BOOKS on and for YOUTH IN O.R.E.

Do I Have to Go to Church?
By: Jim Auer
Jesus Chose the Mass as the way he would remain with us, forming us into one family. Every Mass unites us with our brothers and sisters, and gives us the opportunity to come together as God’s loving children. 40.AUER

What's Your Problem? How to ask for help before it's too late
By: Jim Auer
Shame, fear and guilt often keep people's mouths shut when they really need to speak up and ask for help. This pamphlet captures how problems evolve from fairly minor to major situations that can change and sometimes harm life. Auer's practical suggestions and strong encouragement will help young readers find solutions while maintaining their self worth - no matter what "size" the problem is. 40.AUER

Teenagers Come and Pray
By: M. Ausperk
These 26 practical and pertinent school year prayer services speak to modern teens and help them find a sense of their own spirituality and responsibility as Christians amid the other demands on their lives. 40.AUSP

Growing Toward Intimacy
Bob Bartlett
The how-to book for teens on developing healthy and holy relationships. 40.BART

Canada’s Teens: Today, Yesterday and Tomorrow
Reginald W. Bibby
A new and comprehensive look at Canadian youth. 40.BIBBY

The Catholic Youth Bible
Saint Mary's Press
The first-of-its-kind, NEW Bible helps adolescents and young adults answer life's important questions, see themselves as a vital part of God's saving work in the world, make connections to Catholic beliefs and traditions, and read the Bible regularly. 40.BIBLE

Teaching Activities Manual for the Catholic Youth Bible
Saint Mary's Press
Nearly 300 activities help teachers and youth ministers use The Catholic Youth Bible as the primary text in Scripture courses or other Scripture study with you. Each activity invites young people to engage the Scriptures and gives opportunities to explore them through art, role-play, ethical dilemmas, journal entries, music and more. 40.BIBLE

Pentecost, Peanuts, Popcorn, Prayer
Barbara Black, Karen Jessie, John Paulett
The Center for Learning, 1988
A handbook for communal prayer for teenagers and young adults. Each service model includes a ready-to-duplicate handout which can be used as a program or as a take-home prayer guide.
Specific directions for the leader are provided as needed. 40.BLACK

The Way of the Cross for Teenagers
By: Therese Johnson Borchard
Pflaum, 1999
The age-old devotion to the Stations of the Cross becomes a contemporary, meaningful experience to teens when presented in today's language and within familiar settings. Relating the suffering and death of Jesus to the everyday struggles facing today's young people, *The Way of the Cross for Teenagers* is a unique resource for helping teens develop and expand their prayer life. 40.BORC

Lights for the World
Lisa-Marie Calderone-Stewart
Saint Mary's Press, 1995
This peer leadership training program has two parts. Part A includes a weekend retreat experience that provides a solid beginning in leadership skills. Part B contains ten post-retreat activities that are designed to increase and expand skills. 40.CALD

Changing Lives: Transformational Ministry and Today's Teens
Lisa-Marie Calderone-Stewart
Pflaum Publishing Group, 2004
This book offers a practical way to invite young people to be present and future Church leaders. 40.CALD

Power of Youth (Our Schools/Our Selves)
Canadian Centre for Policy Alternatives
Youth and community-led activism in Canada. 40.CCPA

Time With Jesus: Twenty Guided Meditations for Youth
By: Thomas F. Catucci
Publ: Ave Maria Press, 1993
Through the use of guided meditations, *Time with Jesus* provides an exciting and effective way to bring a powerful sense of the presence and love of god to young people. Father Catucci provides everything you will need to introduce meditative prayer to your youth from techniques that encourage relaxation beforehand, to various activities to help youth understand and apply their experience afterward. His twenty meditations, based on the life and parables of Jesus, encourage youth to see and feel the activity of God in their lives. For those who work with young people - youth ministers, religious educators, spiritual mentors. 40.CATU

Youth at Worship
Canadian Conference of Catholic Bishops
Concancan Inc., 1999
This document developed in response to a need expressed all across Canada - to offer some clear guidance for preparing liturgies with youth. This resource describes and explains basic liturgical principles and illustrates them with a series of Do's and Don'ts. 40.CCCB

Prayer Forms: 22 Prayer Forms for Classroom and Youth Group
By: The Christian Brothers
Publ: Twenty-Third Publications, 1987
The Christian Brothers have devised this collection of twenty-two approaches or formats which have been tried and tested in widespread pilot schemes. The forms, each one set out clearly in a step by step way, are: Praying the Our Father; Prayer for each other; Dramatisation of a Gospel story; Gospel story analysis; Meditation with slides; Audio-visual session; Letter to Jesus; Shared
decade of the Rosary; Praying the Word; Unstructured shared prayer; Penitential service; Meditating on Scripture; Guided Scripture meditation; Advent paraliturgy; Liturgical hour; Psalm analysis; Shared prayer and the reluctant group; Literary reflection; Directions for Oriental Prayer (1+2); Shared prayer (1+2). 40.CHRI

Planning a Youth Service Week
Lee Danesco
This is a practical guidebook for both experienced and first-time youth ministers, DREs and catechists who want to empower teens to create and carry out an extended program of Christian service. It is an invaluable companion resource to confirmation or other catechetical programs with a service component. 40.DANE

Youth Retreats: Creating Sacred Space for Young People
By: Aileen A. Doyle  Publ: Saint Mary's Press, 1986
This manual is for people who are so busy that they seldom have adequate time to plan new programs. Each program includes outlines, lists of materials needed, sample scripts and other helpful hints that provide a step-by-step guide for carrying out retreats. Designed to meet the current needs and issues of adolescents, the topics of the ten retreats are pertinent to this age-group: relationships (family, friends, God, self), values, communication, prayer, vocations, peace conscience formations, Confirmation and parent-teen relationships. Some of these sessions are planned as one-day retreats, while others are intended as overnight or weekend experiences. The approach is holistic; it is designed to integrate the spiritual, physical, emotional and psychological needs of the retreatants. 40.DOYL

Why Go To Mass
By: Greg Dues  Publ: Twenty Third Publications, 1994
This book will help teenagers and adults who work with them deal with the question. Covers eight major themes: Getting in touch with feelings - It's a tradition - Baptism - God calls us together - Learning about the Mass - Getting to know my parish church - Getting personally involved. Each theme includes a leader's page and handout sheets for teenagers. 40.DUES

