

FIRST HOLY COMMUNION DRESS CODE

What should children wear for First Holy Communion?

Girls

- White or very light pastel dress of street-length (NO LONG DRESSES)
- White anklets or white tights
- NO gloves please
- Dress shoes – white preferred (NO HIGH HEELS; NO gym shoes)
- Veils are optional. (If used, have child practice wearing it)
- Some families have the girls wear flowers or a simple white head band is an alternative.

Boys

- White shirt (long or short sleeves) with tie of any color
- Sport or suit coat is optional.
- Dress shoes. (NO gym shoes)
- Dark or Khaki dress pants (NO cargo pants)

Since your child's First Holy Communion is one of the Sacraments of Initiation, the white shirt or white (ecru or light pastel) dress is a reminder of the Baptismal garment which your child received at the time of his/her Baptism. Your child will also renew his/her Baptismal promises on the day of First Holy Communion to help show this connection.