

Max Cervenak, Contributing Writer: On September 6th, the 8th grade, along with Mrs. Updegrave, went to the “Got Prayer” retreat at Camp Christopher. This retreat was hosted by Trinity High School. At the retreat, there were several faith-based activities that we participated in throughout the day. The first activity the 8th grade took part in was the praise and worship of God. Praise and worship was prayer through song and dance. When asked about the retreat, 8th grader Conner Peloso said that “the singing and dancing are the parts I will always remember.” Next, we went on a hike where we listened to witnesses. This was my favorite part of the retreat because we got to walk around in nature and listen to witnesses talking about real life situations that we could relate to. Conner agreed with my feelings about the hike, saying he “liked the hike because it was relaxing and peaceful.”



After the hike, we worked in groups, creating posters about our experiences with our leaders from Trinity. Thinking about the Trinity student team, Conner reflected, “All the students of Trinity High School were always excited to help us. That was surprising to me.” This was followed by the “rock prayer”. During the rock prayer, we threw rocks into a pond and said something that we needed to do better or something we needed to forgive. We finished the day off with Mass outside, lead by Fr. Carlin. Reflecting on our retreat day, Conner and I have one piece of advice for future classes, and that is to wear clothes that are good for muddy and rainy weather!

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