

PRAYERFUL YOGA

Begin or expand your Prayerful Yoga experience. Each session provides an evening of meditation, movement and prayer. Cost is \$60 for 3 sessions or \$25 per session and held from 7—8:30pm in the church hall. Please submit this registration form to the Parish Center or through the collection basket with check to : Saint Paul Church, attention Aileen Kennedy, Prayerful Yoga.

NAME:

ADDRESS:

PHONE: (____) _____

CELL PHONE: (____) _____

E-MAIL ADDRESS:

Please check the following Thursday dates you will attend:

___ **Sept. 27** ___ **Oct. 25** ___ **Nov. 29**

**For more information, please call
Aileen M. Kennedy at 860.212.5753.**