Seasonal Prayer Services for Teenagers
By: Greg Dues  Publ: Twenty-Third Publications, 1991
This book supplies a variety of paraliturgies that young people will find lively, thoughtful and deeply involving. Each of the services features background notes, preparation instructions, a time for listening and a response. Will be useful to teachers, youth ministers, catechists, pastors, parents, principles and DREs - anyone who works with young people from junior high age upwards. 39.DUES (Prayer)

Lift Up Your Hearts: Rediscovering the Mass and the Celebrations of Our Faith
By: Alex Duketow  Treasurers of the Church Press, 2008
The devotionals in this book can help you go to Mass ready to give God the honour He is due to receive the special graces which you and your loved ones need most. 40.DUKE

Access Guides to Youth Ministry: Evangelization
By: Reynolds R. Ekstrom and John Roberto  Publ: Don Bosco Multimedia, 1989
Solid foundations and creative approaches for evangelization with youth that can provide
direction for a Catholic style of evangelizing youth.  40.EKST

**Access Guides to Youth Ministry: Retreats**
**By:** Reynolds R. Ekstrom  
**Publ:** Don Bosco Multimedia, 1991

This book is meant to help you probe the roots of retreat ministry for adolescents, the important, central place such retreats have held in the recent renewal of faith-formation ministries for youth, the best strategies and approaches developed for such retreats, and insights on how you can initiate or renew various aspects of a retreat ministry with adolescents in your own parish, school or regional area.  40.EKST

**THE CHASTITY PROJECT Set of CD’s**

**How to Save Your Marriage - Before Meeting Your Spouse** – Jason Evert  
Marriage preparation doesn’t start with the engagement. To build the foundation for lasting love, learn what to do before saying ‘I do.”

**Love or Lust?**  Jason & Crystalina Evert  
Scare tactics, guilt trips and teen pregnancy rates don’t inspire anyone to love. Discover the difference between love and lust while getting straight answers about dating, relationships and sexual purity.

**Pure Fatherhood**  Devin Schadt  
Dads are the link between heaven and earth, between children and their heavenly father. Learn from St. Joseph how to become a father on earth like the father in heaven.

**Women Made New**  Crystalina Evert  
It doesn’t matter what you’ve done or where you’ve been. All that matters now is where you go from here.

**Help! I'm a Volunteer Youth Worker**
**By:** Doug Fields  
**Publ:** Youth Specialties, 1992

Whether you’re an old hand at youth work or you've just signed on, this book gives you the basics for successfully reaching teenagers. These fifty, bite-sized suggestions are easy to remember and put into practice.  40.FIEL

**What Can I Be?**
**By:** John Flanagan  
**Liguori,** 1995

A workbook that combines role-playing, rhyme, storytelling, prayer and group discussions to help adolescents discover how they become a better person.  40.FLAN

**Youth Mentoring: Sharing Your Gifts with the Future**
**By:** Patricia L. Fry  
**Liguori Publications,** 2004

Filled with encouragement, ideas, real-life vignettes and resources that will help you become a mentor - a friend and a model of Christian virtue for today's troubled youth to emulate.  40.FRY

**Families Change**

Steve and Sue Givens  
Like it or not, change is a fact of life. Changes in our family can cause hurt feelings, anger, and confusion. These feelings are normal, but we must always remember that our family – and God – still love us very much.  40.GIVEN
Making & Keeping Good Friends
Steve and Sue Givens
As you grow into your teenage years, you begin to develop relationships with people outside of your family. Taken from a pre-teen’s perspective, this booklet presents the value of friendship and discusses how to make friends, be a good friend, and manage friendships. 40.GIVEN

When the World Makes Me Scared
Steve and Sue Givens
News of disasters, calamities, and the uncertainty of the world are brought right into your family room by television, radio and the internet. The impact can be overwhelming for children. This pamphlet shows kids how to place their faith and hope in a loving God who cares for them even when bad things happen. 40.GIVEN

Leading Students Into Prayer: Ideas & Suggestions from A to Z
By: Mary Kathleen Glavich, SND Publ: Twenty-Third Publications, 1993
In each of the 26 chapters, an aspect of prayer or a type of prayer is discussed simply and clearly. Following this brief presentation is a list of creative, practical activities to teach that aspect or type of prayer. Glavich offers quotations, stories, jokes and numerous other ways to teach prayer. Practical, easy to re-create activities are offered for introducing various types of prayer, as well as for enhancing students' understanding of the many aspects of prayer. 40.GLAV

Acting out the Miracles and Parables: 52 Five-Minute Plays for Education & Worship
By: Sr. Mary Kathleen Glavich, SND Publ: Twenty-Third Publications, 1988
A quick glance through the expanded table of contents shows you the variety and richness of this resource. You can use the listings to correspond with religion class text. The thematic index guides you right to the particular lesson or quality of Jesus you want to emphasize in your teaching or preaching. The worship reference guide in this practical volume directs all 52 plays to pertinent Sundays of the church year (Cycles A, B, C). Local church leaders will also appreciate the orientation to miracles, parables and sacred scripture that this volume gives to adults working with children. 40.GLAV

Family Ideas for ministry with young teens
By: Carole Goodwin Saint Mary's Press, 2000
A collection of twenty-two strategies that focus on family life and parent-teen relationships. The collection includes ideas for prayer, service, communication, sharing faith, and having fun. The ideas are grouped into three categories: strategies for gatherings of families, strategies for individual families to do at home, and strategies for young teens in peer-group settings. 40.GOOD

Prayer Ideas for Ministry with Young Teens
By: Joseph Grant Publ: Saint Mary's Press, 2000
A collection of twenty prayer services and strategies to help young adolescents communicate with God in a way that respects their physical and emotional development and their unique spirituality. Ideas for active and reflective prayer, short/long prayer, self-focussed prayer, challenging prayer. 40.GRANT
**Ministering to Young Adults: A Resource Manual**  
By: Carol Gura  
Publ: Saint Mary's Press, 1987  
Ministering to Young Adults provides all the ingredients needed for a comprehensive young adult ministry program.  

**Pathways to Praying with Teens**  
Maryann Hakowski  
Saint Mary's Press, 1993  
The author has gathered her creative ideas and strategies for praying with teens in this book. Each chapter features a prayer form that can be used to enhance young people's experience of prayer. For each specific prayer form, she offers an overview for situating the prayer form, guidelines for using it, prayer starters, and a complete prayer service.  

