

## Family Self-Sufficiency Program

Family Self-Sufficiency is the capacity to manage one's own affairs, make own decisions, and provide for one's own self without the assistance of entitlements. Established in 2008, the Family Self-Sufficiency Program (FSSP) is a voluntary program, developed for individuals and families who wish to improve their financial situation, eliminate dependency, and are motivated to change their lives. Our mission is to enable individuals to reach their full potential towards self-sufficiency and independence by developing and implementing support services that will help strengthen their lives. Our goal is to foster independence, self-determination, and self-reliance.



A program of the Crisis Assistance & Self-Sufficiency Services Department.



**Catholic Charities of Corpus Christi, Inc.**  
615 Oliver Ct.  
Corpus Christi, Texas 78408

**(361) 884-0651**

**Monday - Thursday, 7:30 am - 5:00 pm**

**Email: [njacobs@diocesecc.org](mailto:njacobs@diocesecc.org)**  
**[www.catholiccharities-cc.org](http://www.catholiccharities-cc.org)**

**Prescription Assistance Program**  
**(361) 884-0651 Ext. 242**



Serving the Diocese of Corpus Christi



## Family Self-Sufficiency Program



**Catholic Charities**  
of Corpus Christi, Inc.

*Providing Help. Creating Hope.*

With assistance from our Family Self-Sufficiency Coordinator, we will work with families, local agencies, and service providers to address any barriers identified to assist families in meeting their needs.

We will provide the following services:

- Establish a partnership through open communication
- Case Management
- Empowerment
- Supportive Counseling
- Meet with you on a regular basis
- Job Coaching
- Educational Support (GED, ESL)
- Financial Guidance
- Advocacy
- Child Care Information
- Coordination with other service providers and agencies
- Other Relevant Services
- Maintain Confidentiality

**Our Mission** is to enable individuals to reach their full potential towards self-sufficiency and independence.

**Our Goal** is to foster independence, self-determination, and self-reliance.



We will help you help yourself through goal setting. Goals will be developed in the following areas:

- Education
- Employment Coaching
- Family and Social Support
- Emotional Support
- Maintain Confidentiality

### Benefits of the Family Self-Sufficiency Program

Better Paying Jobs



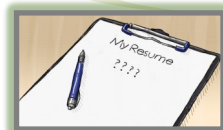
Education



Increasing Skills

**SKILLS**  
TO SUCCEED

Resume Building



## Prescription Assistance Program

### Help with Your Medication.

A comprehensive program is available to assist clients in finding the least-cost formulary for their monthly prescription medications. Application assistance is available for clients who qualify for programs offered via pharmaceutical companies. The goal for the client is to have a long-term plan for accessing their much needed medications. Some restrictions apply.

For more information, please call (361) 884-0651 Ext. 242. You may need to leave a message, but a staff member will return the call to set up an appointment.

**Medication Assistance is available by appointment only.**



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