


Sacred Hearts School

Lunch Menu

Sept 2019

Monday 9/2 NO SCHOOL	Tuesday 3rd Chicken Patty Sand Great Grapes WG Bun French Fries Carrot Sticks	Wednesday 4 WG Corn Dogs Roasted Broccoli Mashed Potatoes&Gravy Yogurt Cups: Strawberry Granola, Bananas, Blueberries	Thursday 5 WG Spaghetti&MeatSau WG Garlic Stick Strawberry Spinach Sala Banana Peas Please	Friday 6 Mac and Cheese Harvest Glazed carrots Orange and Grapefruit Wedges Greek Salad Chocolate Chip Cookie
Monday 9/09 Hamburger/ Cheeseburg Sweet Potato Fries Peas Please Applesauce WG Bun	Tuesday 9/10 Beef Nacho Tuesday: Cheese Sauce,Chips Spanish Brown Rice Refried Beans Salsa and Guacamole Mango Nana Salad	Wednesday 9/11 Cheese Omelet French Toast Sticks Yogurt Bar: Bananas Blueberries, Granola Chef Salad Blueberry Muffins	Thursday 9/12 Baked Potato Bar: Ham, Cheese sauce, Broccoli, Chives, Cheese Sour Cream Oranges WG Dinner Roll	Friday 9/13 WG Chicken Nuggets French Fries Mixed Fruit Mixed Veggies Pumpkin Bars
Monday 9/16 BBQ Chicken Sand Tator Tots Garlic Green Beans WG Bun Blueberries& Strawberri	Tuesday 9/17 Beef and Noodles Mashed Garlic& Chive Potatoes Glazed Carrots Pineapple Chunks	Wednesday 9/18 Roast Turkey Mashed Potatoes&Gravy Corn WG Dinner Roll Applesauce	Thursday 9/19 Pizza: Cheese, sausage, or Pepperoni Caesar Salad Berry-Banana Smoothie Great Grapes	Friday 9/20 Pizza Burgers WG Buns French Fries Pineapple Chunks Green Beans Cookies
Monday 9/23 Cold Cereal: Crispix, Cherrios, Rice Krispies Breakfast Pizza Mandarin Oranges Mixed Veggies	Tuesday 9/24 Turkey or Ham Subs WG Bun Carrot sticks Baked Cheetos Pears	Wednesday 9/25 Beef Chili Cornbread Peaches Corn Southwest Salad	Thursday 9/26 Chicken Parmesan Sand WG Bun Mashed Potatoes&Gravy Roasted Broccoli Pears	Friday 9/27 Meatball Subs WG Bun Mixed Veggies Blueberries & Bananas Ranch Potato Wedges Brownies
Monday 9/30 Sloppy Joes WG Bun French Fries Broccoli Steamed Mixed Fruit		Wednesday 9/30 Welcome Back to School		

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