Crocheting Instructions & Patterns

Abbreviations & Terms:

*	repeat the instructions following the single asterisk as directed
* *	repeat instructions between asterisks as many times as directed or repeat at specified locations
k	knit
p	purl
yo	yarn over
rep	repeat
sl	slip
st	stitch
sts	stitches
psso	pass slipped stitch over
tog	together
k2tog	knit 2 stitches together; single right-leaning decrease
ch	chain
dc	double crochet
dec	decrease**
hdc	half double crochet
sc	single crochet
sk	skip
skst	skip next stitch
sl st	slip stitch

**To decrease: Insert hook into first stitch of the two that the decrease is over. Yarn over and draw back through stitch, insert into second stitch, yarn over, draw back through stitch, yarn over draw yarn through all loops on hook

<u>Fringe Options:</u>
1. Cut 120-12" lengths - fold over and pull through ends of shawl, keeping the catch on one side. You will also need to tie a knot in the of each string to prevent raveling.

2. Alternate fringe: I do a chain stitch between 15 – 25 stitches. I anchor the chain in every other hole on the end of the shawl. It makes loops rather than string fringe.

3. Crochet fringe:
   a. Foundation row: attach with slip st on the end
   b. Chain 3, dc into the same st, 3 dc in the next st, 2 dc into next st. Repeat to end. Chain 1, turn.
   c. Second row: sc across to end.
   d. Hide ends back into work.

Prayers

Weave prayers into the shawl as you crochet. Begin with a prayer for blessing the shawl. Then, pray for the person who will receive the shawl, as you are making the shawl. There is no right or wrong way to pray as you work on the shawl. Some people pray just before they start working each time. Others say prayers as they work, so whatever works for you.

Suggested words to say: Father, Son & Holy Spirit bless this person or give them peace, or whatever the need might be. Other prayers might be faith, hope and love; or mind, body and spirit; or past, present and future. Make the prayer your own.

The prayer for healing to say when you start crocheting a shawl:

In the name of the Father: the Creator, the Giver of Life, the Holder of Time; in the name of Jesus: the Savior, the Healer, and the Lifter of Pain; in the name of the Spirit; the Comforter, the Consoler, and the Sustainer of Life.

I knit this shawl as a mantle of strength. I knit a mantle of healing. I knit a mantle of patience. I knit a mantle to enfold you. I knit a mantle to encircle you. I knit a mantle to empower you. May this prayer shawl warm and comfort you when you are weak and weary.

O Christ, who healed the broken in body and spirit, be with all who suffer today. Be with the doctors, nurses, technicians, and all that care for the sick. Be with the families and friends of those who love and comfort the sick. May your gentle yet strong touch reach out to heal all the broken and hurting people and places in the world.

I ask this in the Name of Jesus Christ our Lord and Savior. Amen

Finished shawls for adults should measure approximately 2' x 6'

*Use 3 skeins of Lion Brand Homespun yarn and crochet hook size N or 9

1. Pattern #1
    a. Chain 59.
    b. DC in 3rd chain from hook.
    c. DC in each chain across (58 stitches).
    d. Chain 2, turn, dc in first dc. dc across.
    e. Repeat until shawl is desired length (about 58 inches).
    f. Before beginning to use the third skein, set aside yarn needed for the fringe.
    g. Add 4-6 inch fringe across both ends of shawl.

2. Pattern #2
   a. Chain 58.
   b. Single crochet in 2nd chain from hook.
   c. SC in each chain. Ch 1 turn.
   d. Single crochet every row until desired length is reached.
   e. Add fringe.

