

Prayers Children should learn

Our Father

(when the disciples ask Jesus to teach them to pray he gives them this prayer)

*Our Father, Who art in heaven, hallowed be thy name
Thy kingdom come, thy will be done on earth as it is in heaven
Give us this day our daily bread
Forgive us our trespasses as we forgive those who trespass against us
Lead us not into temptation, but deliver us from evil. Amen*

Hail Mary

(The "Hail Mary" is so called because it incorporates the words of the angel Gabriel to the Blessed Virgin as recorded in the gospel of Luke 1:26-38, it also incorporates the words of Elizabeth to Mary upon her greeting as recorded in the gospel of Luke 1:39-45. Then the second half the prayer we ask Mary to intercede for us. God ask Mary to intercede for mankind by becoming the mother of Jesus. Since we are sons of God through Jesus then Mary is our mother as well. Mother's know best. SO we ask Mary to lead us to Jesus every time we say the prayer) below is the prayer...

*Hail Mary full of grace
The Lord is with you
Blessed are you among women
Blest is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners, now and at the hour of death. Amen.*

Act of Contrition

(the act of contrition is a prayer we say to acknowledge our dependence on God's mercy especially when we have committed any sins. We can pray this prayer any time and we are encouraged to say it when we go to the sacrament of confession before a priest.)

Oh my God, I am heartily sorry for having offended you. I detest all my sins because of thy just punishment, but most of all because they offend you my God who are all good and deserving of all my love. I firmly resolve with the help of thy grace to sin no more, to avoid the near occasion of sin ,and to amend my life. Amen Jesus loving savior have mercy on me.

Prayer to Guardian Angel

(Jesus tells us in the gospel of Matthew 18:10 that the little ones have an angel that always look upon the face of my heavenly Father; the church teaches that from them

moment of conception every soul has been given an angel to watch over it. Each time we pray this prayer we are reminded of God's abiding care who creates all that is visible and invisible. We are also called to be mindful of the guardian angels of others as well. Each of us regardless of our status is incredibly unique and important to God, our Father.)

*Angel of God, my guardian dear
To whom God's Love entrust me here
Ever this day, be at my side
To Guard, to rule
To lead, to guide. Amen*

Glory be...

(this is a simple prayer to represent the Triune God, he who from all eternity is a communion of love and he has invited us to participate in that divine life through Baptism and the sacraments)

Glory be to the Father, to the son, and to the Holy Spirit. As it was in the beginning is now and will be forever. Amen

Blessing before meals

Bless us O Lord and these thy gifts which we are about to receive from thy bounty to Christ our Lord. Amen.

Blessings after meals

We give you thanks almighty God for these and all thy benefits for which we have received from thy bounty through Christ our Lord. Amen