WOMEN

The Fascinating Female
By: Dorothy Dohen

Elizabeth Ministry - Overview Video
This video provides an overview of Elizabeth Ministry.

Soul Sisters (Women in Scripture Speak to Women Today)
Orbis Books, 2005
Edwina Gateley

Peace Train to Beijing & Beyond
By: Beth Glick-Rieman
A thrilling adventure story told by a woman who joins a journey she believes in with her heart. She was one of over 200 women from 42 countries who rode the Peace Train from Helsinki, Finland to Beijing, China - through countries where wars rage and people suffer - to find the Hope and Promise of the UN Fourth World Conference on Women.

The Secret of the Lord
Dannah Gresh
Thomas Nelson, Inc., 2005
The author reveals the secret of the Lord, gently leading women on a journey from an “I’m so exhausted, depleted, empty” existence to a life that fills you up to the fullest. For women who want to dig deeper and reach higher, who want their souls stirred and their spirits ignited, who want to be called to something greater than the ordinary.

Dance of the Spirit: The Seven Steps of Women's Spirituality
Maria Harris
Bantam Books, 1989
Here is a gentle yet provocative book that will help women find - and use - the spiritual steps that can transform their lives. Dr. Harris teaches women how to dance to the music of their own souls - while discovering their unique and authentic female selves.

Speaking Truth to Power
Edited by Trish Hennessy and Ed Finn
Canadian Centre for Policy Alternatives, 2010
In this powerful anthology, Canadian women speak truth to power. Their essays root women's struggle for equality in its historical context and remind us that, despite the gains that have been made, the struggle is still far from being won.

Women in the Middle
By: Margot Hover
Facing mid-life challenges with faith.

MOMStories: Instant Inspiration for Mothers
By: Vickie Jennett
Mothers everywhere need to share the everyday stresses that leave them feeling frazzled. They need to celebrate the unexpected graces and blessings that fill their lives with delight.

MOMStories: Quiet Contemplations for Mothers
By: Vickie Jennett
Quiet contemplations soothe the soul and refresh the mind.

MOMStories: Minute Meditations for Mothers
By: Vickie Jennett
Mom stories combined with Scripture to provide a gentle reminder that your everyday life is holy.  

**A Prayer Companion for MOMS**  
By: Vickie Jennett  
This purse size book is for all women who recognize a dimension of their spirituality in the challenges and joys of motherhood.  

**Pleasers**  
Dr. Kevin Leman  
Revell Books2006  
A pleaser is someone who tries to keep others happy at her own expense. But what happens when keeping everyone else happy steals your own happiness - or even your health? Dr. Leman can help you break this destructive patter in your life. You can become the person who can assert herself but still keep her pleasing personality. So say good-bye to guilt and say hello to a brand-new you!  

**Beloved Daughters**  
By: Richard Leonard, SJ  
100 Years of Papal teaching on women. This book is essential reading for anyone who wants to understand what the popes have actually said about women and why they say what they do.  

**MOMS**  
- What Is It? (Video)  
- Developing A Ministry  
- Facilitator's Guide  
- A Personal Journal  

**Beyond the Image**  
National Film Board  
A guide to films about Women and Change.  

**The Wisdom of Women: Models for Faith & Action**  
NCCB  
This publication is designed to motivate diocesan offices, groups, and organizations to deepen their appreciation of the giftedness of women.  

**A God Who Looks Like Me**  
By: Patricia Lynn Reilly  
In this book, the personal memories of women of all ages and lifestyles are interwoven with the collective story of women buried in the Hebrew Scriptures and the Christian Bible. Each chapter offers a rich tapestry of poetry, ritual, story and meditation.  

**Motherhood: A Spiritual Journey**  
By: Ellyn Sanna  
A wonderful book for mothers with children of any age. The author uses stories and examples from her own life as well as from the saints and spiritual writers, deftly weaving a moving and reflective text about learning the spiritual lessons of motherhood.  

**101 Questions & Answers on Women in the New Testament**  
Judith Schubert, RSM  
Inspired by questions asked by her students over her years of teaching in the classroom the author provides accessible answers on the role of women in the New Testament and early church, and the impact this has on their role in twenty-first century Christianity.  

**Life-Cycle Celebrations for Women**  
By: Marge Sears
This book weaves a tapestry of female experience using strands of various prayer forms, rich symbols and poetic language that reflect women's emerging and transforming spirituality.  

**The Woman's Book of Courage**  
Sue Patton Thoele  
Conari Press, 1996

In this revised collection, loving reflections provide wisdom and encouragement to help overcome anxiety, gain self-esteem, and improve relationships. They may be used over and over for women in transition or recovery and those wishing to enhance personal power.  

**Don't Give It Away!**  
Iyanla Vanzant  
Simon & Schuster Inc., 1999

The author knows that a young woman's journey can be lonely and hard. She presents a workbook in which one can write her feelings and express her thoughts about the things that matter. Problems at home and at school are a natural part of every young woman's life, but understanding what to do with how you feel about your problems is the key to growing up. She shows you that the love you seek is the love that you are.  

**Motherhood in the Balance**  
By: Catherine M. Wallace

The author recounts the ordinary, often hilarious struggles of a woman trying to juggle the demands of her career with the needs of her children, and the relationship with her husband. Along the way she encounters a crazy, persistent, witty God, who helps her realize that it is not a matter of career versus kids, but a question of vocation.  

**Go in Peace**  
By: Ruthann Williams, OP

The author invites every woman to reflect on her calling as a woman and to understand and accept the gift she is as woman.
VIDEO RESOURCES

Woman: God’s Masterpiece
Understanding and Living the Feminine Genius
In this inspirational talk, Christopher West answers profound questions such as, What is the nature of woman? Why can woman rightly be called “God’s masterpiece? Building on Theology of the Body, he notes that woman’s true greatness lies in her ability to bring new life into the world. DVD#: 18W.001