

## REFERRALS

AREA	ORGANIZATION	PHONE	WEBSITE
<b><i>Crisis Hotlines</i></b>	Response	1 631 751-7500	<a href="http://www.ReponseHotline.org">www.ReponseHotline.org</a>
	National Suicide Prevention Hotline	1 800 273-TALK	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
	Covenant House "Nineline"	1 800 999-9999	<a href="http://www.nineline.org">www.nineline.org</a>
	Crisis Chat	1 800 273-TALK	<a href="http://www.crisischat.org">www.crisischat.org</a>
	LIRR Suicide Prevention	1 877 582-5586	
	Middle Earth Hotline	1 516 679-1111	
	National Hopeline Network	1 800 SUICIDE	<a href="http://www.hopeline.com">www.hopeline.com</a>
	National Runaway Switchboard	1 800 Runaway	<a href="http://www.1800runaway.com">www.1800runaway.com</a>
	Runaway Hotline	1 516 679-1111	
	Children of Hope	1 877 796-HOPE	
<b><i>Bereavement</i></b>	National Alliance for Grieving Children		<a href="http://www.Nationalallianceforgrievingchildren.org">www.Nationalallianceforgrievingchildren.org</a>
	Bridge Counseling & Bereavement Center	1 631 360-6695	<a href="http://www.bridgecounselingcenter.com">www.bridgecounselingcenter.com</a>
<b><i>Bullying</i></b>	Get Net Wise		<a href="http://www.getnetwise.org">www.getnetwise.org</a>
	i-SAFE		<a href="http://www.i-safe.org">www.i-safe.org</a>
	Internet Keep Safe Coalition		<a href="http://www.iKeepSafe.org">www.iKeepSafe.org</a>
	Stop Bullying Now		<a href="http://www.stopbullyingnow.hrsa.gov">www.stopbullyingnow.hrsa.gov</a>
	Stay Safe		<a href="http://www.staysafe.org">www.staysafe.org</a>
	Wired Safety		<a href="http://www.wiredsafety.org">www.wiredsafety.org</a>
<b><i>Drug &amp; Alcohol</i></b>	Al-Anon and Alateen	1 757 563-1600	<a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a>
	Center for Addiction Recovery & Empowerment	1 631 532-5234	<a href="http://www.care-ny.com">www.care-ny.com</a>
	Daytop	1 631 351-7112	<a href="http://www.daytop.org">www.daytop.org</a>
	Family Service League	1 631 647-3100	<a href="http://www.fsl-li.org">www.fsl-li.org</a>
	LICR - (Long Island Center For Recovery	1 631 728-3100	<a href="http://www.licrrehab.com">www.licrrehab.com</a>
	Nassau County Drug & Alcohol Services	1 516 481-4000	
	National Institute on Drug Abuse	1 800-662-HELP	<a href="http://www.drugabuse.gov">www.drugabuse.gov</a>
	Office of National Drug Control Policy	1 800 788-2800	<a href="http://www.TheAntiDrug.com">www.TheAntiDrug.com</a>
	Outreach Adolescent Services	1 631 286-7000	<a href="http://www.opiny.org">www.opiny.org</a>
	The Partnership at Drugfree.org	1 855 378-4373	<a href="http://www.drugfree.org">www.drugfree.org</a>
	Seafield Adolescent Program	1 631 363-2001	<a href="http://www.seafieldcenter.com">www.seafieldcenter.com</a>
	Substance Abuse & Mental Health Services	1 800 662-HELP	<a href="http://www.samhsa.gov/treatment">www.samhsa.gov/treatment</a>
	Suffolk County Coalition for Drug & Alcohol	1 516 366-1717	
<b><i>Eating Disorders</i></b>	American Anorexia Bulimia Association	1 212 575-6200	<a href="http://www.aabainc.org">www.aabainc.org</a>
	Eating Disorders Awareness & prevention	1 800 931-2237	<a href="http://www.edap.org">www.edap.org</a>
	National Eating Disorders Association	1 800 931-2237	<a href="http://www.nationaleatingdisorders.org">www.nationaleatingdisorders.org</a>
<b><i>Mental Health</i></b>			
	NYS Office of Mental Health - Public Educ.	1 866 270-9857	<a href="http://www.omh.state.ny.us">www.omh.state.ny.us</a>
	Nassau County Mental Health Association	1 516 489-2322	
	Suffolk County Mental Health	1 631 853-3114	