3. Pattern #3
   a. For a 24" wide shawl, chain 46.For a 36" wide shawl, chain 61
   b. Row 1: (dc, ch 2, sc) in fourth ch from hook, * skip next 2 chs, (2dc, ch 2 sc) in the next ch. Repeat from * across.
   c. Row 2: ch 2, turn. (dc, ch 2, sc) in first ch 2 sp. (2 dc, ch 2, sc) in each ch 2 space across.
   d. Repeat row 2 until you have about ½ skein of yarn left.
   e. Do not finish off.
   f. Last row: Ch 2, turn, *sc in fist ch 2 sp, ch 2.
   g. Repeat from * across and end with a sc. Finish off.
   h. Add fringe

4. Pattern #4 — "Calm Sea" by Renee Dion-Jenness (based on Matthew 8:23-27)
    a. Ch 43

    b. Row 1: SC into 2nd ch from hook. SC across to end (42 SC) turn work

    c. Row 2: ch 2, hDC into 4th st from hook, hDC into next 2 st, * 2 hDC into next st, hDC into next 4 sts, dec over next 2 sts, hDC into next 4 sts. Repeat from * to end of row. Turn work

    d. Repeat row 2 until you have only enough yarn for one row.

    e. Last row: ch 1 SC into first hDC, SC into next 3 sts, *2 SC into next st, SC into next 4 sts, dec over next two sts. SC into next 4 sts. Repeat from * to end of row.

    f. Finish off.

5. Pattern #5
    a. Start with Ch 39
    b. Row 1: sc into 2nd chain from hook, sc into remaining ch, ch 3 turn (ch 3 is dc from now on) 38 sc

    c. Row 2: sk 2 sc, *(dc, ch 1, dc) into next sc, sk next sc, rep from *, dc into last sc, ch 3, turn

d. Row 3: *(dc, ch1, dc) into ch 1 st, rep from * end with dc into top of ch 3, ch 3, turn

e. Final Row ch 1 (not 3) sc into every dc ending with 38 sc

f. Fringe: From the last sc made, * ch 12, sc into 2nd ch from hook, sl st, into next 6 ch, ch 5, sl st into next sc, rep from * continue to the final sc. Finish off and repeat on the other side of shawl.

6. Pattern #6 — Cart Wheel Prayer Shawl by Renee Dion-Jenness
   a. Hook P 111/4mm. I suggest making a sample of this pattern to get the hang of it. Use a hook and yarn that you are most comfortable with.

   b. 34 sc into 2nd ch from hook *sk next ch, 3 dc into the next ch, sk next ch, sc into next ch, rep.
   c. From * to last ch st. and put 3 dc into it so you are now working on the reverse side of ch. Place a sc into each sc and sc 3 dc into the same st that the mirror 3 dc are in. sc into the first sc. (this makes the finished edge).

   d. This pattern has two different cart wheel rows. The Outer starts with a ch3 which counts as your first dc. The other is called the Inner and starts with a sc into a dc.

e. Outer Cart Wheel (lower half pattern)
    i. ch3 (counts as dc), dc into sc of previous row. Sc into 2nd dc (this is the middle spindle of the cart wheel) to make the lower part of the cart wheel start like a dc but do not finish st, leave the last loop on the hook.
    ii. * Start dc into next st, leave (2 loops) start dc into next st leave (3 loops) Start dc into next st leave (4 loops) yo go through all 4 loops on hook, make 2 ch, sc into 2nd dc rep from * to last 2 sts, starting dc into both leaving (3 loops) on hook, yo, go through all 3 loops. Turn.

f. Outer Cart Wheel (upper half pattern)
    i. ch 3 counts as dc, dc into same st, *sc into sc, 3 dc into the hole made by the 3 st in the lower cart wheel, rep. From * to end of row. End with 2 dc into the top of the ch 3 on end.

g. Inner Cart Wheel (lower half pattern)
    i. ch 1 turn sc into dc of previous row, start dc into next st, leave (2 loops)
    ii. on hook, start dc into next st, leave (3 loops) on hook, start dc into next st, leave (4 loops) on hook, yo, go through all 4 loops, ch 2, sc into next st. rep. From* end with sc into top of the ch 3.

h. Inner Cart Wheel upper half pattern
    i. ch 1 turn, sc into sc, *3 dc into hole of the lower cart wheel, sc into sc rep from * end with sc into top of ch 3.

    i. Continue pattern of Outer and Inner Cart Wheels until you run low on yarn. Complete the shawl on an upper half pattern of Inner or Outer to copy the starting rows. Finish off and your shawl is complete.

