

# Protecting Children Against Pornography

## Resources

[https://www.youtube.com/watch?annotation\\_id=annotation\\_2767197257&feature=iv&src\\_vid=x\\_ijWnjcOY&v=UNeYQA3ZeX8](https://www.youtube.com/watch?annotation_id=annotation_2767197257&feature=iv&src_vid=x_ijWnjcOY&v=UNeYQA3ZeX8)

(Parent & Child 'Conversation Starter' Video: *What Should I Do When I See Pornography?*)

### Protect Young Minds

<https://protectyoungminds.org/resources/>

<https://protectyoungminds.org/2018/03/27/5-sneaky-locations-porn-finds-kids/>

(Article: *5 Sneaky Locations Porn Finds Kids*)

### Diocese of Lincoln, NE Family Life Internet Protection & Freedom from Pornography

<http://www.lincolndiocese.org/internet-protection-pornography>

(links to tools, resources and youth protection information)

<http://www.lincolndiocese.org/internet-protection-pornography/tools-for-parents>

The screenshot shows a web browser window displaying the 'Tools for Parents in the Internet Age' page. The page header includes the 'Family Life Office' logo and a navigation menu with categories: FAMILY LIFE OFFICE, FAMILY RESOURCES, NATURAL FAMILY PLANNING (NFP), MARRIAGE & ENGAGEMENT, BEREAVEMENT, DIVORCE & HEALING, INTERNET PROTECTION & PORNOGRAPHY, SCOUTING & AWARDS, and DIOCESE HOME. The main content area features a video player with the title 'Encountering the Love of God in the ...' and a play button. Below the video, there is a 'Contents' section with links to various resources: 'Set up Filtering at Home', 'Lock down Devices and Settings', 'Talking to your Kids', 'Education for Love', 'Monitoring your children online', 'Parental controls on video games', 'Other Resources', 'Perils of Procrastination', and 'The vocation of protector'. On the right side, there is a 'Contact Information' box for Rev. Sean Kilcawley, Director, with contact details for phone, email, and a secretary. A sidebar on the right also lists navigation links for the various office departments.

5 Sneaky Locations Porn x Tools for Parents x

www.lincolndiocese.org/internet-protection-pornography/tools-for-parents

## Lock down devices and set safe settings

Every internet capable device can very easily become an occasion for temptation, especially in the modern world where conversations about pornography are commonplace in mainstream media. Unfortunately, pornography has become a "structure of sin" which means that we have reached a time where the sin of pornography has become part of the culture in which we live. This being the case, parents must be even more vigilant about setting the parental controls and restrictions on phones and tablets. Oftentimes inappropriate content is accessed through apps like twitter, tumblr, and Instagram. Knowing which apps are on your child's device and controlling when they are downloaded is key. In these videos you will learn how to set restrictions on apple devices, android devices, and within your web browsers to restrict internet searches and youtube content.

**Apple devices**



**Android using applock**



Windows taskbar: 12:44 PM 4/3/2018

### What about my teenager?

If you have a teen and you are nervous about starting this conversation, here are some tips:

1. Have an amnesty day. This means that your child will not be punished for anything that is shared during the conversation. You are worried about him/her and you simply want to know how they are doing.
2. Ask if and when they first saw pornography. Remember that the *average* age of first exposure is 8-11. It shouldn't be surprising if they have seen something.
3. Ask "How did that make you feel?" It is natural that it may have made them feel a mixture of good, gross, confusion, and curious. Keeping those feelings a secret can also keep a young person trapped in a cycle of shame.
4. Say, "I'm sorry that happened to you." If they were exposed at home, take responsibility for not putting proper parental controls in place. It is difficult to keep up with technology, and we can all make mistakes. When we do we apologize and make things better.
5. "We are going to do better." This is your opportunity to implement some changes to help your teens stay away from pornography and other harmful content. Many young people experience relief when their parents make these positive changes at home.

## Archdiocese of Galveston-Houston Circle of Grace Children's Protection Program

Parent Packet:

<http://www.stlaurence.org/documents/2017/11/COG%20Parent%20Initial%20Notification%20Packet.pdf>

## Grade Level 'Conversation Starter' Newsletters:

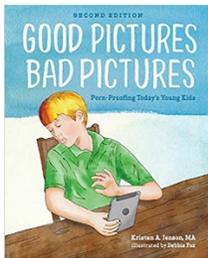
Refer to Handouts

### Adult Safe Environment Training

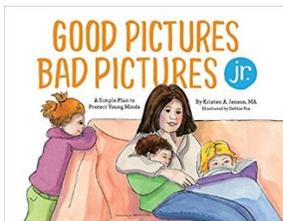
#### CMG Connect 'Safe Haven'

<https://www.archgh.org/offices-ministries/office-of-child-and-youth-protection/safe-environment-training-for-adults/>

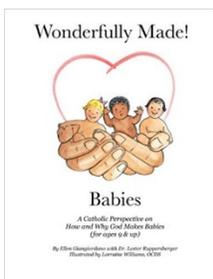
### Books



***Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids*** by Kristen A. Jenson (Second Edition) <https://amzn.to/2SE7DNC> (Ages 8-12, \$17.57)



***Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds*** by Kristen A. Jenson [https://www.amazon.com/Good-Pictures-Bad-Jr-Protect/dp/0997318724/ref=pd\\_lpo\\_sbs\\_14\\_img\\_0?encoding=UTF8&psc=1&refRID=7Q36NQ T042NVCTV2EA1Q](https://www.amazon.com/Good-Pictures-Bad-Jr-Protect/dp/0997318724/ref=pd_lpo_sbs_14_img_0?encoding=UTF8&psc=1&refRID=7Q36NQ T042NVCTV2EA1Q) (Ages 3-9, \$17.97)



***Wonderfully Made! Babies: A Catholic Perspective on How and Why God Makes Babies*** by Ellen Giangjordano [https://www.amazon.com/Wonderfully-Made-Babies-Catholic-Perspective/dp/1491078189/ref=sr\\_1\\_1?ie=UTF8&qid=1522779543&sr=8-1&keywords=wonderfully+made](https://www.amazon.com/Wonderfully-Made-Babies-Catholic-Perspective/dp/1491078189/ref=sr_1_1?ie=UTF8&qid=1522779543&sr=8-1&keywords=wonderfully+made) (Ages 9 and up, \$12.00)