<b>Self-Harm</b>			
	Pandora's Project		<a href="http://www.pandys.org">www.pandys.org</a>
	S.A.F.E. Alternatives	1 800 366-8288	
<b>Suicide</b>			
	COPE Amy Olshever, PhD, LCSW Clinical Director	1 516 832-COPE	<a href="http://www.copefoundation.org">www.copefoundation.org</a> <a href="mailto:amyolshever@copefoundation.org">amyolshever@copefoundation.org</a>
	National Suicide Prevention Lifeline	1 800 273-8255	
	Suicide Prevention Coalition of LI	631 751-7620	<a href="http://www.preventsuicideli.org">www.preventsuicideli.org</a>
	Suicide Prevention Resource Center		<a href="http://www.sprc.org">www.sprc.org</a>
	American foundation for Suicide Prevention Ann Morrison - Long Island Director  Support groups by area code  Ten things you can do for yourself in the aftermath of a suicide  General information on how to find support in the aftermath of a suicide  Requesting a visit with one of our Survivor Outreach Program volunteers (a fellow loss survivor who is trained to offer peer-to-peer support)  Finding a suicide loss survivor support group in your community  International Survivors of Suicide Loss Day information, main website  Documentary about the experience of losing a loved one to suicide: "The Journey: A Story of Healing & Hope"  Books concerning suicide loss:	516-869-4215	<a href="http://www.afsp.org">www.afsp.org</a> amorrison@afsp.org  afsp.org/find-support/live-lost-someone/resources-loss-survivors/  <a href="http://www.afsp.org/coping-with-suicide-loss/where-do-i-begin/10-things-to-cope">http://www.afsp.org/coping-with-suicide-loss/where-do-i-begin/10-things-to-cope</a>  <a href="http://www.afsp.org/coping-with-suicide-loss/find-support">www.afsp.org/coping-with-suicide-loss/find-support</a>  <a href="http://www.afsp.org/coping-with-suicide-loss/find-support/survivor-outreach-program">www.afsp.org/coping-with-suicide-loss/find-support/survivor-outreach-program</a>  <a href="http://www.afsp.org/coping-with-suicide-loss/find-support/find-a-support-group">www.afsp.org/coping-with-suicide-loss/find-support/find-a-support-group</a>  <a href="http://www.survivorday.org">www.survivorday.org</a>  <a href="http://www.survivorday.org/survivor-day-documentaries">www.survivorday.org/survivor-day-documentaries</a>  <a href="http://www.afsp.org/coping-with-suicide-loss/resources/books-for-survivors">www.afsp.org/coping-with-suicide-loss/resources/books-for-survivors</a>

<b>Centers</b>	<b>Town</b>	<b>Phone</b>	<b>Website</b>
Butterfly Clinical SW Practice	Bay Shore, Medford, Port Jeff	631 666-1951	
Catholic Counseling Center	Nassau/Suffolk	631 243-2503	<a href="http://www.thecatholiccounselingcenter.com">www.thecatholiccounselingcenter.com</a>
Child & Family Wellness Center	Lake Grove	631 981-8300	<a href="http://www.iyerwellnesscenter.com">www.iyerwellnesscenter.com</a>
Evolve	Massapequa	631 773-1096	<a href="http://www.evolvepsychiatry.com">www.evolvepsychiatry.com</a>
Family & Children Association	Hicksville	516 935-6858	<a href="http://www.familyandchildren.org">www.familyandchildren.org</a>
Family Service League	Bay Shore	631 427-3700	<a href="http://www.fsl-li.org">www.fsl-li.org</a>
Freidman Center	Lake Grove	631 737-5559	
Hofstra University PTSD Clinic	Uniondale	516 463-6535	
Life Center	Huntington	631 673-5433	<a href="http://www.LifeCenterLI.com">www.LifeCenterLI.com</a>
Living Waters Counseling Ctr	Melville	631 754-3990	<a href="http://www.livingwaterscounseling.biz">www.livingwaterscounseling.biz</a>
Long Island Behavioral Medicine	Islandia	631 656-0472	
LICADD	Westbury Holbrook	516 747-2606 631 979-1700	<a href="http://www.licadd.org">www.licadd.org</a>
Lock & Key Therapy, LCSW, PLLC	Massapequa	516 524-4468	<a href="http://www.lockandkeytherapy.com">www.lockandkeytherapy.com</a>
Long Island Crisis Center	Bellmore	516 826-0244	<a href="http://www.longislandcrisiscenter.org">www.longislandcrisiscenter.org</a>
Long Island Mind and Body	Garden City	516 747-1470	<a href="http://www.limindbody.com">www.limindbody.com</a>
New York Cognitive	Babylon Village	631 321-7107	
North Shore/South Oaks	Amityville	631 608-5028	
Pederson Krag Center	Wyandanch	631 920-8250	
Perspectives Counseling Center	Plainview	516 349-1708	
Sunrise Counseling Center	East Islip	631 666-1615	<a href="http://www.sunrisecounseling.com">www.sunrisecounseling.com</a>
Sunrise Prevention Center	Port Jefferson Station	631 476-3099	<a href="mailto:Shine1@optonline.net">Shine1@optonline.net</a>
South Bay Wellness Center	Sayville	855 55B-WELL	<a href="http://www.southbaywellnesscenter.com">www.southbaywellnesscenter.com</a>
South Shore Counseling Center	Patchogue	631-286-8282	<a href="http://www.southshorecounselingcenter.net">www.southshorecounselingcenter.net</a>
South Shore Family Guidance	Freeport	516 868-3030	
YES Counseling Center	Massapequa	516 799-3203	<a href="http://www.yesccc.org">www.yesccc.org</a>
Brookhaven Youth Sanctuary	Farmingville	631 451-8011	
<b>Therapists</b>	<b>Town</b>	<b>Phone</b>	<b>Website</b>
Linda Beliveau	North Merrick	631 807-0761	<a href="http://www.20-20pathways.com">www.20-20pathways.com</a> (PTSD work)
Delores Bock	East Islip	631 277-4240	
Barbara Comfort, LCSW	Hicksville & Northport	631 754-1381	
Maureen Ford, LMSW	Sayville	855 631-3524	<a href="http://www.southbaywellnesscehter.com">www.southbaywellnesscehter.com</a>
Mary Gravina, LCSW - R	East Islip	516 991-0091	
Monique S Griffith, Psy.D.	West Babylon	732 207-8500	
Laura Hickey	Huntington	516 624-9611	
Kathleen Joyce, PhD	Garden City	516 747-8213	
Ann Kurz, Ph.D.	Huntington Station	631 423-2660	
Linda Mc Le hose, L.C.S.W.	Islandia	631 656-0472	LI Behavioral Medicine
Anthony Pantaleno, Ph.D.	Commack	631 543-8336	<a href="http://www.drpantaleno.com">www.drpantaleno.com</a>
Debra Pitman, DSW	Wantagh	516 799-2408	Eating disorders in teens
Elizabeth A. Plate, LCSW	Bohemia, Ronkonkoma	516 702-3013	<a href="http://www.ElizabethPlate.org">www.ElizabethPlate.org</a>
Regina Przywara, LCSW-R	Medford	631 758-1627	
Matia Schwarz, NP	Babylon	631 321-1500	
Marjorie Sugarman, D.C.S.W.	Smithtown	631 621-6049	
Diane F. Sweet, LCSW		516 248-2218	<a href="mailto:DFSLCSW@gmail.com">DFSLCSW@gmail.com</a>
Leah Topek-Walker		516 524-4554	
Michelle Virga, LCSW			<a href="mailto:Mvirga.lcsw@gmail.com">Mvirga.lcsw@gmail.com</a>

