



OCTOBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Walking Taco Salsa/Sour Cream/Cheese Roasted Black Bean & Corn Fruit Milk	2 French Toast Sticks Sausage Tater Tots Fruit Milk	3 Italian Hoagie Veggie Baked Lays Fruit Milk	4 Fish Sticks Mac & Cheese Steamed Peas Fruit Milk	5 Hamburger on Bun Lettuce/Tomato/Cheese Baked Beans Onion Rings Fruit Milk
8 Egg & Cheese on Mini Bun Hash Brown Fruit Milk	9 Corndog Sweet Potato Fries Fruit Milk	10 Cheesy Breadsticks w/ Marinara Sauce Side Salad Fruit Milk	11 Sloppy Joe Sandwich Steamed Carrots Baked Beans Fruit Milk	12 Stuffed Crust Pizza Veggie Fruit Milk
15 Hotdog French Fries Fruit Milk	16 Ham & Cheese Melt on Pretzel Bun Veggie Fruit Milk	17 Pepperoni & Mozzarella Grilled Cheese Sandwich Veggie Fruit Milk	18 Mini Ravioli Meatball Green Beans Fruit Milk	19 Chicken Quesadilla Corn Salsa/Sour Cream Fruit Milk
22 Chicken Sandwich Lettuce/Tomato/Cheese Veggies Fruit Milk	23 Grilled Cheese Sandwich Tomato Soup Fruit Milk	24 Pittsburgh Chicken Salad (Diced Chicken, Baked French Fries, Tomatoes, Shredded Cheese on Salad Greens) Goldfish Crackers Fruit Milk	25 Macaroni w/ Marinara Sauce Meatball Garlic Bread Stick Side Salad Fruit Milk	26 NO SCHOOL
29 Meatball Hoagie Veggie Fruit Milk	30 Mashed Potato Bowl (Popcorn Chicken, Mashed Potatoes, Gravy & Corn) Fruit Milk	31 French Toast Fingers Spooky Sausage Monster Mash Hash Brown Booberries Milk	HAVE A SAFE & HAPPY HALLOWEEN!	
				If you have any questions, please contact Robin Moline at molinesjbs@gmail.com or 412-793-0555 x248

Student Lunch is \$2.70
Staff Lunch is \$3.35

You can purchase an individual lunch or a strip of lunch tickets for \$13.50. Each strip has 5 lunch tickets. Tickets will be kept in your child's homeroom and you will receive an envelope when your child needs more. You may send in cash or check (payable to SJBS).

Alternate lunch choices:

- PB & J as main entrée
- Garden Salad as main entrée
- Yo-to-Go (includes Trix yogurt, cereal bowl, cheese stick, whole grain crackers)

Don't Forget!

Take at least ONE FRUIT or VEGGIE And at LEAST

THREE

items total so your meal counts as a complete lunch.

Menu items are subject to change.