



# ST. MARY PARISH DISCIPLES 4 LIFE ADULT RETREAT

You are invited to come and be part of St. Mary's Disciples 4 Life Parish Retreat! This is a personal retreat, open to all adult men and women. Since this retreat takes place during the Lenten season, it is the perfect time to grow more deeply in your faith and ever closer to our Lord, finding strength and joy through him.

*Those who know your name will trust in you, for you, LORD, have never forsaken those who seek you. (Psalm 9:10)*

The weekend schedule includes talks on spirituality, reconciliation, the Mass, Eucharistic Adoration and quiet time. Make a decision to change your life today!



**Friday, March 24<sup>th</sup> - Sunday March 26<sup>th</sup>**  
(Starting Friday at 7:00 PM and concluding Sunday after the 5:00 pm Mass in our Parish Hall)

**Seton-Neumann Center, Danbury, CT**  
(Rooms are single person occupancy unless specifically requested otherwise)



Please contact Marilyn Kain [kainm@wcsu.edu](mailto:kainm@wcsu.edu) (203) 994-7808 with any questions or for more information.

All reservations will be accepted on a first-come, first served basis. *Reservations are limited, so sign up quickly.*

----- (Tear Here) -----

Please complete the following and include a check of \$150 per person payable to St. Mary and return to:



St. Mary Parish  
Attn: D4L  
55 Catoonah Street  
Ridgefield, CT 06877

Name: \_\_\_\_\_ E-mail Address \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parish: St. Mary  Other: \_\_\_\_\_

*A confirmation letter with more details will be mailed to you one week before the retreat.*

**Retreat Team:**

Jan Hebert, Karina Verdejo, Marilyn & George Kain, Sue Fernandez, Rich Hanel, Kathy Shaw, Dorian Peckham, Measi O'Rourke and Tommv Hawkes

*Treat yourself to a weekend away this Lent!*