

Year of Faith
Liturgical Minute No. 4
Doubt is Faith's Shadow

Faith is choosing to stand with the Lord – so as to live with him. Many people, while not claiming to have the gift of faith, are nevertheless, sincerely searching for the ultimate meaning and truth of their lives.

Many begin their search for God through human reason. God honors such a search because human reason, in fact, contains within itself, a demand for “what is *permanent*, valid, and lasting.” Seeking God through human reason is an authentic first step to faith, because it guides people on the path that leads to the mystery of God. It is said, “doubt is faith's shadow.”

Faith is a lifelong companion that makes it possible to perceive the marvels that God works for us... prompting us to become a living sign of the presence of the Risen Lord in the world... capable of opening the hearts and minds of those we encounter to a desire for God, and for true life... life without end.

Major Source: Apostolic Letter *Porta Fidei* of Pope Benedict XVI