**Hands-on-Ideas for Ministry with Young Teens**  
By: M. Hakowski  
Saint Mary's Press, 2001  
A collection of thirty-eight strategies for tapping into the tactile and intellectual creativity of young adolescents as a way of helping them learn about and grow in faith and spirituality. The strategies are organized into three sections. The first section contains activities for personal reflection, self-disclosure, and affirmation. The second section includes a variety of active strategies for learning and reviewing material. The third section is a collection of ideas for prayer and reflection that engage young teens at many different levels.  

**ALTARATION: The Mystery of the Mass Revealed**  
This set addresses head-on one of the biggest problems we all face: How do we get Catholic teens to appreciate the awesome beauty and mystery of the Mass…and look forward to attending and participating? Through a unique learning experience, including powerful cinematography and workbook resources, teens will come to see the Mass and the priesthood in a dramatically new way. This series is designed to stir thought, create conversation, dispel myths and inspire young souls to a deep and lasting last love for the Mass.  

**The Teen Timeline**  
Presented by Mark Hart, T3 is the foundational teen Bible study based on the popular *Great Adventure Bible Timeline* seminar. It unpacks God’s Word in a manner teens can relate to by showing them the ‘big picture’ of salvation history, and it gives them an overview of Scripture – and then shows them how it applies to their everyday lives.  

**Encounter**  
This is more than a Bible study program. It is a life-changing experience that speaks directly to the hearts and minds of middle-school-aged kids. Designed specifically for sixth to eighth graders, *Encounter* uses the color-coded Bible timeline learning system to reveal the story of our Faith and God’s plan for our lives.  

**Help! I'm a Sunday School Teacher**  
By: Ray Johnston  
Youth Specialties, Inc. 1995  
50 creative thoughts, tips and ideas to make Sunday School come alive. Funny, yet extremely practical, offers empathy and understanding.  

**Youth Ministry and Parents**
Leif Kehrwald  
Saint Mary's Press, 2004
Straight-forward, research-based answers to questions like these and more: How can I connect with parents of teens? How do I get more parents involved in our youth ministry program? How do parents impact the faith growth of teens today? Also provides insights from youth ministers in the field and practical, concrete ways to improve your youth ministry programming.  
40.KEHR

Total Youth Ministry: Ministry Resources for Pastoral Care  
Marilyn Kielbasa  
Saint Mary's Press, 2004
At the heart of this resource are twelve sessions designed to equip young people with the tools needed to celebrate their holy goodness and navigate some of life's difficult issues. The topics of the sessions include recognizing the goodness in oneself and others, building and maintaining relationships, dealing with tough times and preparing for the future. The last session of the manual includes a compilation of strategies for doing the ongoing work of pastoral care.  
40.KIEL

Your Questions God’s Answers  
Peter Kreeft
The author uses Scripture to provide God’s profound answers to the most common and important questions young people ask about the deeper meaning of life, their own identity, overcoming failure and temptation, the mystery of God’s love, and much more.  
40.KREE

Gather Faithfully: Inviting teens into liturgical ministries  
By: Laure L. Krupp  
Saint Mary's Press, 2006
A resource that trains high school youth in six liturgical ministries: Ministry of Reader; Extraordinary Minister of Holy Communion; Ministry of Alter Server; Ministry of Hospitality; Ministry of Sacristan; Ministry of Cantor. Each ministry training segment spans three sessions and includes more than the “how-tos” of liturgical ministry. They are designed to form young people into servants who are committed to Jesus Christ, to the Eucharistic Liturgy, and to the Church. Leader's Guide. Participant Guide.  
40.KRUPP

High Schools Ministry from A to Z  
Brad Lewis  
Novalis, 2008
Filled with energy, practical ideas, inspiration and passion for both new and seasoned campus ministers. The book also offers school and board administration, clergy and high school staff keen insights into how this important minis-try can connect to their classroom, office and role within the school.  
40.LEWIS

The Best Interactive Video & Leader’s Manual – Life-Teen  
As a Eucharist-centered movement within the Roman Catholic Church, Life Teen leads teenagers and their families into a deeper relationship with Jesus Christ and His Church. With the Blessed Virgin Mary as our intercessor and guide, Life Teen seeks to unleash the fullness of the Sacramental power present within the young Church.  
40.LIFE

More Great Fundraising Ideas for Youth Groups
By:  David & Kathy Lynn  
Youth Specialties, Inc. 1996

Need money? Here are 150 creative ways to raise it - from entertaining (and tactful) ways to ask people to give, to profitable pledge-a-thons, sales, desserts (lucrative as well as luscious), homegrown sports events, and more. The authors (who have conducted more fundraisers than they can shake a fruitcake at) also explain a dozen pointers that spell the difference between losing and making money, between offending and delighting potential donors, and between ethical and unethical fundraising. **40.LYNN**

**Talksheets High School: 50 creative discussions for high school youth groups**

By:  David Lynn  
Publ:  Zondervan Publishing House, 1987

This book provides everything you need for 50 great discussions, including step-by-step instructions for each session and ideas for further discussion and learning. **40.LYNN**

**The Soul of Adolescence**

Patricia Lyons

The author explores and explains the world of teenagers and the soul. **40.LYONS**

**Making Moral Choices**

By:  Mark Miller, C.Ss.R.  
Twenty-Third Publications, 1997

A brief but cogent summary in plain language of how people make moral decisions. Using examples from daily living, Mark discusses what morality is, what conscience is, the myriad influences on our decisions, what goes into decision making, and how morality relates to civil law, to society's norms and customs and to religious faith. **40.MILL**

**Retreats for Teens: Planning Strategies and Teen-Tested Models**

By:  Debbie Olla  
Publ:  Hi-Time Pflaum, 2001

Easy-to-follow strategies, ready-to-use retreat models include theme, objectives, Scripture focus, materials (as needed), schedule, activities, presentations, and prayer experiences. The book's appendix provides sample letters for parents and participants and reproducible forms and handouts to save time. **40.OLLA**

