



CIRCLE OF GRACE



LESSON PLAN Gr. 1 & 2

Jesus told us that he would always love us, and His Spirit would always be with us. If we are always in His presence, we are always in a special, holy place. We call that place our *Circle of Grace*.

Opening Prayer:

“Good morning Jesus. This day is for you, bless all I think, all I say, and all I do.
Amen.”

Made by God:

- We are all Children of God
- As Children of God we are made in His image and loved by Him
- Jesus teaches us how to love and respect God and others
- We are all called to know, love and serve Him. We should learn about God, Jesus, and the Holy Spirit and make good choices

Grace Filled: Circle of Grace

- **Children of God:** All people
- **Grace:** The gift of God’s goodness and love to help me live as his child.
- **Holy:** Special because of a connection with God.
- **Holy Spirit:** God is present with and within me.

Vocabulary:

- **Feelings:** Something I sense inside myself (e.g. angry, sad, happy, afraid, embarrassed, confused, excited, peaceful, etc.)
- **Respect:** Being kind to others and doing what’s best for myself and others because I honor all people as children of God.
- **Secret:** A secret is something I know but do not tell.
 - **Safe secret:** a secret is safe when it does not hurt others or me.
 - **Unsafe secret:** a secret is unsafe when I think that someone, including me, might be hurt or get in trouble if I do not tell. These secrets make me feel uncomfortable or unsafe..
- **Trust:** Being able to count on someone to help me to stay safe.
- **Trusted Adult:** A grown-up who helps me to stay safe and someone who I turn to when I have a question or need help

Discussion:

- Does Jesus always love us? (Y)
- Is Jesus always with us? (Y)
- We are always surrounded by God's love. God wants us to behave with respect for ourselves and others. (Y)
- Can anyone name one or two people you trust and helps you to stay safe?
- Be sure to speak to your parents about your trusted adult and who they may be.

Have a Plan:

- **Green Light:** Means GO AHEAD. Being kind, respectful, helping others, and caring.
- **Yellow Light:** Means Be Careful, funny feelings, upset, afraid of getting in trouble, etc.
- **Red Light:** Means STOP. Some examples are being mean, lying, hitting, fighting, etc.

Wrapping Up: There are always adults available to listen and talk. This is an example of how we can ask a trusted person for help.

- Look at the trusted person, talk to your parents about who your trusted grown-ups are
- Say to the person "I need help or I need to tell you something important. I do not feel safe."
- Tell the person what is wrong

**Thank you, God, for giving me people who care about me
and want me to be safe.**

Amen.