

(Sample)

My Service Reflection Paper – NAME

I played games and talked with the elderly residents at St. Raphael House. The staff at St. Raphael House helped me find a resident who could use company and talk with them about how to spend some time together.

This helped me in my Confirmation preparation by helping me see people the way Jesus did. Jesus always looked for ways to help people, and this project got me thinking about that.

My project relates to the Corporal Work of Mercy: Visit the Sick. The residents are not really sick, but they're elderly enough that they can't live on their own and can't go out to visit people. It's good to visit them, so they aren't lonely.

It also took fortitude (a Gift of the Holy Spirit) to complete this project. I wasn't sure what to expect, and I was a little nervous about working with the elderly.

My service relates to the Gospel message because Jesus often visited sick people and did whatever he could for them.

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- ✓ What type of service did you do? (describe your activity)
 - ✓ How does your service relate to your Confirmation preparation?
 - ✓ How does your service relate to one of the Corporal or Spiritual Works of Mercy and one of the Gifts of the Holy Spirit? Or how does it relate to the principles of Catholic Social Teaching? [See back of this page.]
 - ✓ How does your service relate to the Gospel message, the Good News of Jesus?

Reflection Paper & Record of Service are due by September 3, 2019.

The Corporal Works of Mercy

- Feed the hungry
- Give Drink to the thirsty
- Shelter the homeless
- Visit the sick
- Visit the prisoners
- Bury the dead
- Give alms to the poor

The Spiritual Works of Mercy

- Counseling the doubtful
- Instructing the ignorant
- Admonishing the sinner
- Comforting the sorrowful
- Forgiving injuries
- Bearing wrongs patiently
- Praying for the living and the dead

Gifts of the Holy Spirit

- Wisdom
- Understanding
- Right judgment (counsel)
- Courage (fortitude)
- Knowledge
- Reverence (piety)
- Wonder & awe in God's presence (fear of the Lord)

Themes of Catholic Social Teaching

- Life and Dignity of the Human Person
- Call to Family, Community, and Participation
- Rights and Responsibilities
- Option for the Poor and Vulnerable
- The Dignity of Work and the Rights of Workers
- Solidarity
- Care for God's Creation

See information at <http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/seven-themes-of-catholic-social-teaching.cfm>