**Converting the Baptized: A Survival Manual for Parents, Teachers and Pastors**

By:  William J. O'Malley, S.J.  
Publ:  Tabor Publishing, 1990

Based on the premise that, with a few rare exceptions, the young people in our schools, churches and homes have been baptized but have not yet been converted. The result of over twenty years of teaching religious education, the book deals with the skepticism of today's young people. But unlike other books, this one treats their doubts as a healthy sign that youngsters are hungry for more convincing answers than those that satisfied them as children. This book reveals ways for pastors, teachers and parents to provide the answers young people are looking for. **40.OMAL**

**Soul Searching the Millennial Generation: Strategies for Youth Workers**

L. David Overholt & James Penner  
Stoddart Publishing, 2002

In this book, veteran youth workers Overholt & Penner soul-search this fascinating generation, helping adults understand how to create programs that fit these teens' needs and aspirations. They point out that developing good youth programs can be a major challenge, for the youth world is quite different from the adult world. At the same time, youth work can be refreshingly simple: amazing growth begins to happen when adults treat young people as their equals and love them.
Growing Up to God
A Guide for Teenagers on the Sacrament of Reconciliation
By: Sister Mary Loretta Pastva, S.N.D. Society of St. Paul, 1983
Here is an effective explanation of the sacrament of reconciliation designed to inspire as well as to inform the adolescent about the sacrament. Stressing the continual need to strive for personal wholeness through a deeper relationship with God as one matures, it aims to bring the sacramental instruction received in childhood to the normal development required for adult Christian discernment and spirituality.

If There Is A God, Why Do I Need Braces?
By: James Penrice Society of St. Paul, 1995
Little children learn about God in very simple terms, but when they reach adolescence, the simple answers of childhood often fail them. This is the age when young people begin to ask serious questions and to look for answers that make sense to them in a world which tempts them with so many seductive alternatives. God, religion, love, friendship, heaven, hell and eternity are just a few of the many things which pique their curiosity and about which they seek relevant responses. The author not only explains these and other tenets of mature faith, he shares his own journey from simple answers to cynical questions to conversion and faith.

Help! I'm a Small Group Leader
By: Laurie Polich Publ: Youth Specialties, 1998
Your small group can accomplish big things in the lives of your teenagers. And in this book you'll find methods and approaches you can use. Foibles and minefields to avoid. Solutions and tips that will help you nurture your small group into a growing community, whatever your goals.

Saints for Young Christians
By: David Previtali Society of St. Paul, 1996
Eighty-three fascinating stories relating the lives and experiences of nearly one hundred saints are gold here in an entertaining, catechetical fashion. Each emphasized the way in which that particular saint lived the Good News of Jesus in his or her own life. The order of the book follows that of the feastdays of each saint as listed in the Roman calendar, and there is an alphabetical index of names to make it easier to locate the pages regarding any specific saint. The author has taken pains to ensure that the saints are presented in a very real, down-to-earth manner which is both educative and inspiring for people of all ages in the twenty-first century.

Being a Girl Who Loves: Learning to love like Jesus
Shannon K. Primicerio
What do you love? Is it pizza or downloadable ring tones? What about your family or best friends? Do you love God? We were designed to selflessly love and be loved, yet we’ve made it into something other than what God created it to be. Love is about self-sacrifice and nurture, giving and taking, needing and being needed. When we stop thinking about ourselves and start thinking about how others feel, we’ll be able to figure out what we can do for them. Show the world that you are a Christian by loving as Jesus loves.


Activities for Teens: 77 Ways to Build Catholic Identity
By: Ruth Puls
Pflaum Publishing, 2002
Here are 77 ways to get the attention of youth - junior high through high school. Activities follow a leader-friendly format that makes them easy to use. 40.PULS

Creative Resources for Youth Ministry:
Creative Projects and Worship Experiences
By: Wayne Rice, John Roberto and Mike Yaconelli
Publ: Saint Mary's Press, 1981
Provides a collection of 80 different approaches to Christian service, prayer groups, retreats and sacramental experiences.

Creative Resources for Youth Ministry
Creative Communications and Community Building
Creative Learning Experience
Creative Gaming 1, 2, 3
By: Wayne Rice, John Roberto, Mike Yaconelli
Publ: Saint Mary's Press, 1982
This book provides some 200 crowd breakers intended to encourage group interaction through enjoyable and non-threatening activities. 40.RICE

Access Guides to Youth Ministry: Justice
By: Edited by John Roberto
Publ: Don Bosco Multimedia, 1990
Guiding young people in developing a Christian social consciousness and a commitment to a life of justice and peace through education programs and service/action involvement; infusing the concepts of justice and peace into all youth ministry relationships and programming. 40.ROBE

10 Best Gifts for Your Teen
By: Patt & Steve Saso
Raising teens with love and understanding is perhaps more challenging today than ever. While adolescence can sometimes be as frightening and challenging for parents as it is for their children, a strong parent-teen relationship can be both influential and rewarding. 40.SASO

Gospel Scenes for Teens: 32 Guided Prayer Meditations
By: M. Valerie Schneider, SND
Twenty Third Publications, 2000
This book provides wonderful, imaginative opportunities for you and your teens to remember that your name is “Christian” and our home is in God. Prayer enables us all to remember we belong to the Lord. These creative, down-to-earth meditations build on the appeal that Scripture has for teenagers, who want to feel close to others and to their God. These prayer-form invites students to actually become part of the gospel scene. Each guided meditation is accompanied by a tone-setter, an introduction, the Scripture passage, and a closing prayer-activity, all of which can be used in a variety of combinations depending on your needs and situation. 40.SCHN

Reaching Teens through film and music
By: Michael Scully, OFM. Cap.
Publ: Hi-Time Pflaum, 2000
Connection Scripture, Christian themes and the Catechism of the Catholic Church with contemporary movies and music makes religion classes, parish youth programs and youth
ministry gatherings appealing, fun, and educational for teens and young adults. For each film there are from three to five lessons. The easy-to-follow format provides the start and stop points for each film, gives scriptural and catechetical basis for the lesson and offers insightful questions to guide discussion. 40.SCUL

**Acting It Out Junior**  
By: Joan Sturkie, Marsh Cassady, PhD  
These short dramas can open up avenues for self-discovery and prepare young people to make decisions about their lives. After role-playing a drama, use the discussion questions to help your students explore their reactions and feelings about the topic. 40.STUR

**A Young Person's Book of Catholic Signs and Symbols**  
By: Francis Tiso  
Publ: Doubleday & Company, Inc., 1982  
This book clearly explains all the essential expressions of our Christian faith and worship, those things or places that symbolize the presence and activity of God in our everyday life. This is a most useful and instructive text for students, teachers and parents. 40.TISO

