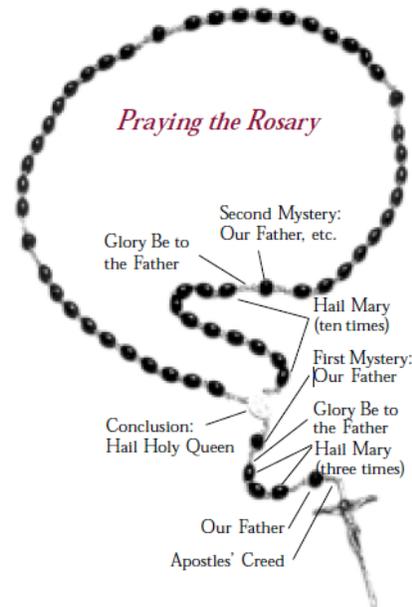


## How To Pray the Rosary

1. While holding the crucifix, make the *Sign of the Cross* and say the *Apostles' Creed*.
2. On the first bead and all the single beads, say an *Our Father*.
3. Pray one *Hail Mary* on each of the next three beads for an increase in faith, hope, and charity.
4. On the next single bead, pray the *Glory Be*.
5. Before praying the next set of ten beads (called a decade), announce the first *mystery*, meditate on it while proceeding in prayer.
6. Pray an *Our Father*.
7. Pray a *Hail Mary* on the first bead of the decade, and on each following bead.
8. After praying the decade, pray the *Glory Be*. (You may also add the *Fatima Prayer*.)
9. Reflect on the second *mystery*, then pray an *Our Father* on the next single bead.
10. Pray the *Hail Mary* on the next ten beads. Repeat the sequence around the rosary.
11. At the end of the last decade, pray the *Hail Holy Queen*.



### The Sign of the Cross

In the name of the Father,  
And of the Son,  
And of the Holy Spirit. Amen.

### The Apostles' Creed

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell;  
On the third day he rose again from the dead.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge  
the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and life everlasting.  
Amen.

### The Lord's Prayer (Our Father)

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.

### Glory Be (The Doxology)

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### Fatima Prayer (optional)

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
and lead all souls to heaven,  
especially those most in need of Your mercy.

### Hail, Holy Queen (Salve Regina)

Hail, holy Queen, Mother of Mercy,  
our life, our sweetness, and our hope.  
To you do we cry, poor banished children of Eve.  
To you do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn, then most gracious advocate,  
your eyes of mercy toward us  
and after this, our exile, show unto us  
the blessed fruit of your womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.

**At the conclusion of the *Hail, Holy Queen*, you may pray the following:**

Pray for us, O holy Mother of God,  
that we may be made worthy of the promises of Christ.

Let us pray:

O God, whose only begotten Son has purchased for us the rewards of eternal life,  
grant that, we beseech You, while meditating upon these mysteries  
of the Most Holy Rosary of the Blessed Virgin Mary,  
we may both imitate what they contain, and obtain what they promise,  
through the same Christ our Lord. Amen.

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The Mysteries of the Rosary are basically events from the life of Christ Jesus, the Son of Mary, stated for the purpose of meditation.

**The Joyful Mysteries** (Mondays and Saturdays)

1. The Annunciation of the birth of the Lord to Mary by the archangel Gabriel (Lk 1:26-38)
2. The Visitation of Our Lady with St. Elizabeth, the mother of St. John the Baptist (Lk 1:39-56)
3. The Nativity of Our Lord (Mt 1:18-25; Lk 2:1-20)
4. The Presentation of the Christ Child in the Temple (Lk 2:22-32)
5. The Finding of the Child Jesus in the Temple (Lk 2:41-52)

**The Sorrowful Mysteries** (Tuesdays and Fridays)

1. The Agony in the Garden of Gethsemane (Mk 14:32-42)
2. The Scourging of Jesus (Jn 19:1)
3. The Crowning with Thorns (Mk 15:16-20)
4. The Carrying of the Cross (Jn 19:12-17)
5. The Crucifixion (Mt 27:33-56; Mk 15:22-41; Lk 23:26-49; Jn 19:16-30)

**The Luminous Mysteries** (Thursdays)

1. The Baptism of Our Lord in the River Jordan (Mt 3:13-16)
2. The Self-Manifestation of Our Lord at the Wedding at Cana (Jn 2:1-11)
3. The Proclamation of the Kingdom of God (Mk 1:14-15)
4. The Transfiguration of Our Lord (Mt 17:1-8; Lk 9:28-29)
5. The Last Supper (The Institution of the Holy Eucharist) (Mt 26)

**The Glorious Mysteries** (Wednesdays and Sundays)

1. The Resurrection (Lk 24:1-12; Jn 20)
2. The Ascension (Lk 24:50-53; Acts 1:1-12)
3. The Descent of the Holy Spirit at Pentecost (Acts 2:1-4)
4. The Assumption of the Blessed Virgin Mary (Song 2:8-14)
5. The Coronation of the Blessed Mother (Rev 12:1-4)