<i><b>Psychiatrists</b></i>	<i><b>Town</b></i>	<i><b>Phone</b></i>	<i><b>Website</b></i>
Dr. Mitchell Banks	Melville	631 414-7272	
Dr. Edward Barnoski	Patchogue	631 366-3369	
Dr. Shelly Berman	Oceanside	516 374-4417	
Dr. Karin Burkhard	Hauppauge	631 864-9200	
Dr. Jason Careri	Garden City	516 960-8096	
Dr. Andrea Carlson	Huntington	631 923-0006	
Dr. Pascale Chrisphonte	Farmingdale	516 752-2099	
Dr. Frank Dowling	Garden City Islandia	516 747-1470 631 656-0472	LI Mind & Body LI Behavioral Medicine
Dr. Stanley Hertz	Roslyn Heights NY	516-484-6366	<a href="mailto:DrHertz@StanleyHertzMD.com">DrHertz@StanleyHertzMD.com</a> Eating disorders <a href="http://www.Stanleyhertzmd.com">www.Stanleyhertzmd.com</a>
Dr. Jeffrey Kent	Jericho	516 932-0435	
Dr. Vlad Kononchuk	Dix Hills	347 669-1382	kononchukMD@gmail.com
Dr. Daniel Lieberman	Islip	631 583-7766	Western Suffolk Psych
Dr. Edward Schectman	Commack	631 386-8090	

### **Mental Health Professionals**

<i><b>AREA OF EXPERTISE</b></i>	<i><b>DEFINITION</b></i>
Psychiatrist	Medical doctor with special training in the diagnosis and treatment of mental and emotional illnesses. Licensed to prescribe medication
Psychologist	Master's in psychology with 2 or more years of supervised work experience; trained to diagnose and provide therapy.
Clinical Social Worker	Master's in social work with supervised work experience; trained to diagnose and provide therapy
Licensed Clinical Social Worker	Clinical Social Worker who has passed state's licensing exam
Licensed Professional Counselor	Master's in psych, counseling or related field; trained to diagnose and provide counseling.
Mental Health Counselor	Master's in counseling with several years of supervised work; trained to diagnose and provide counseling
Certified ETOH/Drug Counselor	Counselor with specific clinical training in alcohol and drug abuse; trained to diagnose and provide counseling
Nurse Psychotherapist	Registered nurse trained in psychiatric and mental health nursing; trained to diagnose and provide counseling
Neurologist	Medical doctor trained to diagnose/treat organic problems of brain & nervous system