**Seasonal Retreats and Prayer Services for Young Adolescents**  
Jenni Vankat  
Saint Mary's Press, 2007  
This book offers a fully designed retreat and prayer service for four seasons of the liturgical year:  
Advent: full day retreat, 20-30 minute prayer service; Lent: full-day retreat, 35-45 minutes prayer service; Easter: overnight retreat, 30-40 minutes prayer service; Ordinary Time: half-day retreat, 15-20 minutes prayer service. 40.VANK

**Instant Programs for Youth Groups 1: Self-Image/Pressures/Living as a Christian**  
By: Editors of Group Publishing  
Publ: Group Books, 1988  
Each meeting plan gives you everything you need for a dynamic program. Get step-by-step instructions for what to do and how to do it. Plus ready-to-copy charts and quality handouts to involve and interest your kids. 40.VARI

**Instant Programs for Youth Groups 2: Me and God/Responsibility/Emotions**  
By: Editors of Group Publishing  
Publ: Group Books, 1988  
A gold mine of ready-to-use meeting ideas for youth group. You get 17 dynamic programs on tried-and-tested topics such as Me and God; Responsibility; Emotions. Plus 7 more terrific meeting ideas to challenge your group members to grow as Christians. 40.VARI

**Instant Programs for Youth Groups 3: Friends/Parents/Dating and Sex**  
By: Editors of Group Publishing  
Publ: Group Books, 1988  
Meeting preparation is a snap with these practical program ideas. You get everything you need for 18 winning programs - from complete meeting outlines to ready-to-copy handouts. Choose important topics about Friends, Parents, Dating and Sex. Create meetings that are lively, meaningful and fun. 40.VARI

**Confirmed as children, Affirmed as Teens**  
If you have restored the order of initiation in your diocese or parish – placing confirmation after baptism, before first communion or between the two at a single celebration – then how do you celebrate sacramentally the events of youth? How do you ritualize a time of passage for a young
man or young woman? The authors address these hard questions and more, catechetically, ecumenically, liturgically and pastorally.

Theology of the Body for Teens: Discovering God's Plan for Love and Life
Jason & Crystalina Evert, Brian Butler
Ascension Press, 2006
- Leader's Guide
- Student Workbook
- Parent’s Guide
- 4 set DVD

Everyday your students are thinking about their sexuality as they are searching for meaning in their lives. Young people today need a curriculum that helps them understand the significance of their sexuality and the purpose of their lives. This is the program you've been waiting for. Pope John Paul II's revolutionary Theology of the Body is changing lives around the world through its positive portrayal of our sexuality as a good and essential part of love and life. Theology of the Body for Teens brings this exciting teaching into a practical format of twelve lessons that teenagers will enjoy and understand. This program takes the two hottest topics on the planet - God and sex - and "marries" them through Pope John Paul II's compelling vision for love and life.

Prove It! God
By: Amy Welborn
Our Sunday Visitor, Inc., 2000
Answers the real questions you have about God, the Catholic Church, other religions, evolution, good and evil and a whole lot of other things you never hear about in religion classes, Sunday sermons, or from your parents.

WWJD? Youth Leader's Kit
Publ: Youth Specialties
Give your students the chance to embark on a 30-day spiritual challenge to deepen their faith, to help them dig into the Scriptures, and actually put their faith in action - with a question that will fuel your kids during their 30 days. This Kit is a complete, ready-to-use, powerful curriculum with everything you need to guide your junior and senior high students through a 30-day faith-deepening spiritual challenge that dares kids to put their Christian beliefs into action.

WWJD?: THE NEXT LEVEL
Publ: Youth Specialties
With this Kit, you can help your junior and senior highers see the apostles - and themselves - in a whole new light. Kit includes: Student Journals, Leader's Guide, Music CD.

YOUCAT Youth Prayer Book
Everyday object lessons for youth groups
Here are no-prep and low-prep object lessons for devotionals, Sunday school lessons, talks at camps and retreats – even for sermons.

The Ideas Library: Administration, Publicity & Fundraising
By: Youth Specialties
Camps, Retreats, Missions & Service Ideas
Creative Meetings, Bible Lessons & Worship Ideas
Crowd Breakers & Mixers
Discussion & Lesson Starters
Discussion & Lesson Starters 2
Drama, Skits & Sketches
Drama, Skits & Sketches 2
Games
Holiday Ideas
Special Events

**DiscipleWays**
*By:* Center for Ministry Development
A resource that notarize both an understanding of the Catholic faith and an experience of living the Catholic faith. The content is developed around the key themes of the Catechism of the Catholic Church. It is organized in a month programming model utilizing the liturgical and calendar year. There are parent-youth workshops and family connectors to support faith formation in the home. (High school age)

**FaithWays**
*By:* Centre for Ministry Development
The goal of FaithWays is to access the wealth and diversity of resources within the parish so as to provide a meaningful and effective faith formation program for young adolescents which engages their energy, imagination, curiosity, compassion and playful spirit in an exploration of the Catholic faith. Each FaithWays program, activity and event is fully designed to include detailed information regarding advance preparation, leadership roles, materials needed, reproducible leader and participant handouts, specific instructions for facilitating each part of the program. (Young adolescents 10-15)

**YouthWorks**
*By:* Canadian Ministry Support Services
A youth ministry program library full of resources to help design a comprehensive youth ministry program and activities that will enable functioning for the better part of a year. (High school age)
VIDEOS IN O.R.E.

