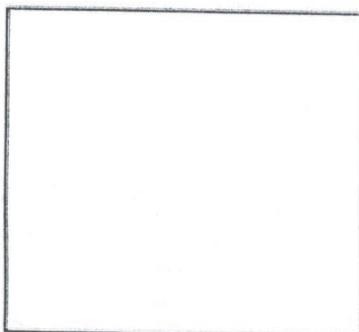
Thurible



Pascal Candle



Please list, draw and tell about something you saw on the tour that is not listed above.



Thing _____

What it Does: _____
