



Saint Name

My name is _____

and I have chosen St. _____

as my Saint for Confirmation.

Written Reflection

Create a presentation which includes the following:

1. Explain who this Saint is, where they were from, and what you learned about him or her.
2. Explain what about this Saint inspires you and why you chose him or her.

What is a Confirmation Saint?

Your Confirmation Saint will be a patron for you throughout your year of formation. You will pray alongside your Saint as you prepare for this beautiful sacrament, and your Saint should serve as a reminder of the faithful examples that go before us and an example of a life committed to love and sacrifice.

The Saint can bear special relevance in your life and your gifts. For example, if music is very important to you, St. Cecilia, the Patron Saint of Music, might be a good choice. There are literally thousands of Saints who remind us of what an ordinary person can become. You will take the name of this Saint in the official record of the church, and this is what the Bishop will call you when he seals you with the gift of the Holy Spirit at Confirmation.

Please take the time to thoughtfully choose a saint who will represent something important to you, and who you will look to for inspiration of faith. An excellent resource for saint information is the Patron Saints Index at <http://www.catholic.org/saints/patron.php>. You can look up saints alphabetically by name or by patronage. (Make sure that the saint is not listed as "legendary").