THESE VIDEOS ARE IN VHS FORM:

UNDERSTANDING THE CATECHISM:
   CREED
   MORALITY
   PRAYER
On these videos, you will see young Catholics from around the world candidly sharing their faith experiences, thus bringing the content of the faith to life. There are eight short segments on each video that assist students in discussing topics contained in the Understanding the Catechism workbook of the same title. Using the workbook along with the video will ensure that students come face to face with the time-honoured wisdom of our tradition as found in the Catechism of the Catholic Church. They encounter the universal nature of Catholicism as it is lived and loved by their peers. LENGTH: 35 min. VHS#: 11.715-718

DON KIMBALL & FRIENDS: PRAYER
Would you stick with a friend who talks all the time (mostly to ask for something) and never listens? God sticks with friends like that. This program lets young people share their ideas on talking to God and on listening to God. The teenagers explore the importance of prayer for them, and they come to some surprising conclusions. GUIDE. LENGTH: 30 min. VID#: 29.701

DON KIMBALL & FRIENDS: FRIENDS
Friends (or the lack of them) are very important for young people. In this program, teenagers tell how they choose friends -- what qualities they look for in friends. They discuss secrets and trust, the need for similar values, communication, and the pain of friendships that end. The teenagers also talk about how to keep good friends. GUIDE. LENGTH: 30 min. VID#: 29.702

DON KIMBALL & FRIENDS: PARENTS
"How would you change your parents?"... gets the discussion off with a bang. By telling how they would change their parents, the teens reveal much about themselves. "How would your parents change you?"... reveals even more. This program helps young people talk about some of the most sensitive issues in their lives. GUIDE. LENGTH: 30 min. VID#: 29.703

DON KIMBALL & FRIENDS: PARTIES
Don Kimball invites an audience and panel of teenagers to talk about issues surrounding parties. In this program, the young people face head-on the problems of partying. They show a willingness to learn how to party properly. GUIDE. LENGTH: 30 min. VID#: 29.704

YOUTH MINISTRY ALIVE: IT CAN HAPPEN IN YOUR CHURCH
Two of the Church's most experienced leaders in youth ministry can help you and your team start
a youth ministry program or strengthen your existing program. This highly effective "how-to" program, which has produced outstanding results in the dioceses all over the country, is chock full of ideas, tips, suggestions, and plans. Six segments include:

1) What is Youth Ministry?
2) Who Are Young People?
3) How Do You Plan a Youth Ministry?
4) How Do You Develop Leaders for Youth Ministry?
5) How Do You Design Programs?
6) How Do You Put it All Together?

GUIDE. LENGTH: Six 30-min. segments VID#: 29.705-29.706

CHOOSE LIFE, CHOOSE LOVE: SEX AND THE CATHOLIC TEEN

Recognized as an authority in the area of human sexuality, Sr. Kieran Sawyer talks candidly about the need for young people to become skilled in making decisions about sex. Two segments for catechist show how to help teens develop a strong Catholic value system. Six segments for teens address the vital issues of love, infatuation, contraception, abortion, homosexuality, and more. Two 45-min. in-service segments; six 20-min. segments for teens. GUIDE. LENGTH: 3½ hrs. (total) VID#: 29.707-29.708

CONFIRMING THE FAITH OF ADOLESCENTS

Segments of this program contain 30 minutes of videotaped material and directions for group process that will last approximately an additional 60 minutes. Sessions guide Confirmation candidates in activities that include listening, thought, dialogue, and prayer. The final three sessions offer practical ideas for involving participants in a vital and effective Confirmation program. Sessions include:

1) Goals of the Confirmation Program
2) The Theological Problem of Confirmation
3) The How To's of Confirmation Preparation
4) Accept for Yourself the Gift of Faith
5) Confirmation into Eucharist
6) Sealed in the Holy Spirit

GUIDE. LENGTH: Six 30 min. segments VID#: 29.709-29.710

SHINE LIKE THE SUN

SPEAKER: Youth Sub Committee, Archdiocese of Toronto (1992)
This video celebrating the 150th anniversary of the Archdiocese of Toronto, is intended to help our young people examine, discuss, reflect upon, deepen and celebrate their faith as they grow to adulthood on the threshold of the 21st century. GUIDE. LENGTH: 12 min. VID#: 29.713

YOUTH LEADERSHIP DAY

PUBLISHED: Archdiocese of Kingston (1991)
Recording of activities of Youth Leadership Day on March 2, 1991. VID#: 29.714

BRIDGING THE GAP BETWEEN PARENTS & TEENS: SERIES I

This first set of three videos in a series of nine tapes which address the themes that are vital to effective communication between adults and young people. In this series called *Talking and Listening With Teens*, segments include:

1) Keep the Lines Open (17 min.)
2) Listening is Caring (14 min.)
3) Everyday Hassles (18 min.)

**GUIDE. LENGTH:** 49 min.  **VID#:** 29.715

**BRIDGING THE GAP BETWEEN PARENTS & TEENS: SERIES II**

**SPEAKER:** Rev. Don Kimball, Anna Scally, Michael Raffio  
**PUBLISHED:** Tabor Publishing (1990)

The second set of three videos in a series of nine tapes which address the themes that are vital to effective communication between adults and young people. In this series called *Getting Along with Teens and Their Friends*, segments include:

1) Choices and Consequences (14 min.)
2) A Friend, Not a Judge (14 min.)
3) Can We Talk? (17 min.)

**GUIDE. LENGTH:** 45 min.  **VID#:** 29.716

**BRIDGING THE GAP BETWEEN PARENTS & TEENS: SERIES III**

**SPEAKER:** Rev. Don Kimball, Ann Scally, Michael Raffio  
**PUBLISHED:** Tabor Publishing (1990)

The third set of three videos in a series of nine tapes which address the themes that are vital to effective communication between adults and young people. In this series called *Sharing Faith with Teens*, segments include:

1) Loving is Also Holy (10 min.)
2) Faith Sharing Takes Courage (12 min.)
3) Come to the Party! (20 min.)

**GUIDE. LENGTH:** 42 min.  **VID#:** 29.717

**YOUTH CONGRESS IN ROME**

**PUBLISHED:** Rogers Community 10 (1992)

Broadcast live via satellite from Rome on June 12/92, this event was put on by "The Young for Unity" of the Focolare Movement, an international organization working towards the building of a more united world. The Super Congress contributed towards the building of a united world through:

1) an opening keynote address from Chiara Lubich, who since the beginning of the movement has been committed to achieving this ideal of unity involving people from different nations, of every age, category, language, race and creed;
2) experiences lived from young people from all over the world -- from many different social and cultural backgrounds;
3) music and choreography expressing the cultural riches typical of different homelands and the ideal of unity that animates these young people.

