

May 2019
Famicos Foundation - Hough & Glenville Neighborhood Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			2 Health Challenge Kick Off Event Langston Hughes 6p-8p	3	4	5
6 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	7 Health Challenge Walking Group Meet & Greet 1325 Ansel Road	8 Free Rain Barrel Workshop Must Register – Stone brook Montessori School @5:30pm 216-791-6476 ext. 269 Massage Therapy- Christine Dickerson 216-246-9062 Appointment only Glenville Rec Center	9 Line Dancing 11am-12pm Glenville Recreation- Darlene Oliver	10 Zumba W/Delores Gray 5:30pm Glenville Recreation Festival	11 Cooking Demo @ Glenville Rec Center 11:30am-1pm Chef Shirelle Mothers' Day Plant Sale @ Glenville Recreation Center 11am	12
13 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	14 Spring Garden Meet & Greet @ 6:00pm 1325 Ansel RSVP 216-791-6476 ext. 269	15 Massage Therapy- Christine Dickerson 216-246-9062 Appointment only Glenville Rec Center	16 Line Dancing 11am-12pm Glenville Recreation Darlene Oliver	17 Zumba W/Delores Gray 5:30pm Glenville Recreation Festival	18 Cooking Demo @ Glenville Rec Center 11:30am-1pm Chef Shirelle	19
20 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	21	22 Massage Therapy- Christine Dickerson 216-246-9062 Appointment only Glenville Rec Center	23 Line Dancing 11am-12pm Glenville Recreation Darlene Oliver	24 Zumba W/Delores Gray 5:30pm Glenville Recreation Festival	25 Cooking Demo @ Glenville Rec Center 11:30am-1pm Chef Shirelle Document Shredding 10am- 12p Glenville Rec Center	26
27 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	28	29 Massage Therapy- Christine Dickerson 216-246-9062 Appointment only Glenville Rec Center	30 Line Dancing 11am-12pm Glenville Recreation Ward 7 Food Distribution – 8555 Hough Ave 10am	31 Zumba W/Delores Gray 5:30pm Glenville Recreation Festival		

For me information, Contact Erica Burnett- Famicos Foundation 216-791-6476 ext. 243

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17 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	18	19	20 Line Dancing 11am-12pm Glenville Recreation Finale of Challenge Last day of Challenge- Langton Hughes	21	22	23
24 OSU- Extension Nutrition Education Series – 4pm 8555 Hough MUST REGISTER (see flyer)	25	26	27 Ward 7 Food Distribution 8555 Hough 10 am – 1pm	28	29	30

For more information, Contact Erica Burnett- Famicos Foundation 216-791-6476 ext. 243