



The **NO**–**GO**–**TELL** Rule

I am created in God's Image



God loves me and made me special.

God never wants anyone to hurt me.

No one has the right to hurt me.
I do not have the right to hurt anyone else.

I will use the: **No–Go–Tell Rule**



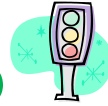
- If anyone touches my body in a way that makes me feel weird, uncomfortable, worried, or scared.
- If anyone tells me they will hurt me or someone in my family.
- If anyone asks me to keep secrets from my parents or my teacher.

The **NO**–**GO**–**TELL** Rule

NO

I will say words that mean NO!
Cut it out!
Stop it!
Quit it!
Don't do that to me!
I'll yell if you don't stop!

GO



I will get away and be safe.
I will go to a room with other people.
I will go home.
I will go get a grownup.
I will call my parents.

TELL



I will tell an adult that I trust:

- ✓ My mom or dad.
- ✓ My grandparent.
- ✓ My teacher.