**GUIDE. LENGTH:** 3 hrs. (total)  **VID#:** 29.718-29.719

**HALF A MILLION STRONG**

**SPEAKER:** Paul Lauer  
**PUBLISHED:** Veritas Communications/CCC of America (1990)

A presentation of the August 20, 1989 discourse of Pope John Paul II at Santiago, Spain, on Love, Faith & Vocation.  **GUIDE. LENGTH:** 33 min.  **VID#:** 29.720
ALL TOGETHER
PRODUCER: Archdiocese of Chicago
PUBLISHED: Sheed & Ward (1991)
Youth Ministry in the Archdiocese of Chicago. LENGTH: 15 min. VID#: 29.721

CHALLENGING YOUNG PEOPLE TO THINK
SPEAKER: William J. O'Malley, S.J.
In this video presentation Fr. O'Malley shares with us his twenty-eight years of experience as an educator challenging young people to think. In each of the three 20-min. segments, Fr. O'Malley challenges us to critically think about whether or not we are truly educating our young people:
1) How To Get a Diploma Without an Education
2) Thinking Isn't Just Having Ideas
3) Searchers Not Memorizers GUIDE. LENGTH: 1 hr. (total) VID#: 29.722

INTERNALIZING THE FAITH
SPEAKER: William J. O'Malley, S.J.
In this video presentation Fr. O'Malley shares with us his twenty-eight years of experience teaching your people and adults. In each of the three segments Fr. O'Malley challenges us to rethink our own understanding of faith and what it is we are passing on or not passing on to our Catholic youth today. Segments include:
1) What Is Faith? (17 min.)
2) What Is Bottom-Line Christianity? (20 min.)
3) Theology / Belief / Religion (17 min.) GUIDE. LENGTH: 1 hr. VID#: 29.723

IF YOU LOVE ME, SHOW ME
PUBLISHED: Family of the Americas - Sincro Communications (1991)
An animated, fast-paced story about convictions and the courage to stand by them. Its fresh, realistic approach challenges teens to see sexuality in its natural context of love and life, and sets them on the road to success and happiness in all their relationships. This is a great resource for young teenagers, parents and educators. GUIDE. LENGTH: 37 min. VID#: 29.724

WORLD YOUTH DAY 1993
PUBLISHED: Catholic Communication Campaign (1993)
Brief promotional video for the World Youth Day '93 being hosted in Denver, Colorado. Segments include: Where are you going?; Getting to Denver; Denver Celebrations. Includes vague agenda for the gathering, and reflections from participants of past World Youth Days. LENGTH: 5 min. VID#: 29.725

YOUR CREATED GOODNESS
SPEAKER: Brian Cavanaugh
PUBLISHED: Paulist Press (1994)
Fr. Cavanaugh brings the teenage viewer to believe in him or herself by telling entertaining stories (visualized here by actors) of finding goodness within. The basic message is that one's own treasure, fortune, wealth and riches are already within and can be discovered in the struggles and possibilities of teenage life. LENGTH: 15 min. VID#: 29.727

THE BEATITUDES (FOR MIDDLE SCHOOL)
SPEAKER: Gaynell Cronin
PUBLISHED: Paulist Press
In this lively video, Gaynell Cronin, renowned religious educator, examines each of the
beatiudes in detail and how they are evident in the lives of middle school children. As the
viewers see the meaning of the Beatitudes lived out in scenes from the typical experiences of
middle school kids, they will realize that the Beatitudes offer a different vision of the world than
they receive from their culture and from television, but a vision which can really lead to
happiness. LENGTH: 20 min. VID#: 29.728

THE TEN COMMANDMENTS (FOR MIDDLE SCHOOL)
SPEAKER: Gaynell Cronin PUBLISHED: Paulist Press
This video conveys the importance of the commandments for all of us today, and examines each
of the commandments in the context of a child's life. In a clear teaching technique, the viewer is
shown that responding to a particular commandment means saying "no" to something and "yes"
to something else. By viewing this program, the child will learn the Ten Commandments and
how they can be guides for life. LENGTH: 20 min. VID#: 29.729

GET USED TO ME PUBLISHED: Paulist Press
A poignant story of a shy, plain-looking girl's struggle to accept herself and affirm her own
worth. She faces a difficult dilemma: whether to assert herself as she is, or change her
personality to fit other people's expectations. Level: Elementary/Jr. High. LENGTH: 16 min.
VID#: 29.730

JAZZ BAND BLUES PUBLISHED: Twenty-Third Publications (1994)
"Doing the Right Thing: Values for Young People" Series. This series for adolescents presents
real-life situations with moral dilemmas that involve bullying, vandalism and stealing. Why do
teenagers in each of the stories commit these various offences? How will they deal with the
consequences of their actions? At the end of each presentation, the situation is reviewed, and
questions for group discussion given. Theme: Bob wants to attract Cindy's attention during band
practice. So while the band is rehearsing the "same old piece," Bob thinks about the practical
joke he will pull during break time. He's sure he will get big laughs and high praise for his
cleverness, and he's sure Cindy will notice him. LENGTH: 10 min. VID#: 29.731

ROCK TICKET TROUBLE PUBLISHED: Twenty-Third Publications (1994)
"Doing the Right Thing: Values for Young People" Series. This series for adolescents presents
real-life situations with moral dilemmas that involve bullying, vandalism and stealing. Why do
teenagers in each of the stories commit these various offences? How will they deal with the
consequences of their actions? At the end of each presentation, the situation is reviewed, and
questions for group discussion given. Theme: Joey has been invited by his friend Bob to go to a
big rock concert. But Joey has a science paper due that he hasn't even started. He can't go to the
concert unless the paper is completed. As he begins work in the library, he sees a research paper
that someone has left behind. LENGTH: 9 min. VID#: 29.732

SWIM TEAM'S SPLASH PUBLISHED: Twenty-Third Publications (1994)
"Doing the Right Thing: Values for Young People" Series. This series for adolescents presents
real-life situations with moral dilemmas that involve bullying, vandalism and stealing. Why do
teenagers in each of the stories commit these various offences? How will they deal with the
consequences of their actions? At the end of each presentation, the situation is reviewed, and
questions for group discussion given. Theme: Julie's the new girl on the swim team, and the
butterfly is her best stroke. But it's also Meg's best stroke, and Meg isn't about to let anyone take
that distinction away from her. She's determined to let Julie know who's the star of the swim team by bullying her. This works as long as the other girls co-operate. **LENGTH:** 9 min. **VID#:** 29.733

**CHASTITY: THE WAY TO MAXIMUM SEX**  
Bev Hadland shares her Christian testimony with 1800 teens & challenges them to Chastity. 
**LENGTH:** 58 min. **VID#:** 29.734