7. Pattern #7 — Trinity Prayer Shawl by Renee Dion-Jenness
   a. Trinity Pattern (DC, ch 1, DC into same st, indicated, sk next st, DC into next st. sk next st and repeat to end of row ending with DC)

   b. Chain out 34

   c. Foundation row: sc into second st from hook. sc across (33 st) ch 1 turn

   d. Row 1 sc into all 33 st. ch1 turn

   e. Repeat row 1 two times to equal 3 rows. This repeats after each trinity row.

   f. Trinity row: Ch 3 counts as a DC. DC into the 6th st from hook, ch 1, dc into same st, sk next st, dc into next st. sk next st, repeat Trinity patt across to end of row ending with DC, ch 1 turn

   g. Repeat row 1 three times then ch 3 and then start Trinity row.

8. Pattern #8 — Infant Prayer Shawl by Renee Dion-Jenness

   a. Ch 65, dc into 4th ch from hook, dc into remain ch sts to end. 62 dc (this pattern increase at the beginning and the end of each row. There will be no other reminder of this increase through out this pattern. To increase put two dc into the last st of previous row. The ch 2 at the beginning of a row is one dc so put the next dc into the 1st dc not the 2nd as it is usually done.)

   b. Rows 2-3 ch3 turn, follow previous row dc into each dc to end, remember to increase each new row.

   c. Row 4 find the middle of the three rows by folding the piece in half. Count 8 sts from this center to the left and mark it and to the right and mark it. Now ch 3 turn and follow previous row to first marker. Between markers dc, ch1, SK 1 dc, dc, dc into next dc, ch 2, SK 2 dc, dc into next dc, ch 1, SK 1 dc, dc into next dc (you should be at the next marker) continue rest of row as previous row.

   d. Rows 5-10 repeat row 4 using the markers.

   e. Row 11 move markers out towards the ends by 8 sts. In each direction. There will be 22 sts between markers. Ch 3 turn follow previous row to 1st marker. * Dc, ch 1, SK 1 dc, dc into next dc, ch 2, SK 2 dc, dc into next dc, ch 1, SK 1 dc, dc into next dc, * repeat 2 more times (the middle set of the pattern should line up over the previous row)

f. Row 12-13 repeat row 11

g. Row 14 move markers back to their original positions 8 sts from center on both sides. Follow row 4 in the patter for rows 14-16.

h. Row 17-24 follow row 2 do not finish off at the end of row 24. The edging begins at the corner.

i. Edge: ch 3 do not turn, 2dc into into the same dc where the ch 3 started from. Ch3, 3dc into same st where all other sts are in. ch 1, dc into beginning of previous row going along the side, repeat from* to next corner. Corner 3 dc, ch2, 3 dc into corner dc.*Ch 1, SK 1 dc, dc into next dc* repeat to end of row. Repeat Corner 3 dc, ch2, 3 dc into corner dc. Repeat h 1, dc into beginning of previous row going along the side. Join with a sl st. at the top of the ch 3

j. Row 2 of edge do not turn just continue around as in previous edge row.

k. ch 3, dc into each dc , SK 1 dc, ch 1, dc into next dc ,*In space 3 dc, ch2, 3dc, dc into next 3 dc, ch 1 SK 1 dc, dc, into next st* repeat from * to next corner all the way around.

l. Join with sl st on top of ch 3 and finish off.

9. Pattern #9 — The Cloud Pattern by Renee Dion-Jenness

   a. Pattern ch 3, counts as dc,(mark the top ch with marker (count the 3 ch + next 2 sc for a total of 5 st) back loop only, sc into 6th st from hook dc into same st, skst, *1sc and 1dc into next st, skst, repeat from * to last st and sc into it using both loops.

   b. ch 61 turn

   c. foundation Row into 2nd st from hook and into every st to end of row, 60 sc total

   d. Single Crochet counting row ch 1, turn, sc into every st to end of row, 60 sc total.

   e. Pattern row ch 3 (mark top ch), use back loop only, sc into 6th st from hook, dc into same st, skst, *1sc and 1dc into next st, skst* repeat from *to marker st and put sc into it.

   f. repeat Pattern row and Single Crochet counting rows as many times at you want mixing them up until finished.