We the people of St. Laurence Catholic Church are centered in the love of Christ and live to glorify God in all we do.

“I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world. (John 6:51)

Are you an adult who wants to receive the Eucharist?

Eucharist for adults and non-baptized children or children Baptized in another Christian faith tradition of catechetical age go through the RCIA process.

The Rite of Christian Initiation of Adults (RCIA) offers formation for adults and non-baptized children or children not Baptized in the Catholic faith aged 7 and older to come into full communion with the Catholic Church through the reception of the sacraments of Christian Initiation (Baptism, Confirmation and Eucharist). One previous year of CCE is required for children.

To learn more about receiving the sacrament of Eucharist as an adult or a non-baptized child or child not Baptized in the Catholic faith of catechetical age, visit www.stlaurence.org/RCIA or contact Justin Frato at 281.265.5774 x5372 or jfrato@stlaurence.org for more information.

The Sacraments of First Reconciliation and First Eucharist

St. Laurence Catholic Church
Ave Maria Parish Life Center
3103 Sweetwater Blvd.
Sugar Land, TX 77479
281.265.5774
www.stlaurence.org/reconciliation
www.stlaurence.org/eucharist
Celebrating First Reconciliation

The Sacrament of Reconciliation is a sacrament of healing because it reconciles us with God through His merciful love and forgiveness of our sin.

Celebrating First Eucharist

Jesus instituted the Sacrament of Eucharist at the Last Supper through the sacrifice of his Precious Body and Blood. It is the gift we celebrate at every Mass through the breaking of the bread.

Parent Led Preparation Process

Primarily, the Sacrament Preparation will be done at home. Parents are the first and best teachers of their children. It is designed to be a home-based program, using the Our Sunday Visitor's *Encounter with Christ Sacrament Preparation* series. There are six sessions that are a required part of the process to fully prepare your child to celebrate the sacraments.

“Catechesis for each sacrament is intended for all members of the Christian community, takes place within the community, and involves the whole community of faith... and [it] involves the parents in the preparation of their children for the sacraments.” -National Directory for Catechesis

If you are a St. Laurence parishioner with children in St. Laurence Catholic School (SLCS), you will need to register your child with the Religious Education department for Sacramental Preparation by August 1st. Missing the deadline for registration may result in your child having to wait another year.

Sacrament Preparation takes a full school year with First Reconciliation in the Fall and First Communion in the Spring at St. Laurence parish. A child cannot receive his/her First Holy Communion without completing the First Reconciliation semester.

Requirements

- Register for Sacramental Preparation with your home parish.
- Religious education is required at least one year prior to and during the year beginning sacrament preparation. Children not in Catholic school must register for an Elementary CCE class, Home Study or the Family Faith program to continue to build their Catholic formation.
- Provide a copy of child’s Baptism Certificate. Child must be 2nd grade or older.
- Attend Parent Meetings in fall and spring.
- Attend practice Walk Through Reconciliation (fall) and a Tour of the Church (spring).
- Attend an afternoon retreat for each sacrament (fall and spring).
- Final readiness interview.

The Liturgies

A group Rite of Reconciliation is offered on a Saturday in January or the child can go during regularly scheduled times. See bulletin.

In May there are four group First Communion Masses. Registration for these Masses will open in January. Details will be provided at the spring Parent Meetings.