**CHASTITY: A QUESTION OF CHOICE**  
Bev Hadland travels across the Country talking to Teens about their sexual choices! **LENGTH:** 29 min. **VID#:** 29.735

**HANG ON TO YOUR HORMONES**  
Bev Hadland speaks on chastity and secondary virginity as a positive alternative to the sex related problems of the 90's. **LENGTH:** 55 min. **VID#:** 29.736

**BACK ALLEY BUDDIES**  
*PUBLISHED:* Twenty-Third Publications, 1997  
Matt is very excited about starting high school. He wants to do everything - football, drama, school newspaper. His spirits are soon dampened when he fails to make the team, doesn't get the part in the school play and becomes the target of cruel jokes by Mark and his “dirtbag gang.” After being invited to join the gang, he is challenged to drink and steal. How will he handle this dilemma? **GUIDE. LENGTH:** 14 min. **VID#:** 29.737

**SCHOOL SMOKING SCARE**  
*PUBLISHED:* Twenty-Third Publications, 1997  
Christine is a troublemaker at school everyone avoids but Holly has even more reason to avoid her. When Holly catches her smoking in the bathroom, Christine threatens to get revenge if Holly tells. Later, the very same bathroom catches on fire and school authorities cancel all extracurricular activities until the firebug steps forward and confesses. How will Holly handle her dilemma of telling or not telling? **GUIDE. LENGTH:** 12 min. **VID#:** 29.738

**STREET HOCKEY HASSLE**  
*PUBLISHED:* Twenty-Third Publications, 1996  
Five teens are playing a pick-up game of street hockey. A new kid, Wallace, asks to join. Because his ability and appearance are suspect, the boys make fun of him. Pete, the group bully tries to insult Wallace into leaving. After an argument, Wallace walks away. But Pete, angered by the incident, plays rough and ends up pushing Steve into a car and damaging it. Pete blames the incident on Wallace. The owner gets Wallace’s name and address in order to report him to the police. Should the boys let Wallace take the rap? **GUIDE. LENGTH:** 10 min. **VID#:** 29.739

**MATH CLASS MISCHIEF**  
*PUBLISHED:* Twenty-Third Publications, 1996  
Karen and Trish are overwhelmed by the difficult algebra test they have just taken. While sharing their misery, Mallory, the class brain walks by. Jealous of her success, Trish speculates that perhaps Mallory cheats. Before long, the rumor about Mallory's cheating gets passed around. Eventually the math teacher hears the rumor, then decides to give another more difficult test unless the one who cheated confesses. What should the girls do? **GUIDE. LENGTH:** 10 min. **VID#:** 29.740
WORLD YOUTH DAY 2002
They came from the four corners of the world and more than 172 countries to gather in Toronto, Canada in July, 2002 and celebrate the 9th International World Youth Day. More than 200,000 young Catholics came to renew their faith and to receive their spiritual father's blessing. Re-live the most memorable and inspiring moments of WYD 2002 with this special CBC Home Video. VID#: 29.741

CLOSE ENCOUNTERS WITH THE BEATITUDES
Oblate Media
Young Jimmy is puzzled as to what the Beatitudes mean to someone his age. When he dozes off, he receives a visit from an angel who shows him how some of his school mates are already helping to build God’s Kingdom. By the time Jimmy's journey with the angel is finished, he comes to an understanding and makes a commitment to live the Beatitudes in his own life! GUIDE. LENGTH: 12 min. VID#: 29.742

CLOSE ENCOUNTERS WITH THE COMMANDMENTS
Young Anthony "burns the midnight oil" trying to complete his homework on the Ten Commandments - but he just can't see how that “old list of rules" makes any sense to today's modern kids! Fortunately, something his mom says about “investigating the subject" strikes a chord with Anthony and when he drifts off to sleep, he suddenly finds himself in the parlor of the “world's greatest detective,” - Sherlock Holmes! As it happens, the original Holmes is out, but a younger, female version of Holmes (who just happens to be an angel) is in to guide Anthony on a thorough investigation of the Ten Commandments. GUIDE. LENGTH: 18 min. VID#: 29.743

THE 10 COMMANDMENTS FOR TEENS
The Ten Commandments - What are they? Can they be meaningful guidelines in the lives of today's teenagers? Fr. Joe helps Mauri realize that these rules have a lot to say about her life today, as they ahve in the lives of God's people in all ages. This video addresses each commandment in individual vignettes which can be viewed separately or together. Guide. Length: 42 min. VID#: 29.744

THESE VIDEOS ARE ON DVD:

A TEEN'S GUIDE TO LIVING THE MASS
In this inspiring video, the hundreds of young people at St. Timothy's show and tell how and why they find the Mass to be a vital part of their everyday lives. Fr. Dale Fushek explains that teens can and should play a vital role in the Mass and in the life of the Church - but they need to understand it before they can live it. Fr. Dale leads viewers through the separate sections of the Mass, including the Gathering Rite, Proclamation of the Word, Eucharistic Prayer and Communion. Guide. Length: 45 min. DVD#: 29.745

IN YOUR FAITH - Season 1 (7 disc set)
2006 Salt & Light Television Productions
Join Byron, Chantal and Rosanna as they explore the Church's teachings in a fast-paced and fun way, offering you practical messages and giving you an opportunity to express your opinion on
the teachings of the Church. **DVD #29.747**

**IN YOUR FAITH - Season 2**
This second season features hosts Byron and Rosanna who are joined by Fr. Graham Keep, Fr. Ian Duffy, Fr. Edwin Gonsalves and Toronto's Archbishop, Thomas Collins, as well as a host of young people, Cool Caths and Saints of the New Millennium, as they look at new topics such as sainthood, Scripture, prayer, friendship and full episodes exploring the Sacraments. **DVD#29.748**

**ENCOUNTER: Experiencing God in the Everyday** Bible Study Program
A life-changing experience that speaks directly to the hearts and minds of middle-school-aged kids. Designed specifically for sixth to eight graders, this program uses the color-coded Bible Timeline learning system to reveal the story of our Faith and God's plan for our lives. Set includes: DVD set, Workbook and Leader's Guide. **DVD#29.750**

**CD's**
**Together as One**
Andrew Chinn
A selection of 18 video clips of songs from the CD Together As One.

**In Your Footsteps**
Andrew Chinn
A selection of 18 video clips PLUS all five of Andrew's picture books as eBooks.